



# FIRST COLONIAL

Whit Palmer

Whit-

Well, it's been a pretty good year despite Mrs. Grimes. Even history wasn't so bad. Jollies, this year was unreal. See you at the parties, Groucho!

Tom Southern

Whit, you were close geometry!  
Well, if my guess is fantastic  
in two of Spanish guess is off  
in year. At summer  
this was sure off  
it your off one  
hope of one

Whit,

It's been nice knowing you this year and last year. I hope you have good luck next year. Keep hanging in there and you'll be on a winner.

lots of love,  
Chris



Whit

It's really been nice  
knowing you in this  
class and when I  
was in Drawing, thanks  
for the help in Drawing.  
Good Luck next year as  
a Senior and have a good  
summer Ned Lowery

in and one glad in Whit  
next year I hope you are  
summer great of my classes  
friend and true fun in the  
Leta Burberis  
"79"

Whit,

What a math class!

It was really great being  
in the same math class. Remember  
studying together in math. Everyone  
yelling out formulas and asking all  
sorts of question. It was a wild math  
class. It always seem that you  
have so much to say but when you  
try to put it down on paper it seems  
little or hardly anything. I hope I made  
your yearbook something unique in it's own  
way. It's really been nice knowing you and  
I hope I see you next year. Lots of Luck  
next you!

Your Friend

Henry Johnson

Whit

It's been really nice having you in Math for 3 years.  
You really helped me out with some of those plates  
in the class. I probably couldn't have made it through the  
last part of the year without having you to talk to in the  
math class. I hope that we can go to Mexico this  
summer with Mr. Sullivan. Well, we can forget about Mexico  
City and go to a city we wouldn't want to be in. I hope  
you have a really great summer and a great time.  
I'll see you next year. I wish you  
luck in the future. Your friend Randolph (The Great)

Hi Whit.  
Remember Grimes  
The  
bell with them remain  
me. I think it was an  
all right year in 1st bell and we did  
with the Eleanor Roosevelt History. I know  
you would like to have Grimes as a governor  
teacher couldn't you.

Your Friend

Steve  
Johnson

(79)



# **Heritage 1978**

## **Volume 12**

### **First Colonial High School**

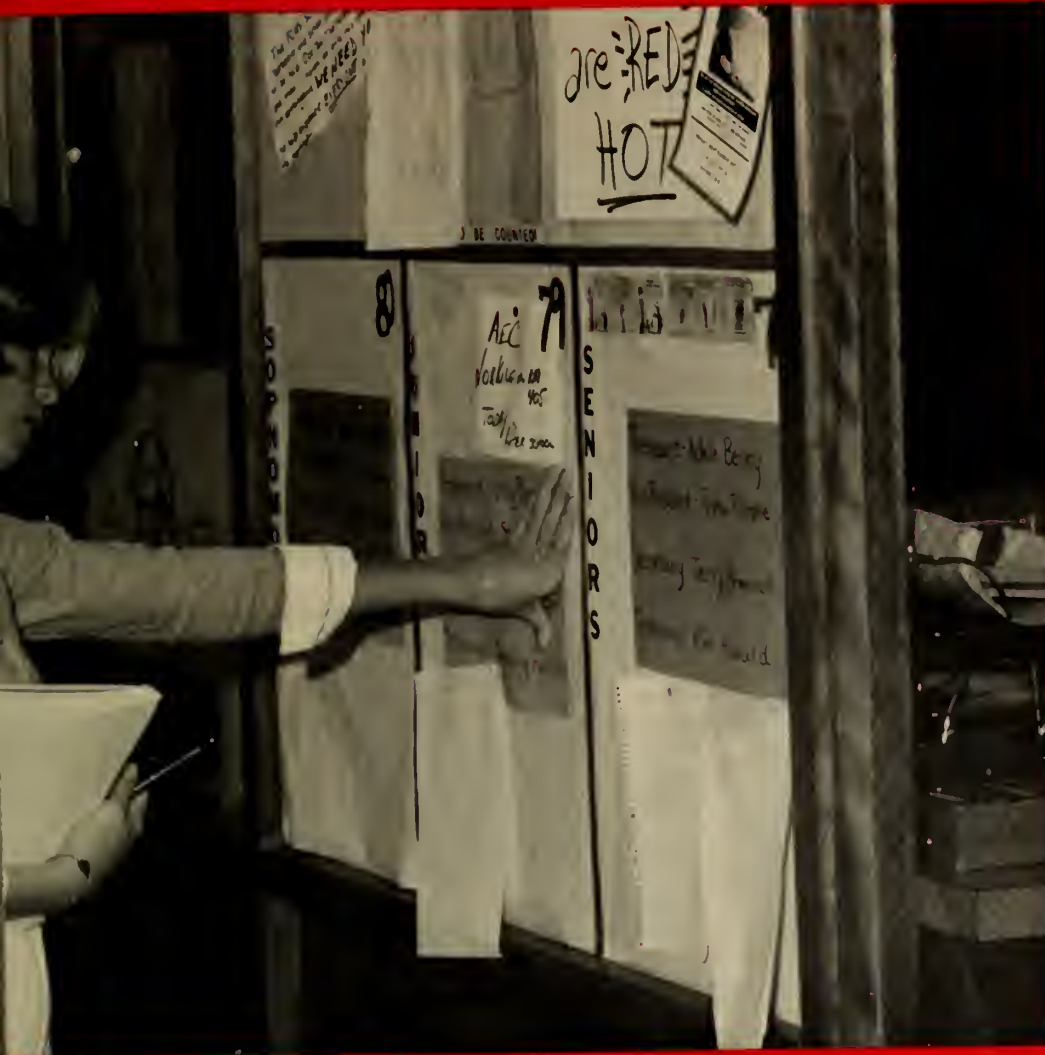
### **Virginia Beach, Va.**

<b>Features</b>	<b>10</b>	<b>Activities</b>	<b>142</b>
<b>Seniors</b>	<b>30</b>	<b>Sports</b>	<b>174</b>
<b>Underclass</b>	<b>84</b>	<b>Aids</b>	<b>214</b>
<b>Faculty</b>	<b>120</b>	<b>Index</b>	<b>234</b>





# Changes in Our Lives



Changes are inevitable in everyone's life. They mold our character and influence our future. Many people, especially our friends and teachers, contribute to these changes. Each of us has, at one time, taken a completely different stand on an issue because we respect and value the opinion of someone we know. Changes can also come about as a result of pressure. Everyone wants and needs acceptance, and we sometimes reshape our views only to fit in more easily with the crowd. Whatever the reasons, we have all come a long way from our first days of school, and our attitudes will continue to alter as we are exposed to many influencing experiences.

As students at First Colonial, our teachers play a major role in influencing our views. They try to shape us into productive human beings, ready to accept the challenge and pressures of the working world. While instructing us in the basics of education, they also provide us with an insight into the differences of various people.

We will probably change more radically in our years in high school than in any other single time in our lives. Hopefully these changes will be for the better, for only through change can growth take place. We continually learn from our experiences and our mistakes, and therefore we never stop changing.





# We've Been Together . .

True friendship, built on the foundations of trust and respect, can be like a bright light when the pressures of everyday living seem to be too heavy. A long-lasting friendship provides a sense of security and well-being in the knowledge that someone cares and will be there in a time of need. We will meet a diverse group of people in our years at First Colonial, many of whom we will call friends, but few of whom we will know throughout our lives. In our transient area, it is sometimes difficult to maintain friendships for a long period of time, and the friendships we have had for years are extremely special.

All the people around us contribute to our outlook and help to shape our lives. Our teachers prepare us for graduation, and our parents guide us until we are ready to leave home. Our friends are companions in our activities and characters in our dreams of the future. They also provide an outlet for the emotions we cannot share with others. We shall help each other as time passes and we eventually part ways.





# .. So Long







# FC – Having Fun

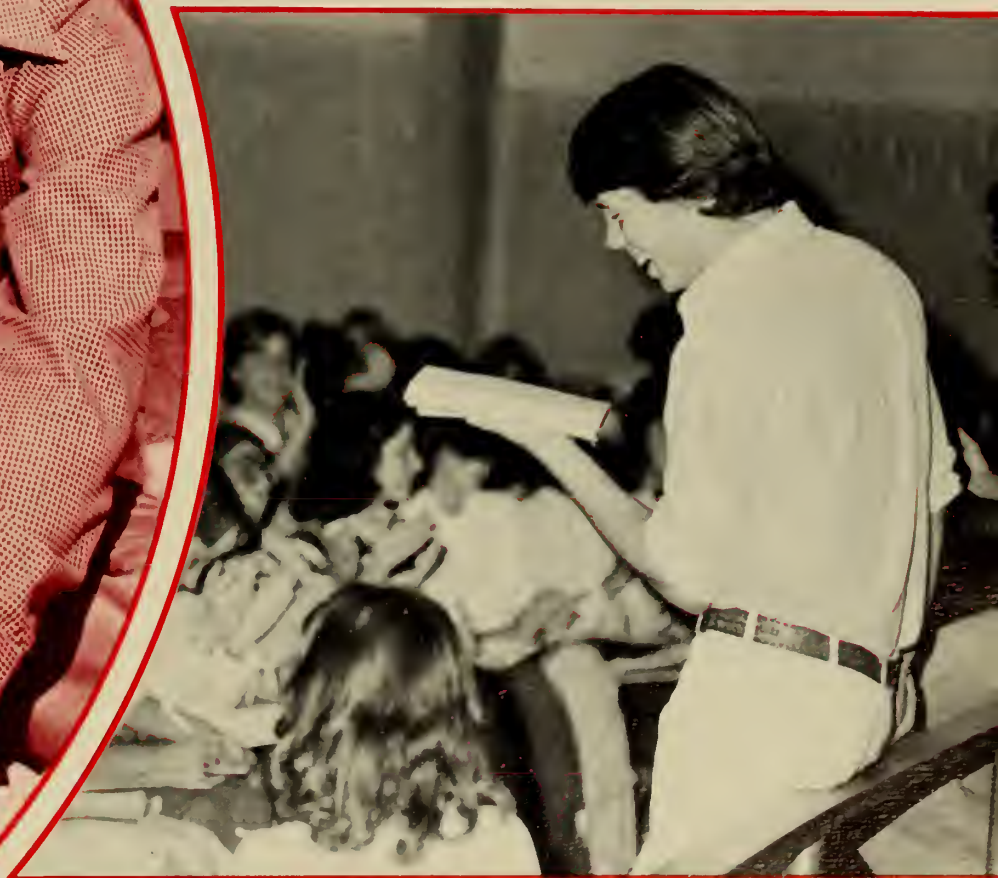
You have three tests and a paper due tomorrow. School now seems like all work and no play. Yet, looking back, we will remember these years as being carefree and fun-filled.

Although First Colonial had a reputation of being academically demanding, students often had a chance to let themselves go and have fun, with both in school and after school activities. With the beginning of school came the beginning of football season. Football season brought pep rallies, games, and, most importantly,

Homecoming. Pep rallies allowed students to bind together for a common cause. Whether playing in the band, playing on the field, or just cheering in the stands, those Friday nights held a special charm.

To those who were involved, Homecoming provided fun while it promoted class and club spirit. Some students built floats while others participated in the parade.

Through the many activities and school projects, the school year at First Colonial provided fun for those who cared to participate. Our last years at school will always be the most rewarding as well as the most fondly remembered.





# And We're Still the One



As in past years, this year First Colonial was the model of excellence all schools strived to achieve. Whenever our school was mentioned, it was usually preceded by superlatives.

Competitions took many forms this year; students participated in both extramural and intramural contests. Athletically, First Colonial's teams left their opponents far behind. The football team gained second place in the district, and the basketball team was looking to another trip to the State tournament.

Many of First Colonial's students excelled creatively. The Patriot marching band continued their winning tradition, and the drama club was hoping for their third superior-rated one-act play in as many years.

Other schools used First Colonial's records as a standard for them to follow. First Colonial students thrived on the spirit of competition and grew closer in the celebration of victory.









# Features







For every occurrence there are special events and people that are unique to it alone. First Colonial's events are like no other high school's in the district. They involve not only fun and excitement, but provide lasting friendships and memories. These featured activities include Powderpuff, the Neptune Bowl, various club activities, and Homecoming. Some of the spotlighted Homecoming events include Spirit Week, the pep rally, the parade, and the game itself. Many traditions were upheld as the Beach Parade became an annual event, and the Seniors once again emerged triumphant in the Powderpuff game. Hopefully some of the events initiated this year will become traditions in the years to come.

# POSEIDON ADVENTURE



King Neptune, Queen of the Sun, and Miss Dominion of Canada wave to the crowd.



George Savalas, co star of "Kojak" was the celebrity guest of the Neptune Bowl.



King Neptune presents the Best Offensive Player Award to James Lawson.





King Neptune, Fred Napolitano, views exhibits at the art show.



Career-minded students look to the future.



Princess Cindy Wermers and King Neptune observe the Neptune Bowl.



As Neptune rose from the sea, the fun and excitement of the Neptune Festival began. One of the highlights of the festival was the Neptune Bowl held at First Colonial.

The game was the yearly confrontation between the rival First Colonial Patriots and Cox Falcons. Following tradition, the game was definitely exciting. Once again, the Patriots were the winners. Patriots James Lawson and Tom Gilliland were named Most Valuable Players of the game.

Half-time events included appearances by King Neptune, Fred Napolitano; Queen of the Sun, Stacey Price; and Miss Dominion of Canada, MaryAnn McKee. Princess Cindy Wermers was F.C.'s representative in King Neptune's court of high school seniors. The Grand Celebrity Marshall was George Savalas, co-star of "Kojak."

"Better Business Through Education" was the theme for the floats entered in the competition. Many hours of hard work were spent by Beth Watkins, the float chairman, and many other dedicated students.

The Neptune Bowl was a time of football, royalty, floats, and fun. It was an event enjoyed by all.



Heather Krantz, Kathy Muka, and Bonner Smith represent the Lollipop Guild.



If they only had brains!



Our colorful seniors visit the Land of Oz.



Seniors off to see the wizard.



Annamarie Smith admires Jimmy "Dorothy" Wagner's comfy slippers.

Mysterious things were going on. Right before our very eyes, people were being transformed into characters from some of the best-loved story books.

For Spirit Week the Juniors dressed up as pirates, complete with peglegs and eye patches. Characters from Willie Wonka and the Chocolate Factory were only the Sophomores in disguise. The best showing of the week belonged to the Seniors, dressed as the characters from the Wizard of Oz. The teachers pulled out their guns and holsters and came as rootin'-tootin' cowboys. As the week came to a close, the fantasy dissolved into colors, blue, gold, and white as the students supported their classes.

LAND OF

ENCHANTMENT



# STAND UP



Senora Christie gives Angie Eshe man some Driver's Ed.



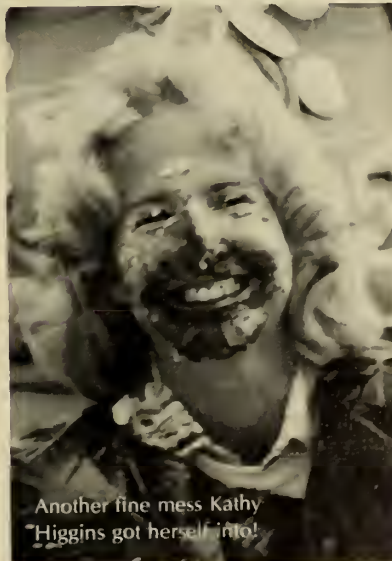
Juniors prove their spirit by winning the pep rally.



Tom O'Brien tells Nancy Erhard how to roll Lake T.



Sophomores support their class by cheering upperclassmen their spirit.



Another fine mess Kathy Higgins got herself into!

Homecoming day was filled with confetti and noise, games and shaving cream, tricycles and competitions, and fun and rowdiness. Strange and unusual games were devised and unsuspecting victims were chosen.

The day finally came and no one was disappointed. The Juniors won most of the games and Guy Morgan won a prize for his cute little "Baby Face." Everyone was actually a winner, for each won the prize of a good time.

# AND HOLLER



# SHOWING OFF



Juniors enjoy their ride on Peter Pan's "Skull Island" float.



Clowns add gaiety to the parade.



The First Colonial ROTC Color Guard leads the parade.



Homecoming attendants ride the Senior float, "Over the Rainbow".



A visit to the Chocolate Factory was provided by the Sophomores.

Clowns! Floats! Bands! Before the spectators' very eyes, the Land of Enchantment marched by. City Councilwoman, Meyera Obendorf was the Grand Marshall of the Homecoming parade.

Dressed as Oompah-Loompahs, the sophomores portrayed the characters from Willie Wonka and the Chocolate Factory.

The Juniors, dressed in pirate fashion, represented Peter Pan on "Skull Island".

The award-winning Senior float carried the Homecoming attendants "Over the Rainbow".

As rain threatened and time for the Homecoming game approached, First Colonial once again proved that it is still the one!



Culture Club is in Down the





Lynn Davison congratulates Jane Potter.



And the rains came. Homecoming Night, an evening long awaited by everyone, came in a downpour. Even though people were drenched, their spirits were not dampened.

The highlight was the half-time ceremony which included a review of the class floats and a presentation of the Spirit Week Awards. Best Float went to the Senior Class for their theme "Over the Rainbow". The pep rally went to the Juniors.

The 1977 Homecoming Court was present and Lynn Davison, 1976 Homecoming Queen, returned to crown Jane Potter as the 1977 Queen.

No matter how hard it tried, the rain could not spoil the excitement felt by all who participated in Homecoming Night 1977.



Loyal fans brave the elements.



Junior Cathy Beaty is met by her escort, Forde Lowery.



Janet Brinkley, Steve Hartman, Tracy White seek refuge from the Homecoming downpour.

# PATRIOTS IN PUDDLES



## 1977 Homecoming Court

Keeping up with tradition, the 1977 Homecoming Court consisted of some very lovely, very special young ladies. Jane Potter, a member of the court for three years, was voted Homecoming Queen. During her years at First Colonial, Jane has been actively involved in the Spanish Club, class activities, and Powderpuff. Because of her ready smile and friendly ways, she was voted Most Popular of the Class of '78.

The 1977 Senior Attendants were Suzy McTague, Marianne Talbot, and Kathleen Mitchell. Each was chosen by the Senior Class because of her involvement in school and interest in those around her.

Suzy's participation in school and extracurricular activities won her the title of Best All-Around from the Senior Class. Marianne cheered the school on as

co-captain of the cheerleaders.

Homecoming itself never would have been if not for Kathleen's determination and hard work for the SCA.

The Class of '79's contributions to the Homecoming Court were Tammy Arrington and Cathy Beaty. Both girls possess those special qualities that quickly made them Junior Class favorites.

Sophomore members of the court were Karen Blankenship and Jeanne Giuffre. Because of her contributions as class treasurer, Karen was an easy choice for attendant. More than a cheerleader, Jeanne leads the school with a Sophomore smile.

Each attendant held a unique quality that set her apart from those around. Homecoming was a time for recognizing these special people.



*Jeanne M. Giuffre*



*Karen C. Blankenship*



*Tammy R. Arrington*



*Cathy J. Deaty*



*Jane M. Potter*





*Marianne D. Talbot*



*Kathleen M. Mitchell*

*Suzanne McTague*



# CHAUCER'S TALES .

Singing chickens! Dancing may-girls! Knights in shining armour! All of these and more were included in The Canterbury Tales presented by the Drama Club and Thespian Society. This play, based on the story by Geoffrey Chaucer, was performed November 21, 22, and 23. It concerns ten pilgrims who meet at an inn on their way to pay homage to Saint Thomas à Becket.

To make the trip more enjoyable, they each decide to tell a tale along the way.

Four of these tales were dramatized on stage. These were the friar's tale, which involves a corrupted summoner and a punishing fiend; the nun's priest's tale, which shows how a rooster's pride and a fox's foolishness almost result in disaster; the pardoner's tale, which tells of three rogues who kill each other for greed; and the Wife of Bath's tale, which portrays a valiant knight who seeks for the answer to a pertinent question. These stories proved to be very entertaining.

Songs, dance, humor, and serious dramatic performances composed this musical. Ninety-two people participated in many different ways by contributing their skills and talents to make the play a success. Each person involved in this production added his personal touch to the final performances by applying make up, making costumes, designing scenery, gaining publicity, obtaining tickets to sell, programs to distribute, and countless other very important jobs. Under the superior direction of Mrs. J. Harper, the actors and actresses performed splendidly to complete the task and pleasure of putting together this play.



The innkeeper serves his guests.



Lyn Cox, Eric Gibson, Colette Ives, J.D. McLeod, Richard Hooker, and Almiede Meinicke prepare for a successful production.



# IN COLONIAL'S TIMES



The host and barmaids welcome the weary travelers.



The Irish cast a merry eye toward the friendly advances of the hardoner.

# SUPER SENIORS

In the opinion of some people, the Class of '78 is without a doubt the best class that First Colonial has ever seen. This opinion only seems to be shared by the class itself.

They have a hard time convincing other members of the school that their wonderfulness is only excelled by their excellence.

In order to further call attention to the class, the Seniors tried to single out those in the class who best represented the superb quality of which the Class of '78 is compiled. This was indeed difficult considering the wide range of choice and the lack of enough descriptive categories.

However, the decisions were made and the Class cast its ballots. What resulted was a collection of the qualities that make the Senior Class so special. A group of people that show how unique the Class of '78 really is. Look out world — the Senior Superlatives of 1978!



**MOST ATHLETIC:**  
Tom Gilliland and Lorraine Knapp



**BEST LOOKING:**  
Sandy Long and Doug Brown



**SHYEST:** Guy Morgan and Tracey Eubank



**MOST INTELLIGENT:**  
Seth Geras and Teresa Karnitschnig





HARDEST WORKING:  
Adele Berny and Matt H. Gendobler



BEST-ALL-AROUND:  
Suzy McTague and Chris Taylor



MOST SPIRITED:  
Toni O'Brien and Emily Wagner



MOST POPULAR:  
Jane Potter and Trick Standing



MOST LIKELY TO SUCCEED:  
Cindy Wermers and Pat Nayak

— THAT'S WHAT WE ARE! —





**BEST DRESSED:**  
Cheryl Trafford and Mark Cooley



**CLASS CLOWN:**  
Dena Bailey



**Big Crow Award:**  
Gary Grob and Rick Rickard

**NOT PICTURED — MOST TALENTED:**  
Anna Marie Smith and Buddy Brown



**FRIENDLIEST:**  
Barbara Sessoms and Bobby Edwards



Mr. Miller directs the Madrigals.



A group of talented singers, the Madrigals, have again succeeded in forming a blend of superior voices. Their dedication and daily practice have helped them to form a very professional sound. The Madrigals impressed the students and proved to be the highlight of the Christmas concert.

Before school began, Mr. Bill Miller, the director, auditioned many students who wished to join this elite group. His decisions were hard to make, but the end result shows that his choices were wise ones.



FRONT ROW: Kathy Muka, Melinda McCraw, Heidi Swarztrauber, Tina Baese, Beth Clugston, Tamra Brown. BACK ROW: Scott Britton, Todd Marshall, Scott King, Bill Parks, Christine Wiggins, Delite Ackels.

Perfecting their performance, the Madrigals sing in harmony.



# AUDITION ONLY



# ROLES EXCHANGED IN



Betsy Sherman and Tracy Stowers clutch each other in anticipation of a senior touchdown.



Penny Hall carries the ball, while junior Kaytren Martin attempts to stop her with help coming from her teammate, Gina Brogan, and senior Teresa Karnitschnig.



# POWDERPUFF GAME

Bob Stillman, Seth Ceteras, Marshall Hall, and Peach McCanna observe their senior team in action.



Steve Burrus is crowned the 1971 powderpuff queen.



Junior cheerleader, Chris Blaski, encourages fans.



Jimmy Wagner and Bonner Smith help an injured senior, Heather Krantz, off the field.

For this one brief night, the roles portrayed by male and female were reversed. Specifically, the annual powderpuff game with the junior and senior girls battling for victory, was led with an exceeding amount of encouragement by the male cheerleaders.

Leading the junior girls to outstanding performances were the two team captains, Gina Brogan and Phyllis Kunkler. Of course, the real action came from the seniors who had two team captains, Bonner Smith and Penny Hall, who played exceptionally well.

Many of the spectators were pleased with both teams. Even veteran First Colonial football players Mark Wray, John Hadjikakos, and John Korte came back and refereed the game.

Although there were some doubts as to who was going to win the exciting game, the seniors took the victory 12-6 over the juniors by the final minutes of the game.

Many thanks should be awarded to Jane Potter and Peach McCanna who organized the entire festivity.





# Seniors







A different kind of spirit prevailed this year among Seniors. The realization that this was to be our last year of high school saddened some, overjoyed others. We remembered when we were in the first grade how old and big twelfth graders seemed. We dreamed of the day when we could be Seniors. Our dreams finally came true, but somehow we didn't feel quite so old and mature. The cold, real world loomed beyond, and we, for the first time in our lives, were faced with decisions to make. Yet, exemplifying the spirit of the seventies, the class of '78 met their challenges with a smile and an optimistic outlook.





# Seniors: THE SPIRIT MACHINE

"'78 Makes Things Happen." Written on posters, banners, and even t-shirts, our theme could not have been more appropriate in describing the spirit of our Senior year. We became more involved in school activities, organizing committees and raising money through various activities including bumper sticker sales. We also planned for the future by attending college night, taking SAT's, and conferring with counselors about college applications and job opportunities. In

between all this work, there were periods of all-out frenzy as our class enjoyed pep rallies, class meetings, dances, and Homecoming week. It is the same spirit which has been exemplified by various Seniors featured throughout this section. Selected by a special student and faculty-administration committee, these Seniors are examples of what is involved in making the Senior class of First Colonial number one.





Duke Addison



Deanna Lei Akright



Mike L. Albritton



Stacey B. Albritton



Charles M. Allen



Denise Allen



Greg Allen



B. Tyndall Alligood



Laurie D. Allison



Beth Allsopp



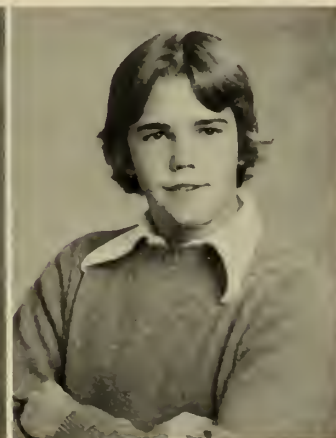
Dianne Anderson



Robbie L. Anderson



Greg C. Andrassy



Walter L. Ansell



# Seniors get Involved



The Senior Class Officers, Kim Howard, Treasurer; Terry Brownell, Secretary; Gina Pitrone, Vice President; and Adele Berry, President.



Teresa A. Armstrong



Teresa J. Artrip



James W. Ashworth



David E. Aucoin



Dena A. Bailey



Toni L. Bailes



Marietta Bailey



Marjorie M. Bain





C. Ridgely Balderson



Danny D. Bapties



Garland K. Barnard



Janet G. Batten



Ed Barry



Paul R. Baxter



William B. Beaman



# FOCUS: SENIOR CLASS OFFICERS

What can be said but, "they're so good?" It is not only the officers that make the class work, but every single member of the Senior class. The officers, however, are responsible for seeing that the class is a good one. This year's officers were: Adele Berny, President; Gina Pitrone, Vice President; Terry Brownell, Secretary; and Kim Howard, Treasurer. These four people worked extremely hard this year trying to make this year's Senior class the best

possible. This year the officers have tried to get the entire Senior class involved. Some of the plans included a concert in February, Senior Sillies, the Senior Prom at the Omni Hotel, t-shirt sales and paper drives. One aspiration was to have a Senior Week instead of a Senior Day. The officers' main goal was to make the Class of '78 unique, and they did.



# Bus Fuss



Teresa Rose Belbusti



Mark Bennardo



Adele Marie Berny



Karen L. Best



Cindy A. Beveridge



Barbara J. Boesch



Mary Catherine Bonner



Frank C. Booker III



Alvin Boone



Laura L. Booth



Amy Kesler Boyd



Nancy G. Braithwaite



Sherryl A. Brammer



Frances E. Branch



Melissa H. Branch



Angie Eshelman and Laurie Spencer leave after a long day of school.



Ken R. Braswell



John H. Brewington



Billy I. Bristol



Nina Brooks



Elaine C. Bross



April D. Brown



Douglas H. Brown, Jr.



# Organization Counts



Richard J. Brown



Ronald L. Brown



Laura Booth, along with Mrs. Warner, Miss Christie and others, helped organize the SCA office.



Sharon A. Brown



Tamra L. Brown



Yvonne Brown



Terry C. Brownell



Rod J. Brumbaugh



Cindy D. Bryan



Beverly Buchert



Elizabeth Stuart Buckelew



June K. Buckner



Mary A. Buckner



Kristine L. Buffington



Seth Ceteras waits until the last day to buy his yearbook.



Leonard H. Burns III



Steven Lane Burrus



Allyson M. Butler



# Seniors find creative Outlets



Thomas Gregg Butler



Bob G. Camp



Kyle Carey



Gregory J. Carlson



Catherine D. Carter



Sheilah E. Cason



David S. Casone

## FOCUS: PHOTOS BY BRASWELL

Ken Braswell is an exceptional and very talented photographer. He has won several awards for his work in the past few years, and more recently, at the Neptune Festival. This year he has incorporated new techniques which will be featured, along with other prize-winning photographs, in this section. Ken is a member of Egg, Inc., and under the direction of sponsor Mrs. Widman, has been teaching new photographic techniques to the other members. He also does many of the photographs for the Town Crier, but he does not limit himself to school activities. He also does his craft for commercial uses and his own personal satisfaction.



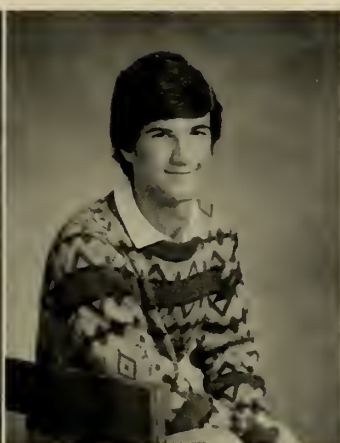
Ken Braswell catches senior summer dreams by 1974



An award-winning photo by Ken Braswell.



Ann Cassidy



Seth James Ceteras



Gary R. Chamberlain III



Richard P. Chasse



Robert T. Chasse



Theresa L. Cherry



# Seniors enjoy afternoon fun



Walter Jeff Childress



Anne B. Clark



Patrick Lee Coffey



Mary B. Coffield



Patricia Collins



Elizabeth A. Cole



Patrick Eugene Conner



Chris Cooley



Mark L. Cooley



Jacqueline Marie Cooper



Phyllis L. Cooper



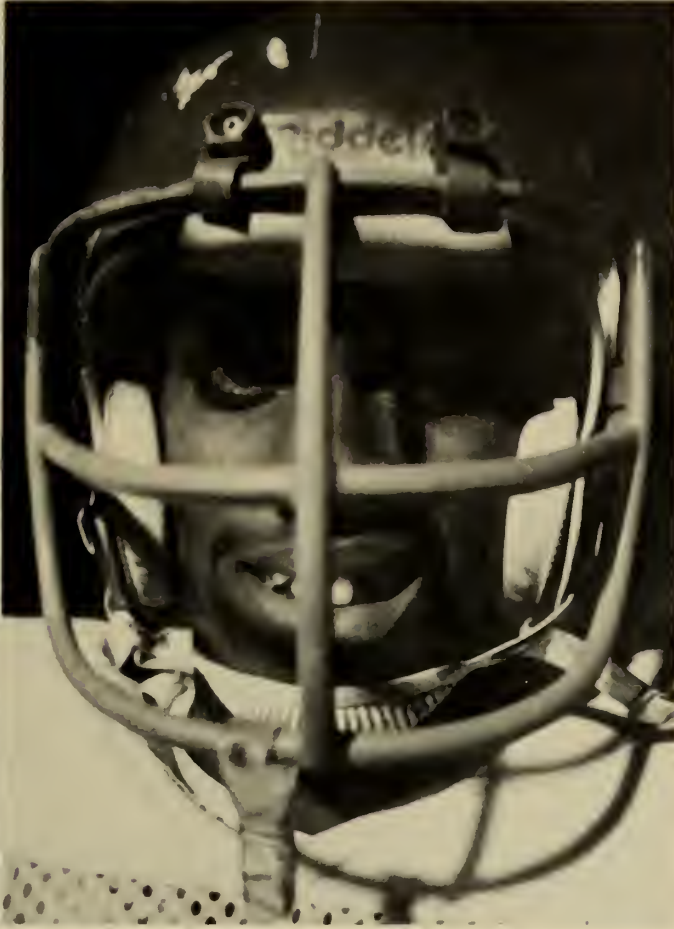
Billy Corbitt



Kimberly J. Cordle



Cathalene D. Cornick



Senior Leon Lawson anxiously awaits the next play.



Norvell Coston



W. Lee Craddock



Herbert G. Crawford



Barry Creekmore



Joe D. Crell



Richard Clay Culbreth, Jr.



Pauline M. Cutchins





On Senior Spirit Day, Oz (Greg Starbuck) hands out medals to the Lion (Debbie Ewing), the Scarecrow (Peach McCanna), and the Tin Man (Eric Gibson).



Bert Dail



Nerissa Dail



Gordon Daly



Barbara Carroll Darden



Diane Ellen Davis



Randall P. Davis



Rebecca J. Davis



Vincent V. Davis



William D. Dawson



Gerianne Lee Delong

# Spirit day in Oz

## FOCUS: KATHLEEN MITCHELL

Making Homecoming a very special event involves careful planning, organizing, and the kind of spirit that can be found in Kathleen Mitchell. As the Homecoming coordinator, Kathleen had the opportunity to organize one of the most successful Homecomings in the history of First Colonial. Besides all her work behind the scenes at Homecoming, Kathleen was also one of the senior attendants of the Homecoming court. Kathleen doesn't limit herself to special occasions, as she is involved in school all

year. She joined the Spanish Club, one of the largest clubs at First Colonial, and, due to her scholastic abilities, became a member of the National Honor Society. She was later elected to the Executive Board. In the summer of '77 she attended Girls' State to learn how the government works. She also became the chairman of an SCA committee which handled the publicity for class-oriented activities. Kathleen is just one of the involved Seniors that made the class of '78 special.



Michelle J. Des Rochers



Michael S. Dickens



Leslie Dickson



Denise B. Diederich



Kerry Dingwall



Marc Dixon



Susan E. Dixon



# Senior spirit number One



Seniors showed their unity with their T-shirts and frenzied cheering enroute to winning the Homecoming pep rally.



Mark A. Dolson



Richard J. Donovan



Randall E. Drennan



Becky A. Drozd



Ron Dryden



Kevin B. Duffy



Deborah L. Dunn





Donna Eaton



Robert W. Edwards



Marie Adele Engel



Nancy S. Erhard



Angela M. Eshelman



Tracey M. Eubank



Mary L. Evans



Stephen F. Evans



Deborah E. Ewing



Clifford D. Falkner Jr.



Lyn Marie Fancher



Eugene J. Farrar



Shelby J. Farrish



# Daring to Win



Barbara Anne Felth



Michael A. Felton



Melvadean Fenner



Verna B. Fenner



Lori J. Fentress



Linda L. Fichter



Tim M. Finn



Laurie Spencer tries in vain to win the tricycle race.



Robin D. Fisher



Terrance F. Fisher





S. Kathryn Fitzpatrick



Peggy A. Fleming



Ronald W. Flenner



Carrie Ann Foote



Nancy Erhard receives last minute instructions on how to kill Lake Taylor from Tori O'Brien.



Franando C. Forbes



Randall L. Forbes



Mary Foster



Charles B. Freeman



John McCornell Freeman



Lynne Freeman



# SENIOR SPIRIT MAKERS



Marianne Talbot and Karin Mullaney inspire the Seniors to show their spirit.



Claire A. Freer



Jon G. Frizzell



Selena M. Gaddy



Kimberly A. Garrett



Jane H. Gatlin



Judith E. Gawrys



Joyce A. Gay



Michael A. George



Ruth K. George



Laura Dale Gibowski



Eric L. Gibson



Thomas O. Gilliland



Michael G. Gleason



Sherri L. Graves



Laura L. Gray



Richard A. Gray



Kimberly L. Green



Al E. Gregg



Albert L. Grimes



# Seniors into Drama



Trick Standing helps Kathy Higgins clean up after the pie eating contest.



Debby Kay Groceman



Blair Sayling Groh



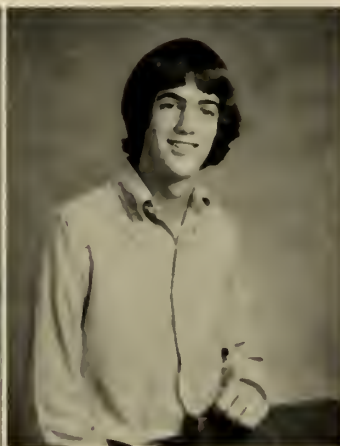
Linda Gualeni



Raymond Keith Gurley



Debra L. Guthrie



Jeff L. Hakim



Francis Marshall Hall



Penny R. Hall



Suzanne Hall



Susan Harp



Pat M. Harris



Mark G. Harrop



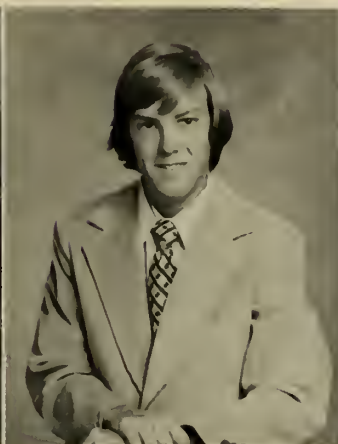
Tim S. Hart



Wallace S. Harwood III



Joyce H. Hasselaar



Ambler M. Hatchett



Wayne F. Haymaker

## FOCUS: DRAMA IS IN HEIDI'S BLOOD



Heidi Swartztrauber enjoys drama. She has been involved in all the plays and is often seen with a make-up design chart or a script in her hands. Heidi was in The Canterbury Tales, playing the Wife of Bath, a very demanding role. Last year she was involved in the one act play which rated superior in district, regional and state competition. Her total commitment to drama led her to become a Thespian and she was later elected president of the society. Heidi is one of the many Seniors who became involved in extracurricular activities to make her school life as enjoyable as her private life.

Donna Hull was one of the many Seniors who dressed up for Spirit Day.





Jay M. Headley



Rebecca L. Hensley



Jay O. Hertz



Bill Kiley takes a break at an SCA meeting.



Steve C. Hesse



Celine A. Hiatt



Katherine K. Higgins



Randy A. Hilton



Christopher H. Hoebeke



Lori J. Hodge

# Studies take up Time



Trey Hodges



William F. Hodkins



J. Matthew Hogendobler



Chet Holland



Gwen K. Hopkins



Kim Howard



Regina Howard



Jody Howlin



Jill Susan Hyrskanich



Brian Peter Hudson



Charles W. Hughes



Cynthia A. Hughes



Linwood D. Hughes



# Time out for fun



Stephan C. Hughes



Donna Marie Hull



Kristina Leah Hyatt



Beth A. Irby



Lynnette C. Ironmonger



Colette D. Ives



Allison Janene Jackson



Steve Jackson



Timothy E. Jackson



Steve D. Jamell



Kenneth J. Jeziorski





Pep rallies gave Seniors a chance to show their spirit and unity.



Andre Johns



Glenn C. Johnson



Paula Jeanne Johnson



Bill Jones



Inez L. Jones



Celia Anne Jordan



Jacqueline G. Joyner



Pat M. Kane



Teresa D. Karnitschnig



# Superstars in Sports



Scott Kellam



William S. Kiley



Arlene Rene Kinsey



William R. Kittrell



Jon L. Kleintop



Lorraine Knapp

## FOCUS: ENDEAVORS OF TOM AND COLETTE

Among the legendary Seniors in sports, including Chris Taylor, Guy Morgan, and Leon Lawson, First Colonial has the physical talents of Colette Ives and Tom Gilliland. Colette has been a swimmer on the Junior Olympic Team and has been placed in the top five in Virginia and in the top ten in the East Coast Senior Nationals. Along with her water abilities, Colette has developed an excellent tennis game. She has been a member of the school tennis team, and last year she placed first in doubles and sixth in singles. Colette participates in nonathletic activities too. She is in school plays, most recently *The Canterbury Tales*, and is a member of the

Drama Club, treasurer of the Thespian Society, and vice-president of the Latin Club. Last year, she was in the one-act play that rated superior in district, regional and state competition.

Tom Gilliland has been a phenomenal starter in football, basketball, and baseball. He has made the All-Beach, All-Metro, All-Tidewater, and even the All-State Football Teams, and has received Outstanding Player awards for the same sport. Tom's scholastic abilities took him to Boy's State this summer. Both Tom and Colette are outstanding examples of the athletes of the Senior class.



Guy Morgan stands out in a crowd.



Heather M. Krantz



Nicholas B. Kyrus



Wesley B. Laine



Doretha M. Lamb



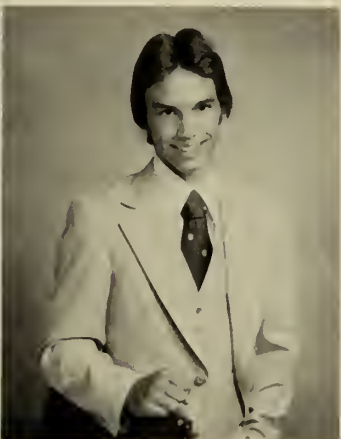
Neale M. Land



Laverne D. Langley



Stephen W. Lanning



Alfred T. Large, Jr.



Allen Lashbrook



Deborah J. Lauro



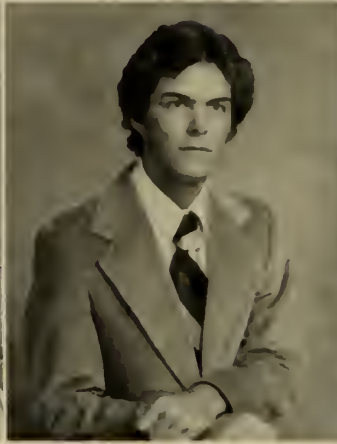
Susan S. Lawrence



# See beyond your Problems



Leon Edward Lawson



Thomas E. Lee



Debbie Ann Lehmann



Neil A. Leibowitz



The '78 sign undergoes some changes.



Jennifer Anne Levins



David M. Lewis



Ronald A. Lilley



Joan M. Link



Elizabeth A. Lodge



Matthew Loney





Sandra R. Long



Patricia Longley



Ellen Christine Love



Virginia A. Lovering



William H. Lyons III



Jamie M. Macdonald



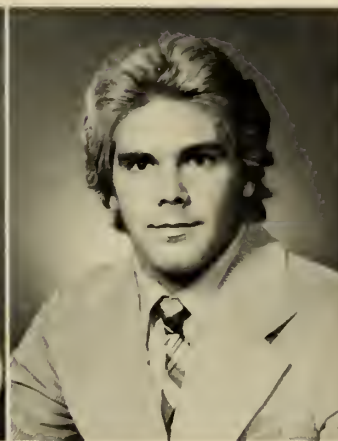
Johnnie Majewski



David Malbon



Janet B. Mallison



Jay Mapp



Corky Mara



Jeff A. Markman



Dale R. Martin



Robert C. Martin





Thomas F. Masters



Kimberly A. Mason



Ronald Lilley helps the Seniors build their float napkin by napkin.



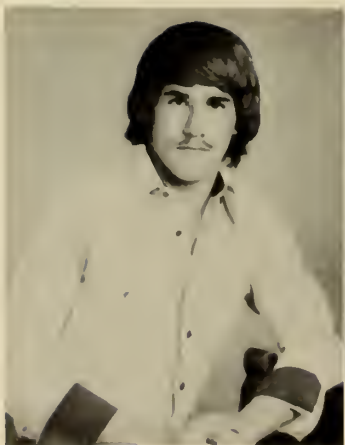
Nancy L. Massa



Herman C. May



Cheryl Elaine Maynard



Scott P. McCabe



Charles G. McCanna



Chris D. McCloud



Barbie E. McCorkle

# Explore your Ideas



Brian K. McElligott



Cheri D. McLeod



Jeffrey D. McLeod



Richard McNaught



Susan L. McQuillan



Suzy McTague



Marsha R. McTyre



Teresa A. Meadows



Richard L. Melson



Teresa Melvin



Jeff M. Mencini



Cynthia Ann Miller



Jefferson L. Mills



# Seniors love parades



Sharon Strickland teaches Patte Gleason how to ride in style.



Donna L. Mitchell



Kathleen M. Mitchell



Diana L. Moffett



Marianne T. Moore



Thomas L. Moore



Elizabeth A. Morgan



Munden G. Morgan



Margaret J. Motyca



Kathleen A. Muka



Karen M. Mullaney



Cindy Wermers rides with Mr. Fred Napolitano, King Neptune.



Carolyn D. Muriphy



Myra Murphy



Howard J. Murrell



Wanda M. Myles



Clare Noel Nabors



William D. Nagg



Bruce H. Nagourney



John C. Napolitano



# Expand your Knowledge



Pradeep R. Nayak



Ronald S. Neale



Charles G. Neelley



Charles W. Nissen



Sandra F. Nixon



Victoria A. O'Brien



Donna M. O'Brien



Guy Morgan displays his baby face.



Ernest E. Olds



Landie Olds



Joseph M. Oliva



Charles C.K.O. O'Neal



Russell D. Onhaizer



Janis W. Osberg



Gordon Keith Owen II

## FOCUS: JAN IS TOPS IN DEBATE

Jan Mallison is involved in a very interesting and often overlooked organization — Debate. Along with her partner, Peter Schleck, she has won many top awards for team debate and as a speaker. Jan can be found spending her afternoons in different libraries researching topics for the next meet. Recently, Jan and Pete went to New York for a meet which they did not win but enjoyed nonetheless. This summer she developed new techniques at a debate workshop and learned more about government at Girls' State. Some of Jan's other activities included being a member of the French Club and she later became the President. She is another example of how involved the Senior class was this year.



# Take it easy Sometimes



Robert C. Owens



Winifred C. Owens



Timothy A. Paasch



Elizabeth E. Pace



Jennifer Palmer



Kimberly A. Palmer



Bill Parks



Michaela E. Parramore



Glenn W. Patterson



Patty J. Patterson



Susan A. Paul



Cheri J. Payne



Michael A. Peele



Working on the Seniors' winning float, Seth Ceteras folds napkins.



Elizabeth D. Penrose



John E. Perry



Richard B. Perry



Christin Persson



Jill M. Peterson



Judy E. Peterson



Wayne Peyton



# Be better - be Different



Jerome E. Phillips



Lee R. Phillips



Gina L. Pitrone



John T. Poe



Jane M. Potter



Candy Powell



John B. Preston



Sanford T. Price



Wendy J. Priolo



Allen L. Pyle



John M. Rabe



Wade L. Rabey



Janet C. Rau



Dressed as a scarecrow from The Wizard of Oz, Susan McQuillan participates in Senior Spirit Day.



Bettie A. Reader



Karen A. Reeks



Michael P. Reese



Russell A. Remington



Charles W. Richardson



Leisa Riggs



Scott L. Rivers



Linda P. Roberts



Dell Robertson



William R. Robertson



Steven M. Rogers





Steve M. Romeo



Jana R. Rossell



Deborah L. Russ



Steve W. Ryan



Tara E. Ryan



Michael J. Rydell

## FOCUS: T-SHIRTS SALES SUCCESSFUL AGAIN

The Senior class has a knack for making money. One of the clever, class sponsored money-making projects this year was the t-shirt sales. This tradition began last year with the class of '77, but this year's Seniors liked the idea and continued it. This project was a great success.

Unlike last year's t-shirts, this year's offered more of a selection. The shirts could be ordered in either gold or blue, short-sleeved or long-sleeved, with First Colo-

nial written on the front and a colorful rainbow with "'78 Makes Things Happen" printed on the back. Tracey Stowers and Adele Berny, two of the people in charge of this activity, made the project a success. Approximately two hundred and fifty dollars was made as profit, and the Seniors put their shirts to good uses, wearing them at pep rallies and class meetings, even in the halls to show their senior spirit.

# The look of '78



John A. Sayer



Senior t-shirts arrived just in time for Homecoming.



Michael D. Searce



Rhonda Y. Schneer



Peter J. Schleck



Mary K. Scott



Wilbert Scott



Michael A. Sears



Dwayne C. Seibert



Mark R. Seiderman



Barbara L. Sessoms



Elizabeth A. Sherman



# Working with Others



Teresa L. Shipp



Clyde W. Shorter



William W. Siegel



Angelo Simmons



Paul S. Simon



Annamarie S. Smith



Cathie A. Smith



Drum Major Pat Coffey leads the band in a daily practice.



Courtney D. Smith



Bonner Smith



Elizabeth Smith



Lance L. Smith



Richard M. Smith



Stephanie L. Smith



Anne L. Smithson



Sarah A. Snapp



Melissa R. Snuffin



Edward P. Southern



Laurie A. Spencer



Andrew C. Spinks



Patrick L. Standing



# Talent Abounds



Gregory H. Starbuck



Patricia Stevenson



Scott C. Stevenson



Robert M. Stillman



Tracey L. Stowers



Jimmy Stratton



Brenda G. Strickland



Scott A. Strickland



Sharon V. Strickland



Jonathon D. Stroud



Michael S. Sullivan



Heidi F. Swarztrauber



Herbert W. Swertfeger

# FOCUS: THE TALENT TRIO

Nick Kyrus, Annamarie Smith, and Matthew Turk share extraordinary musical talents for which they have received many awards and honors. Nick Kyrus has played the piano for Senior Sillies and Junior Jollies for the past two years. He has been a member of the National Guild Organization for six years and has received a superior rating. Nick's biggest accomplishment was in writing a piano concerto which won first place at the Music Composition Awards for Virginia.

Annamarie Smith's musical talents lie in her singing. This year she is a member of

Madrigals, Regional Chorus, and she won first place at the State Chorus Competition. Annamarie's talents are not just limited to singing; she is also an actress and dancer. She has appeared in many plays and musicals in local Tidewater theaters. She was also the choreographer for The Canterbury Tales. She is a member of the National Thespian Society and is on the National Honor Society's Executive Council. Most recently she won the title of Virginia Beach Junior Miss which adds to the many other honors she has received.

Matthew Turk has found his forte on the

trumpet. Besides being a member of the First Colonial Band, he has, for the past three years, been a member of the regional band. In solo competition, he has received two superior and two excellent ratings. He placed third in the last talent show, and he has been playing the guitar in a local restaurant for the past two years. Matthew is a member of the Chess Club and the Computer Club, and he became a member of the National Honor Society last year.

These students are only a small representation of the large amount of talented Seniors in the class of '78.



Mark Swindell



Tammy A. Talbot



Marianne Talbot



Christopher A. Taylor



Julie A. Taylor



Thomas R. Taylor



Jack Theodosiou



# '78 - Red Hot



Pep rallies were the height of Senior spirit.



Melinda A. Thompson



Elise Adele Tillett



Joy Elizabeth Tinsley



Patricia A. Tolson



Cheryl A. Trafford



Mary E. Travis



Matthew Alan Turk



Thomas W. Vambell



Seniors know they're number one.



Nicole M. Van Loen



Sherry M. Velo



Karen E. Via



Sarah C. Villiani



Kim J. Volanski



Kimberly S. Voliva



Jimmy S. Wagner



Debra A. Wahrman



# Planning for the future



Erika Zauzig talks with the ODU representative.



Donald Jay Walker



Holly Anne Wall



Cheryl L. Ward



Glenn C. Ward



Jay C. Wardrup



Elizabeth R. Watkins



Chuck A. Weaver



Eva L. Webb



Brett Weis



Jannette L. Weller



Cynthia Mary Wermers



Kim A. Werndli



Paul A. West



Deborah L. Wheaton



David L. Wheeler



Darlene J. Whitehead



Arthur M. Whitton III



Jeffery D. Whyte



Crystal L. Wiggins



William K. Wilkins



Cynthia I. Williams



Jeff P. Wilson



A representative from William and Mary talks to students.



# All too soon it's over



Michael Williams



Brian Wilson



Daniel J. Wilson



James M. Witchey



Brett C. Wood



Doug Wood



Elena S. Woodard



Debby Groceman reads a college pamphlet for information.



John Keith Wrenn



Deborah L. Wyke



Sara Yeates



Mark A. Young



Barbara Erika Zauzig



Cynthia Gail Zirnheld



Donna Eaton and Kerry Dingwall exchange greetings in the hall between classes.





# Underclass







Although they were often the recipients of jokes from the Seniors, the Juniors and Sophomores proved to be a vital part of our school. The classes formed intense rivalries, and pep rallies gave them an opportunity to show their spirit. Classwork was occasionally neglected as students learned the fine art of collecting newspapers and selling mums and megaphones. Building floats, planning dances, and projects such as Junior Jollies kept underclassmen busy after school. The end result of all this hard work was a year filled with fun.







Junior class officers: Berkeley Furniss, Treasurer; Steve Phelps, Vice President; Donna Houser, Secretary; Greg Brainerd, President.

Delite Ackels  
Frank Adkins  
Laura Agnew  
John Ailstock  
Dona Ainsley  
Chantay Albritton  
Scott Alexander  
Teresa Allen



Beth Allred  
Julia Anderson  
Linda Anderson  
Marie Anderson  
Mark Andrews  
Rob Angellatta  
Cuprice Anthony  
Tom Apple



Tracy Armstrong  
Mike Arranz  
Tammy Arrington  
Wanda Artrip  
Burr Ault  
Rick Badger  
Jon Badineau  
Richard Baer



Joey Baggett  
Kelly Bagley  
Jeff Ballard  
Leta Barberis  
Debbie Barbey  
Susan Barnes  
Kathy Barnes  
Beth Barrow





# CLASS of '79



Tracey Barrow  
Keith Barte  
Tina Baese  
Jeff Beach  
Betsy Beam  
Cathy Beaty  
Teresa Beecher  
Mark Been

Deborah Bennett  
Kathy Benson  
Dale Bercaw  
Chuck Best  
Brad Betz  
Jeff Bickenbach  
Michele Bishop  
Elaine Blair

Chris Blaski  
Guy Boisselle  
Linda Bonbright  
Marie Bonelli  
Brenda Bonney  
Susan Borjes  
Leslie Borland  
Tory Borland

Cindy Boyd  
Wanda Boyd  
Greg Brainerd  
Trish Braswell  
Tom Bridges  
Lester Brink  
Janet Brinkley  
Gina Brogan

Tracey White finds maneuvering in the halls difficult with a prosthetic foot.



Richard Brooks  
Ronald Brown  
Cokie Brown  
Earl Brown

Tricia Brown  
Chris Brownley  
Anne Broyles  
Pam Brugh

Enterprising Juniors undertook an array of various money making projects. On the agenda was a paper drive, selling mums, Junior Jollies, doughnut and megaphone sales. The Class of '79 proved that by working with others, much more could be accomplished. They co-sponsored, with the Senior Class, a dance after a football game and an Inter-school Christmas dance with Cox. Both were successful. Inevitably the Class of '79 can be proud of the work it accomplished this year.



# Juniors No. 1 by Unanimous Vote

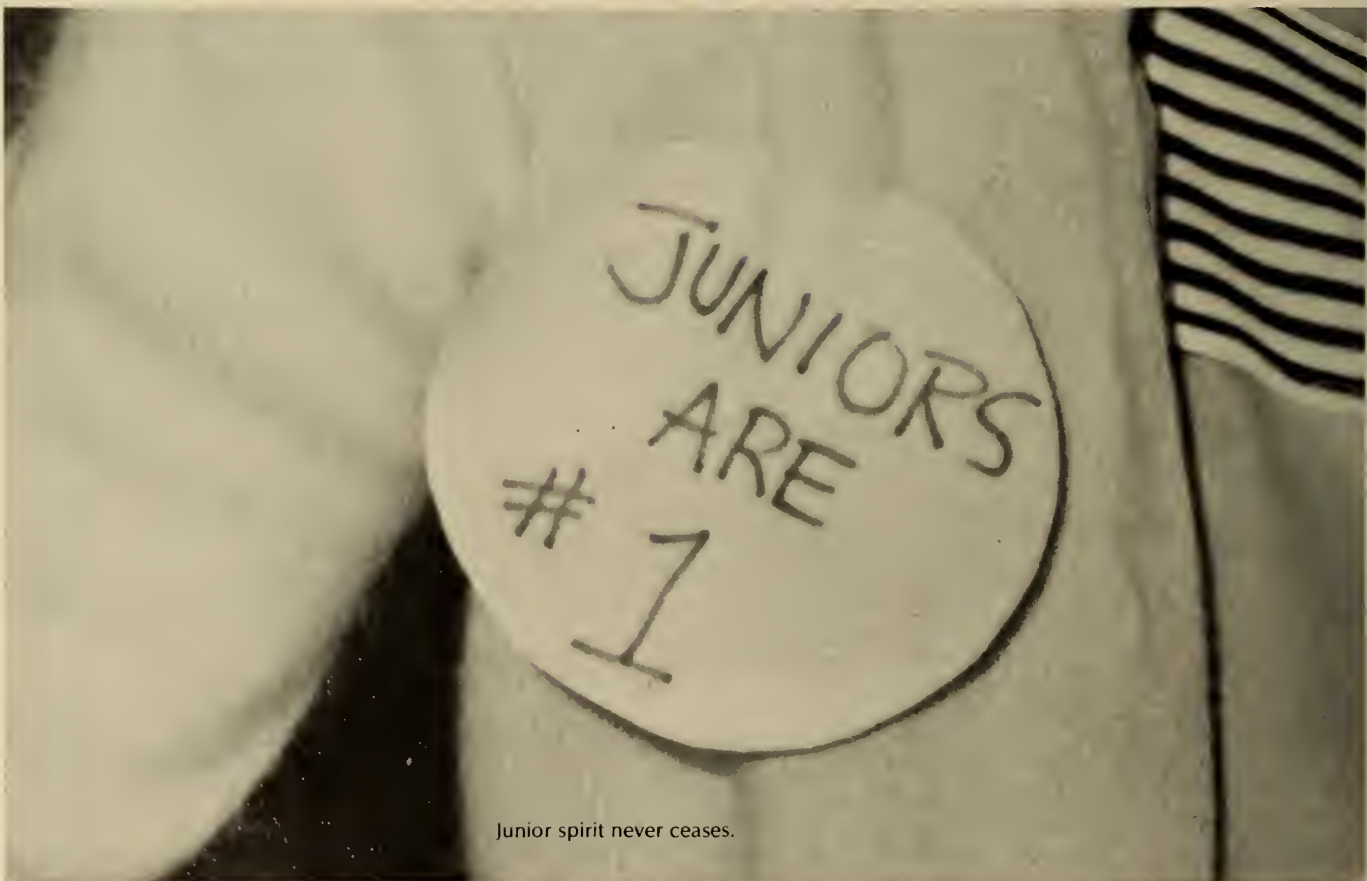
Beth Buchert  
Laura Buffington  
Randy Bullard  
Becky Bundy  
Stephanie Bunting  
Kevin Burke  
Robin Burns  
Susan Burt



Connie Cahoon  
Mary Paul Callis  
Ed Camp  
Peggy Camp  
Kass Canada  
Rob Candelario  
Donna Cardwell  
Keith Carlson



Jay Carroll  
Chris Cather  
Jason Cervera  
David Chapman  
Robyn Chapman  
Angie Chatman  
Teddie Christie  
Laurie Chutter



Junior spirit never ceases.



# Class '79 is Mighty FINE

Juniors show pride with posters.



Bill Clark  
Teri Clark  
Cathy Clarke



Mike Clement  
Frances Coffin  
Tom Coghill



Jim Cole  
Lee Collins  
Bridgitte Comer



Jim Conlon  
Paul Consolvo  
Tim Cooksey



Lynne Cooley  
Joe Cooper  
Donna Corbitt



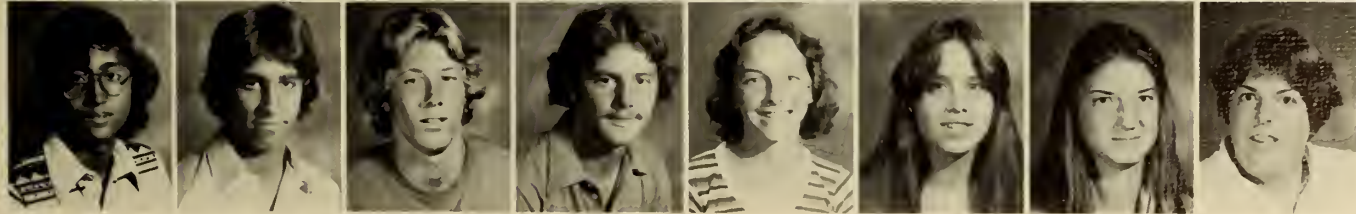
Jim Corleto  
William Cornick  
Robin Coulsting  
Mary Coupland  
Steve Cover  
Kent Cowell  
Lyn Cox  
Tim Craddock



Laura Crawford  
William Crawford  
Robert Creekmore  
William Creekmore  
Ed Crittenden  
Rob Crocker  
Fin Crowley  
Beth Curran



Tim Curtiss  
Glenn Custer  
Monette Dail  
Vickie Dailey  
Verdale Daily  
Celeste Daniels  
Jenny Darden  
Cary Davis



Angeles Delloro  
Pete Demchuk  
Mark Dennis  
Mark Desroches  
Carol Diederich  
Mary Dines  
Penny Dize  
Melissa Dodson



Jim Dollenmeyer  
Ann Doss  
Ranger Dough  
Janine Douglas



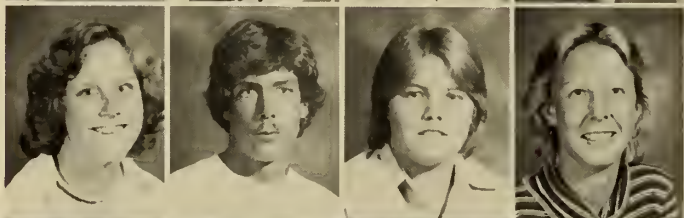
Ronald Doummar  
Terri Dove  
Wendy Drake  
Tim Drinko



Jerry Dubose  
Bill Dyer  
Harriet Easley  
Phillip East



Karen Eckstein  
Steve Ehrhardt  
Janelle Eldridge  
Laura Engel



Dawn Enlow  
Wendy Ennis  
Todd Erhardt  
Cindy Eshelman  
Brad Esinhart  
Rick Esposito  
David Estes  
Karen Ethridge



Beth Evans  
Danny Evans  
Carol Everton  
Steve Faini  
Fred Farinas  
Farsi Farzad  
Marvin Fentress  
Laura Fernandez



Steve Fernheimer  
Charles Fishel  
Maurice Fisher  
Mark Flanagan  
Cathy Fletcher  
Tish Florence  
Bill Flynn  
Leshia Forbes



Susan Forch  
Allen Ford  
Eric Fountain  
Patty Francis  
Keith Frazier  
Mike Freed  
Jack Freedman  
Berkeley Furniss



James Gage  
Heather Gaines  
Craig Gallagher  
Janice Galloway  
Bob Galway  
Mary Jo Gamba  
Sally Garrett  
Jimi Gatlin

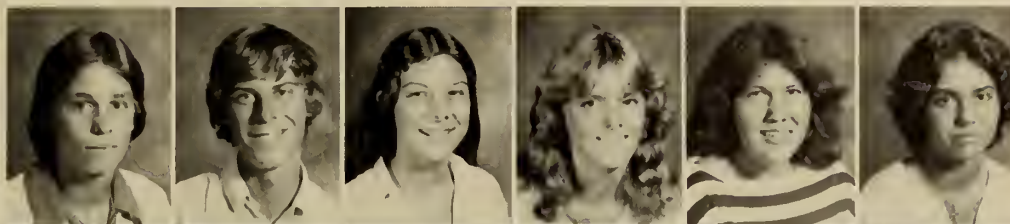




# Reflections



Harry Runkle listens in disbelief.



John Genesevich  
Bob Gentry  
Connie George  
Sherry George  
Amy Gerhausen  
Amy Gerhauser



Debbie Gessner  
Butch Gibson  
Sandy Ginn  
Robert Givin  
Wayne Gladin  
Patte Gleason



James Gloeckner  
Mitchell Godfrey  
Allison Gonzales  
Deborah Goodrich  
Sheryl Goodwin  
Chris Gorman



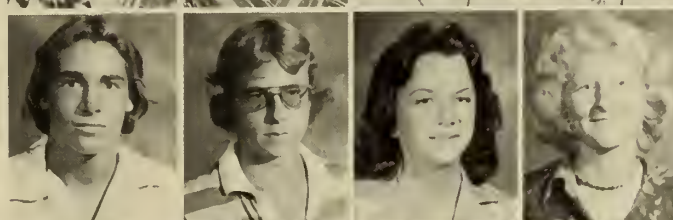
Shelley Grabinsky  
Charles Grandison  
Becky Griffin  
Roger Griffin  
Skip Haas  
Pat Hairston  
Rives Hall  
James Haltigan



Geoff Wolfe is lost in thought over his studies.



William Haltigan  
Sharon Hammer  
Matt Hancock  
Tricia Hankley



Joe Hanley  
Keith Harlan  
Lisa Harrill  
Melinda Harris



John Hart  
Steve Hartman  
Tim Hartsell  
Leslie Harvey



Jean Hatcher  
Mary Hawkins  
John Hayden  
Mike Hays



# Juniors Promote Spirit

Christy Haywood  
Kathy Haywood  
Charlotte Henderson



Holly Henry  
Nikki Hensley  
Craig Herrick



Dan Higginbotham  
Sandy Hill  
Roger Hinde



Rosemarie Hissam  
Brenda Hodkins  
Karen Hoel



Stuart Holland  
Cleophus Holsey  
Richard Hooker



Brian Horen  
Carol Horen  
Donna Houser



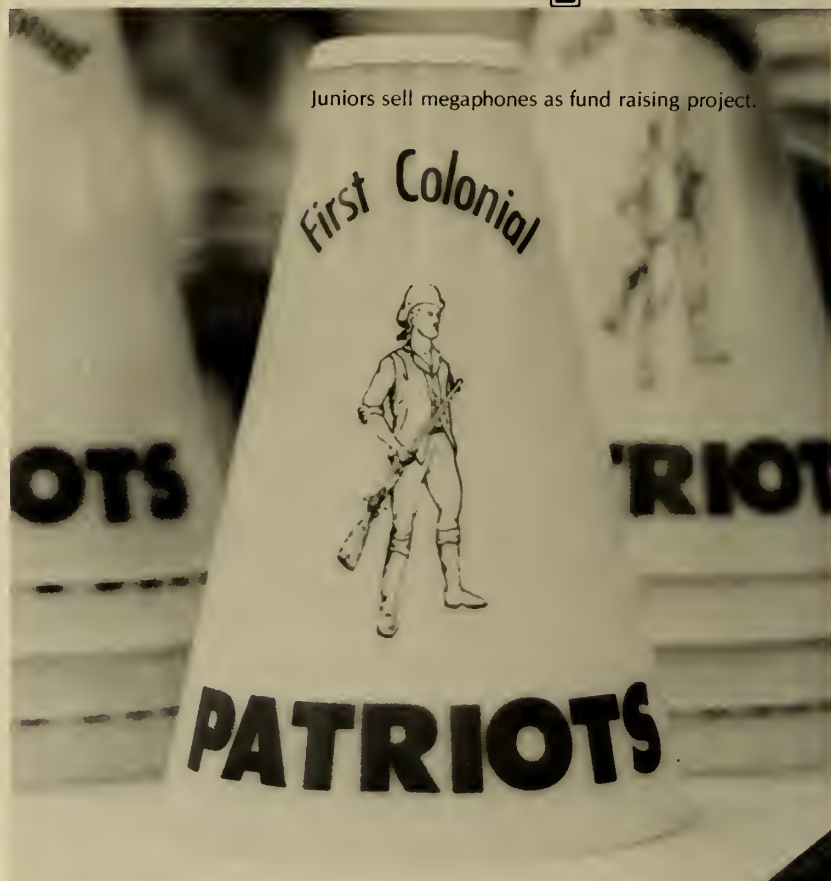
Jeff Howard  
Phil Hubbard  
Debbie Hudler



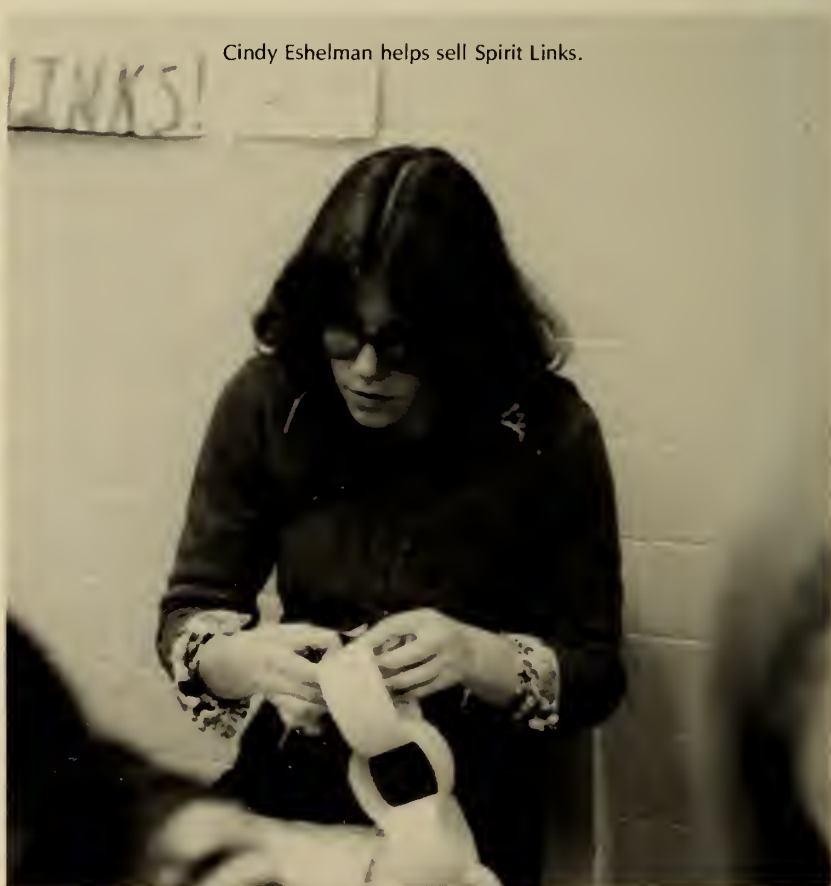
Scott Hudson  
Brian Huffman  
Carroll Huger



Juniors sell megaphones as fund raising project.



Cindy Eshelman helps sell Spirit Links.



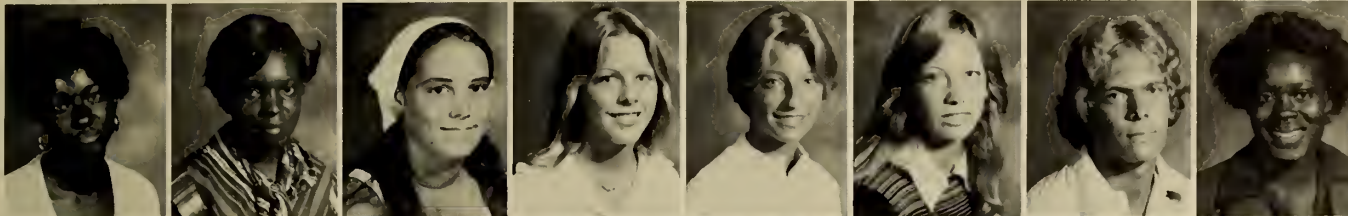




Annette Hughes  
Robert Hughes  
Valerie Hunt  
Richard Hurst  
Ralph Hutchins  
Ron Illingworth  
Helen Irby  
Stacey Ives



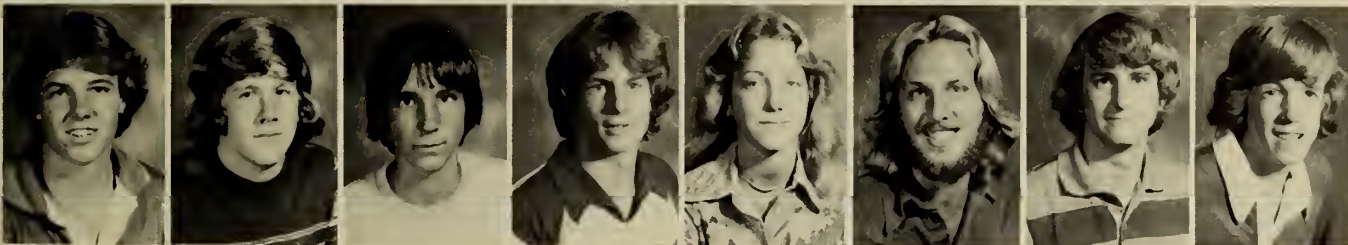
Lance Jackson  
Rebecca Jackson  
Debbie James  
Joy James  
Stevie James  
Troy Jarrett  
Amy Jennings  
Stephanie Jett



Gail Johnson  
Patricia Johnson  
Sharon Johnson  
Darcy Johnston  
Debbie Jones  
Elaine Jones  
Mark Jones  
Shirley Jones



Vicki Jones  
Stephanie Kamp  
Leslie Karnitschnig  
Susan Karvala  
Wesley Kavala  
Craig Kay  
Tony Kazmer  
Jimmy Kelly



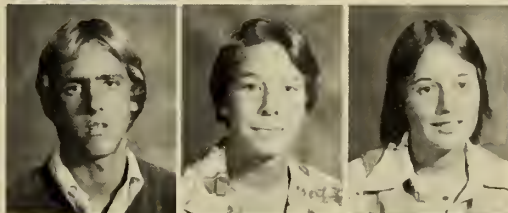
Richard Kelly  
Robert Kementher  
Jody Kemick  
Tim Kemp  
Vicki Kigerl  
Scott King  
Hon Kinzie  
Ken Knight



The selling of mums added a special touch to Homecoming festivities.



Sherry Knight  
Bob Kohrerr  
Andy Kollmorgan



Steve Kuehn  
Phyllis Kunkler  
Susan Lamb



Tracy Lamb  
Alvin Langly  
Cheryl Lassiter



Mike Lawlor  
Tom Lawrence  
James Lawson



# Homecoming

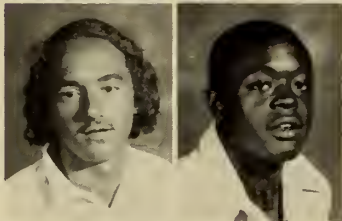
Debbie Leaks  
Loletha Leaks



Jacque Lee  
Rick Lett



Mike Lett  
Barry Lewis



Kelly Morgan devours a pie for the Juniors.

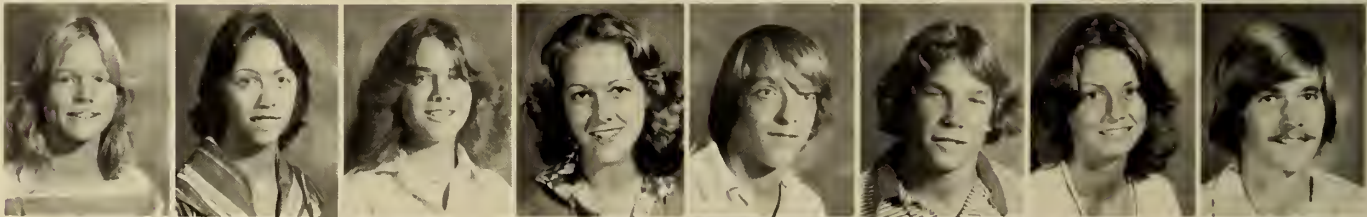
Crystal Lewis  
Allison Lex  
Joe Libbon  
Kevin Lineberger  
Nancy Linsly  
Gail Lipp  
Cathy Loiercio  
Angie Long



Steve Long  
Vicki Loper  
Ford Lowery  
Ned Lowery  
Larry Lowton  
Nelson Lucka  
Rick Lukei  
Norman Malbon



Robin Mandell  
Kelly Manning  
Vicki Markowski  
Lisa Marlow  
Kevin Marshall  
Gray Martin  
Kaytlen Martin  
Rick Martin



Greg Martinez  
Gail Martino  
Ronald May  
Patty Mayo  
Ellen McBride  
Scott McClintock  
Jon McConnell  
Mary McCormick



Melinda McCraw  
Martha McDaniel  
Jim McElligott  
Tom McKee  
Jim McLeod  
Susan McLuckie  
David McNulty  
Carter McRee





# Festivities



Almiede Meinicke  
Judy Meyer  
Amy Meyers  
Lourena Miles  
Bev Miller  
Mitzi Milius  
Don Minter  
Kathy Mitchell

Lisa Mitchell  
Diane Mizelle  
Bob Moe  
Angelina Moody  
Mindy Moon  
Lewis Moore  
Baker Mordecai  
Kelly Morgan

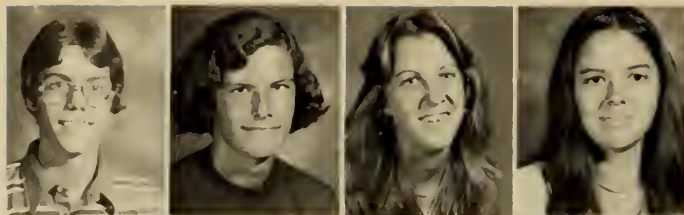
Brian Morris  
Paul Morris  
Pam Morse  
Karen Moscoffian  
Tyler Mosely  
Deborah Mundy  
Jana Munson  
Steve Murphy



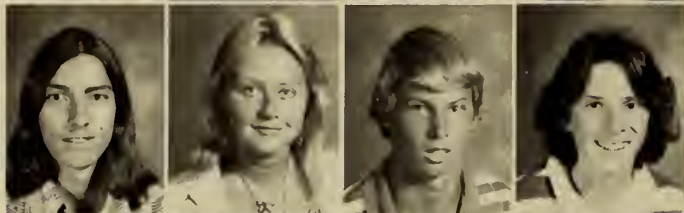
Patte Gleason concentrates in pie throwing contest.



Dale Myers  
Jim Nabors  
Susie Nagg  
Barbara Navarre



Steve Neely  
Angie Neinz  
Archie Newell  
Mitchell Nichols



Charlene Nissen  
Keith Nock  
Sharon Nolte  
Brian Norris



Al North  
Buddy Nosay  
Cathy O'Brien  
Chrissy O'Connor



Laura Oglesby  
Landie Olds  
Carroll Oliva  
Doug Onhaizer  
Audie Owen  
Sharon Owens  
Debbie Palmer  
Spencer Palmer



Whit Palmer  
James Pappas  
Beau Parcells  
Jerry Parker  
Pete Parker  
Phyllis Parker  
Terri Parker  
Cindy Partin



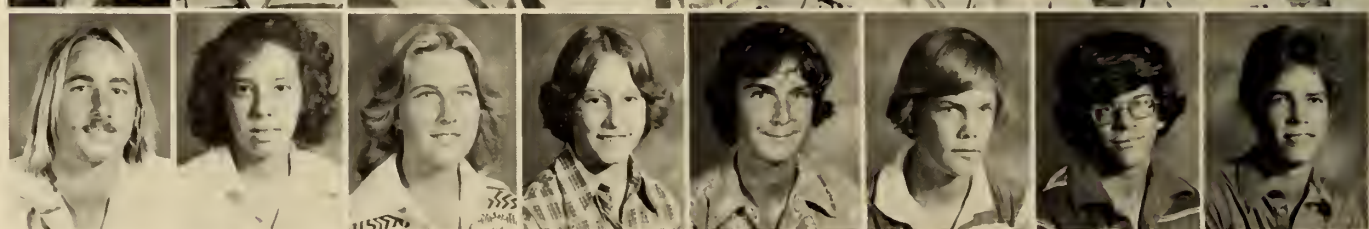
Chuck Payne  
Jim Peale  
Robert Pearsall  
Nicole Peltier  
Michael Penny  
Tanya Perrault  
Catherine Perrell  
Glenn Perrine



Judy Peters  
Mark Peters  
Liz Peterson  
Nancy Petroff  
Steve Phelps  
Laura Pillow  
Rocky Pitrone  
Becky Potter



Danny Powell  
Theresa Prats  
Jeanne Page Preston  
Karen Priolo  
Charles Purvis  
Brian Quigley  
David Rager  
Blake Ramsey



Juniors show enthusiasm at the Homecoming Pep Rally





# R-O-W-D-I-E



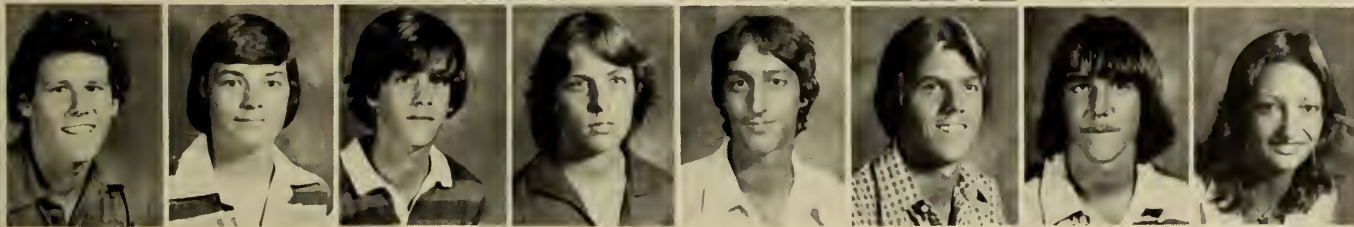
Danny Ramsey  
Steven Raper  
Laura Redford  
Mark Reiber  
Mary Renstrom  
Richard Revolinsky



Cindy Rice  
David Richlie  
Inez Riddick  
Bill Riesenbergl  
Joe Riley  
Mike Riley



Tom Riley  
Bob Rish  
Doug Robertson  
Kenny Robinson  
Sam Rockwell  
Swana Rodriquez



Dan Roland  
David Rosche  
John Roughley  
Cheryl Rowe  
Steve Rubin  
Harry Runkle  
John Rush  
Donna Rusk



Debbie Hudler helps lead the Juniors on.



Rusty Russ  
Perry Russell  
Vicki Ruth  
Susan Rutledge



Steve Sadowski  
Janet Salmon  
Mike Sanford  
Lisa Saunders



Gary Sawyer  
Pam Schaadt  
Patti Schaadt  
Jerome Schaum



Cathy Schmidt  
Dave Schrenk  
Frecia Scott  
Louise Seawell





Arriving at school, Harriet Easley was taken by surprise.

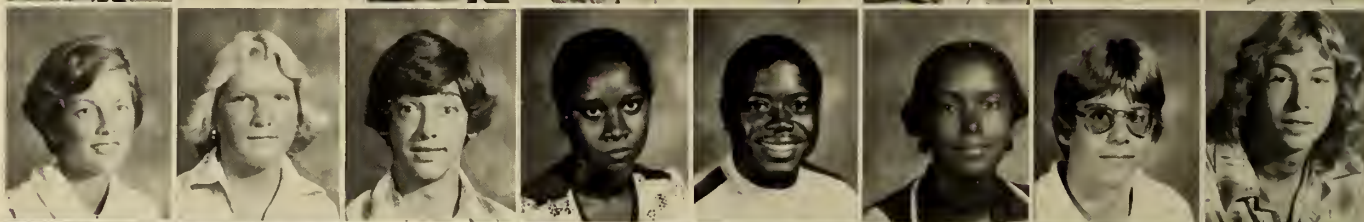
Laurie Seifert  
Kim Sellers  
Kathy Sexton  
Randy Shelin  
Rick Sherill  
Steve Sherwood  
Cindy Shipp  
Ed Sierra



Lawrence Sing  
Kevin Sjolund  
Kevin Slattum  
Sue Slye  
Alice Smith  
Brandon Smith  
Kathi Smith  
Pam Smith



Robin Smith  
Sandy Smith  
Harry Smithson  
Angela Snowden  
Chris Snowden  
Lynn Snowden  
John Snyder  
Scott Snyder



Tom Southern  
Baird Spicuzza  
Jesse Spute  
Jim Standing  
Tom Stanley  
Tracey Stanley  
Jana Staton  
Dave Stevenson



Tracy Stockton  
Ellen Story  
Susan Sturm  
Tom Sullivan  
Cecil Swain  
Paula Swindell  
David Swingle  
Levi Tarr



Liz Tarver  
Jennifer Taylor  
David Templeton  
Mitchell Terry  
Melanie Tillet  
Rosella Timba  
David Timms  
Melanie Tompson





# What Next?



Billy Torbush  
Raymond Toupin  
Jeanne Traub  
Jeff Triplett  
Bill Triscritti  
Annette Tucker  
Wes Turley  
Scott Turnbull

Betsy Turner  
Liz Tyler  
Rick Tyndall  
Adam Umperovitch  
Ward Valentine  
Rebecca VanLoen  
David Wales  
David Walker



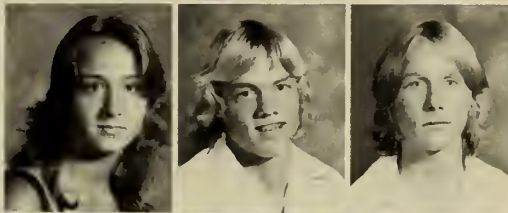
Jimi Gatlin tries hard to keep clean kitchen facilities in her Foods class.



Russell Walsh  
D.J. Walters  
Ernest Walters



Paula Warren  
Gail Waterfield  
Lisa Watts



Liz Watts  
Bart Weis  
Mike West



Cyndi Westburg  
Jeff Whetzel  
Teresa Whitebred



Donna White  
John White  
Mark White



Tracey White  
Eddie Whitehurst



# Time for a Break



Kevin Marshall takes time during the busy school day to eat lunch.

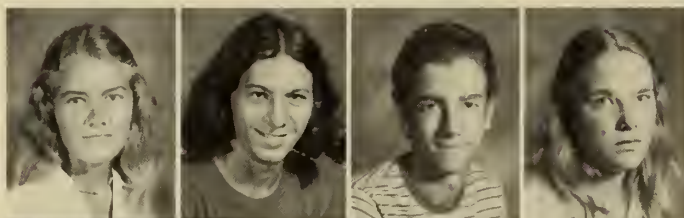


History class isn't all work.

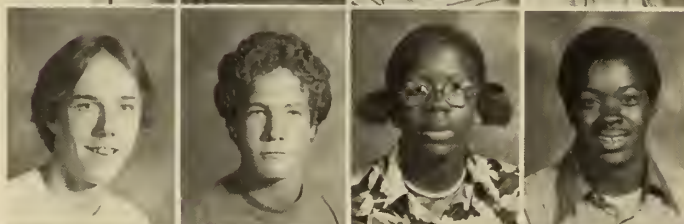
Cheryl Whiting  
Jerry Wild  
Michael Wiggins  
Carol Williams  
Demetress Williams  
Fidel Williams  
Rhonda Williams  
Stacey Williams



Cathy Wilson  
Howard Winn  
Charlie Wise  
Noreen Wolf



Geoff Wolfe  
Mike Wood  
Joselyn Woodhouse  
Willie Woodies



Bruce Woodson  
Anne Sidney Wool  
Ray Workman  
Mark Worrall



Barbara Wright  
Curtis Wright  
David Wright  
Rebecca Young



Mary Renstrom takes time out to refresh herself with a drink of water.





Chris Brownley is helped by his teacher.



Chris Persson, our Swedish Exchange student.



Spandy Zemany



Barbara Ziemba



Mark Zimmer



Robbie Zoll



Spandy Zemany relaxes during class.





Sophomore class officers: Hope Wilkinson, Secretary; Karen Blankenship, Treasurer; Jane Drewry, Vice President; Taylor Wright, President.

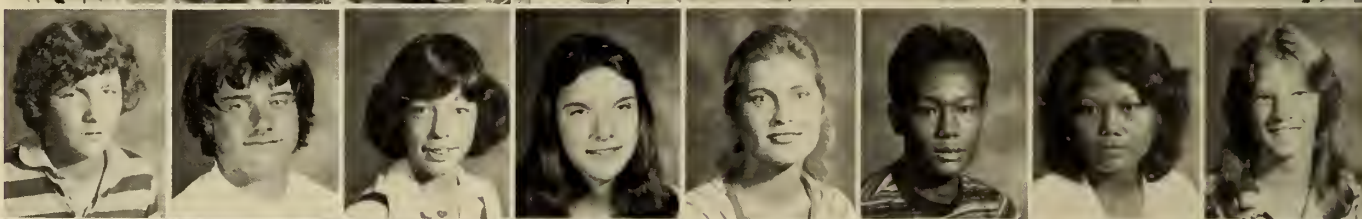
Kate Akright  
Gwen Albritton  
Patricia Albritton  
Jan Alexander  
John Alexander  
Brent Allen  
John Allen  
Kenny Allen



Randy Allen  
Donna Alley  
Melony Alley  
Ricky Allsopp  
Dell Ambrose  
Larry Ambrose  
Richard Angellatta  
Beth Ansell



John Ashworth  
John Aucamp  
Monica Avenson  
Majorie Ayer  
Leslie Ayers  
Danilo Badan  
Remedios Badan  
Shelly Bagley



Don Bahlman  
John Bailey  
Lora Baity  
Karen Ball  
Lisa Bankowski  
Debbie Bannister  
Denise Bapties  
Whitley Barcalow



Joey Barnes  
Susan Barnhart  
Sandy Bartman  
Marvin Baskerville  
Brian Beach  
Brenda Beale  
Penny Beam  
Rochelle Beardslee





# Class of '80



Even though new to our school the Sophomore class has united in spirit and cooperation to help make the class of '80 a name not to be forgotten. One of the Sophomores' largest projects took place during the fall when they undertook the task of building their Homecoming float. Even though the trophy did not belong to them, victory was theirs through the united effort put forth by all the Sophomores.

A money-making project was started this year which will hopefully extend throughout their years at First Colonial. Held twice yearly, the pizza buffet gave Sophomores a chance to become involved in their class.

Tim Zirnheld devotes his full attention to his work.



Shoot! What was that number?



Robert Beauchamp  
Alan Beck  
Jeff Beck  
David Beckel

Joe Beecher  
Doug Been  
Dana Bendall  
Billy Bendit

Jan Benegar  
Jimmy Bennett  
Terry Bennett  
Barbara Bersing

Joe Bessler  
Kim Betz  
Lauren Beyer  
Lisa Biggs

Allan Blackburn  
Tonya Blacksher  
Mary Blair  
Karen Blankenship



# Deep in Thought

John Bonbright  
Tony Boone  
Jesse Bottoms  
Kendall Bowden  
Arch Bracher  
Pat Bracher  
Brad Bradshaw  
Janine Bradshaw



Leesia Bradshaw  
Watson Braxton  
Damita Braye  
Todd Breen  
Gary Brink  
Brenda Brinson  
Cindy Britton  
Scott Britton



Andra Brooks  
Hunter Brooks  
Kathy Brothers  
Debbie Brown  
Gloria Brown  
Robin Brown  
Susan Brown  
Tim Brown



Troy Brown  
Todd Brownell  
Marie Brucha  
Sally Brunelle  
Keith Bryant  
Leigh Bryant  
Cheryl Bubeck  
Randy Buckelew



Steven Buergey  
Dawn Buffington  
Ellie Bull  
Lynn Bulla  
Martha Bunton



Mary Bunton  
Becky Burton  
Frank Butler  
Mark Caldwell  
Ricky Caldwell



Shirley Callis  
Frank Campbell  
Julie Campbell  
Michael Campbell  
Ronald Capps



Randy Carila  
Kenny Carlson  
David Carney  
Courtney Carpenter  
David Carroll

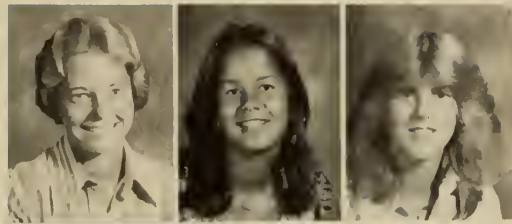


Chuck Metzler ponders over new surroundings.





Abbie Duncan sorts things out.



Sherry Carroll  
Laurie Carter  
Maureen Casey



Sharyn Casey  
Colleen Cassidy  
Mike Casson



Leigh Anne Caton  
Jerry Causby  
Jama Cawthon



Leisha Chambers  
Yvonne Chancellor  
Jeff Chandler



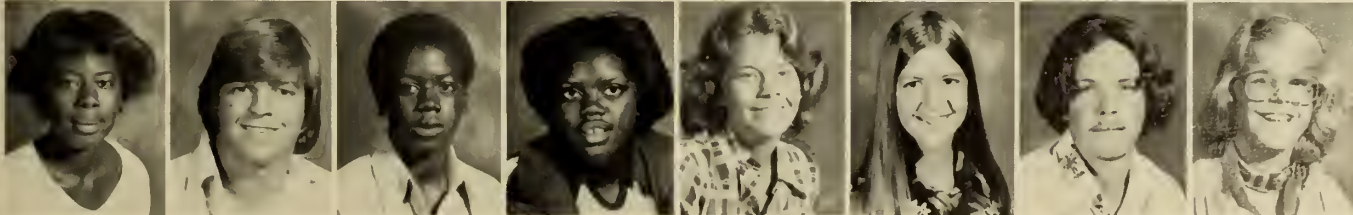
Sandra Cheney  
Paul Cherry  
Gina Chianelli  
Cindy Childress  
Brian Church  
Julie Clark  
Teresa Clements  
Danny Clemons



Beth Clugston  
Deborah Coffey  
Dickie Cole  
Pat Collick  
Sharon Collins  
Lynn Coltharp  
Patricia Compton  
Sean Connell



Corky Conner  
Ramona Consolvo  
Roxanne Conwell  
Rick Cook  
Ronnie Coons  
Mechelle Cooper  
Robert Cornelius  
Angie Cosentino



Felicia Coston  
Pat Cowan  
Edwin Cowell  
Valerie Cox  
Dawn Cramer  
Roine Crawford  
James Crayne  
Kathy Culbreth



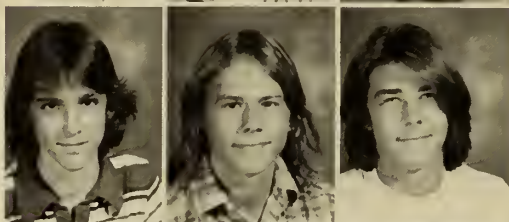
Mary Cumby  
Leslie Cuthrell  
Glenn Daly  
Wandra Dancy  
Sherry Daniels  
Charlotte Davenport  
Anthony Davis  
Ellen Davis



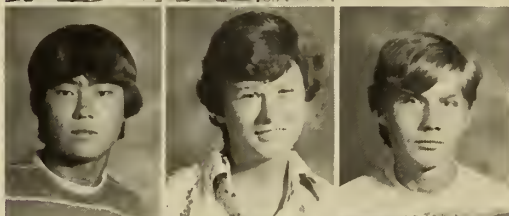
Jenny Davis  
Kelly Davis  
Teresa Davis



Troy Davis  
Richard Davison  
Scooter Deboxtel



Joseph Defazio  
Donna Defebo  
Terry Dellinger



Ruth Dena  
Keith Denman  
Mike Derring



Diana Dines  
Tracey Dingwall  
Mike Dixon  
Julie Donovan  
Scott Dormire  
Liz Doss  
Robert Doub  
Cheryl Dove



Mike Dover  
Lou-Anne Dreschler  
Jane Drewry



Stephen Drucker  
Dick Drylie  
Ben Dubois



Dean Dufault  
Abbie Duncan  
William Duval



New sophomores lead the way.



Learning the ways of F.C





# On the Go



David Eames  
Jayne Early  
Todd Eastlick  
Morts Edwards  
Susan Edwards  
Lori Eichner  
Joyce Elliot  
William Elliot

Loraine Eltch  
Gregg Emerson  
Daniel Eshelman  
Robert Eutsler  
Roger Evans  
Kathy Ewell  
Laura Ewing  
John Fairfield



Sherri Falkner



Stephanie Fall



Bill Fanney



Toni Fantino

Finally on our way home.



Marilyn Farinas  
Gary Felton  
Fred Fenner  
Frank Fentress  
Laird Fentress  
Suzanne Fichter  
Denise Finkbeiner  
Amy Finn

Lisa Fisher  
Steve Fleming  
Brenda Fletcher  
Debbie Fletcher  
Matt Flitton  
Tim Flora  
Sean Flynn  
Holly Foley



# Let's Communicate

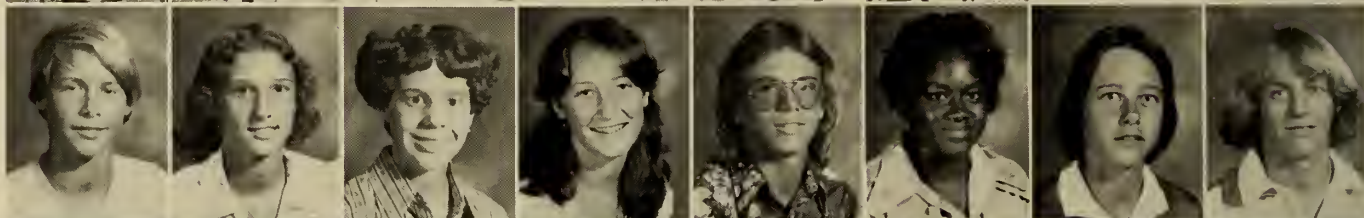
Wally Fontenot  
Brenda Forbes  
Rhonda Forbes  
Daniel Ford  
Veronica Ford  
Ann Fortenberry  
Chris Foshee  
Kent Francis



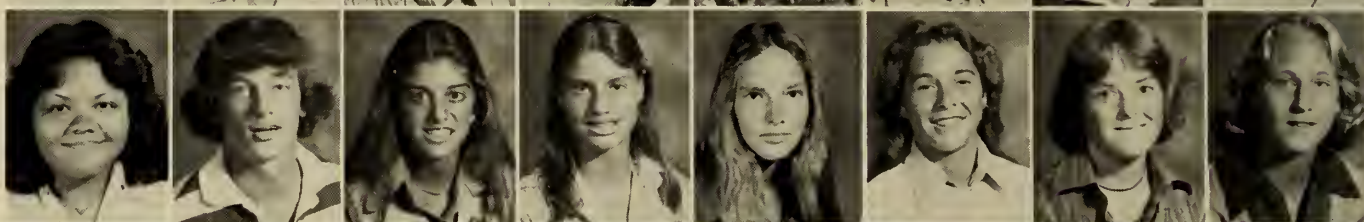
Trey Fraser  
Kay Freeman  
Malcolm Freeman  
Paul Freeman  
Susan Freer  
Anne Frierman  
Jeff Frizzell  
Bill Furlong



Eddy Furniss  
Pam Gallagher  
Kathy Galway  
Judi Anne Gamba  
Chuck Gardner  
Patricia Gatlin  
Johnny Gawrys  
Mike George



Frances Gifford  
Darrell Gilliland  
Jeanne Giuffre  
Kinney Glascock  
Rhonda Glasmar  
Dana Graves  
Barbara Gloeckner  
Laura Goodman



Jeri Goodwinn  
Geoff Gorman  
Richard Gravatt  
Eddie Graves  
Bryan Gray  
Bill Green  
Barbara Greer  
Jeff Groh



Miss Doerfler's German class stays hard at work.







Carol Haag  
Charley Hall  
Michael Haltigan  
John Hammer  
Jimmy Hancock  
Mike Hancock  
Tom Hanley  
Steve Harnish

Brenda Harper  
Shelly Harper  
Debbie Harris  
Angie Harrison  
Randy Harrison  
Barry Hart  
Becky Hart  
Margaret Hartman



Mel Stowers gets instruction from Junior Anne Broyles.



Liz Harwood  
James Hatchell  
Anthony Hawa  
Debra Haymaker  
Denise Hayungs  
Leslie Heath  
Pam Henderson  
Jerry Hess

Kim Hess  
Cindy Hewitt  
David Hewitt  
Ricky Hewitt  
Debbie Hicks  
Frank Hiehle  
Billy Hibe  
Mark Higginbotham



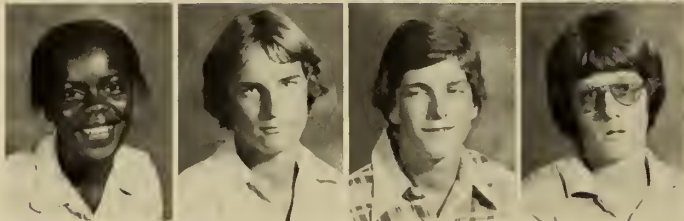
Barbara Hill  
Tricia Hill  
Theresa Hillegass  
Anthony Hills



Bill Hiltibran  
Laura Hines  
Terri Hodge  
John Hoffman



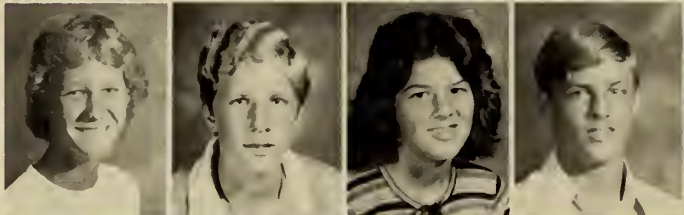
Sherri Hoggard  
Steve Holland  
Shade Honeycutt  
Roger Hoogerheide



Billy Hooker  
Mike Hooker  
Jim Hoover  
Terry Hope  
Allen Horton  
Heather Horrell  
David Howard  
Tim Howlin



John Hryskanich  
Keith Hudgins  
Kim Hudgins  
Allen Hughes  
Kim Hughes  
Marshall Hughes  
Paul Hughes  
Terri Hughes



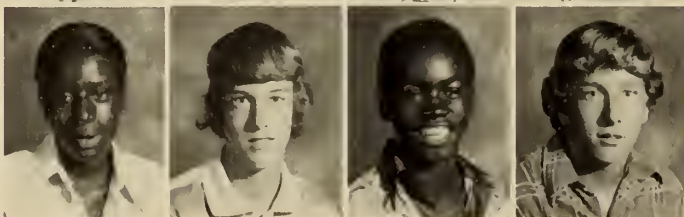
Max Hunter  
John Hurdle  
Kevin Illingworth  
Bruce Irish



Henry Jackson  
Kirsten Jackson  
Rob Jackson  
Janie Jacobson



Rene James  
Larry Jamerson  
Vernon Jenkins  
Clifton Jennings



Sophomore reaches perfection in shop class.



A Sophomore displays her talents in Home Ec. class.



# Perfection



Bryan Jessie  
David Jett  
Clarence Johnson  
Darrell Johnson  
Greg Johnson  
Guy Johnson  
Liz Johnson  
Carolyn Jones



Lonnie Jones  
Nina Jones  
Ron Jones  
William Jordan  
Terri Joshua  
Kevin Karn  
Lynwood Kearney  
Mark Keeffe



Debi Keeton  
Mike Kelly  
Edi Kemp  
Chris Kennedy  
Lovann Kennedy  
Trisha Kessler  
Kim Kimnach  
Lee King



Kli Kinzie  
Charles Kirkley  
Tracy Kitch  
Richard Kitt  
Timmy Kittrell  
Ralph Knapp  
Ann Knudson  
John Kochey



Sandra Cheney is all ears in German class.



Rege Krah  
Sherry Lallin  
Gloria Lamb  
Roy Lamberson



Nancy Land  
Bill Landers  
Robert Langley  
Jackie Lanning



Robin Larsen  
Tony Larsen  
Rene Lassiter  
Lisa Laucks



Joann Lawrence  
Finis Lawson  
Roger Lawson  
Debbie Leaks



# Not All Work

Beth Lee  
Helen Lee  
Sandy Lee



Robert Leipold  
Colleen Leonard  
Kevin Letourneau



Marilyn Levins  
Tom Lewellyn  
Lisa Lewis



Rena Lewis  
Rich Lewis  
Michelle Loll



Climbing the stairs to success.



Chris Loney  
Doug Loucka  
Russ Lovern  
Ann Lusk  
Lesia Lutz  
Patty Lynch  
Donna Majewski  
Lynn Manger



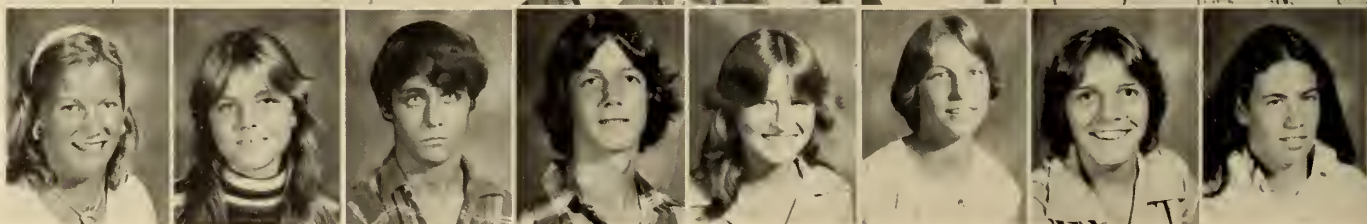
Carrie Manke  
Tommy Mapp  
Amy Markman  
Elizabeth Marks  
Tim Marrow  
George Marshall  
Todd Marshall  
Vance Marshall



Bruce Martin  
Carla Martin  
Cindi Martin  
Greg Massa  
Kelly Matthews  
Mary McCann  
Lisa McClendon  
Melodie McCloud



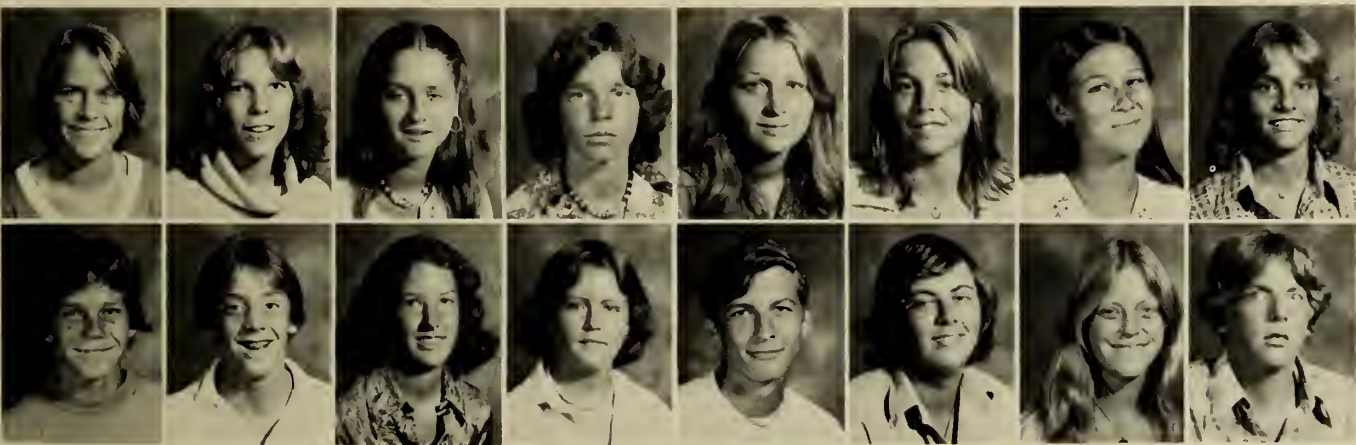
Amy McCorkle  
Jackie McCulligh  
Tim McDaniel  
Tim McDonald  
Brenda McGowan  
Polly McIndoe  
Amy McIntyre  
Debbie McKeever







My favorite subject!



Diane McLaughlin  
Debbie McMahan  
Debbie McNatt  
Michael McNatte  
Rhonda McNatte  
Jennifer McNulty  
Sherry McPherson  
Kathy McQuillan

Fletcher McRee  
David McTague  
Jessica Meekins  
Vicki Meekins  
Bruce Meeks  
Michael Meese  
Cecelia Melton  
Fred Metz



Jane Watkins defends her goal.



Chuck Metzler  
David Midgarden

Eliza Midgett  
John Midgett

Betty Mills  
Joe Mills

Dorothy Mitchell  
Mary Beth Mitchell

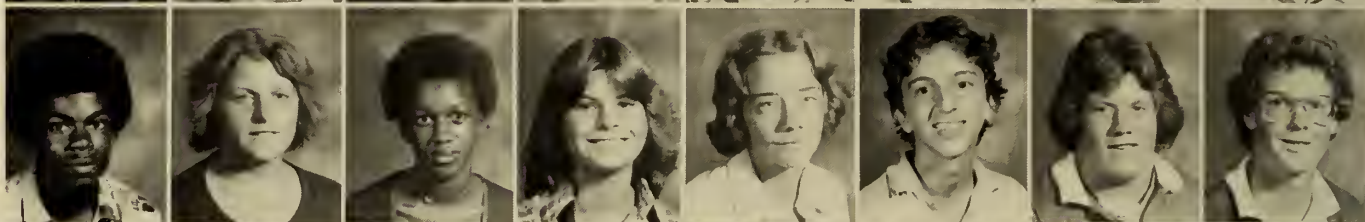


# Friends!

Ricky Mize  
Suzanne Moineau  
Keith Monday  
Lee Monroe  
Sheila Montford  
Ross Montgomery  
Debra Moore  
Kate Moore



Marco Moore  
Melanie Moore  
Melvina Moore  
Molly Moreau  
Glenn Morrill  
Keith Morrison  
Kelly Morris  
Bobby Mosby



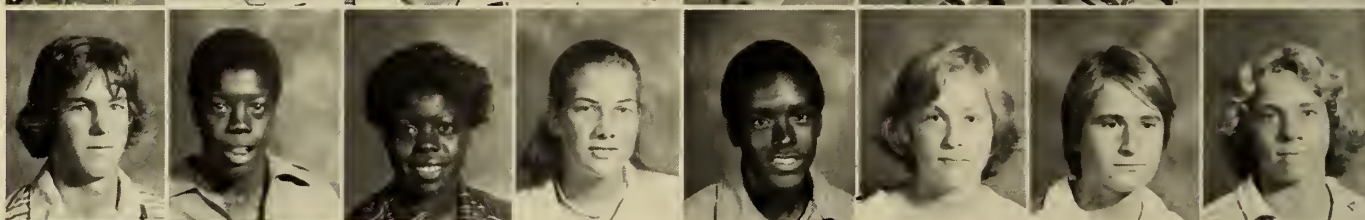
Kelly Moss  
Tammy Moss  
Margee Mulhall  
Mickey Mullaney  
Patti Mullin  
Diandra Mundy  
Cheryl Munford  
Melinda Munson



Bev Murphy  
Susan Murray  
Jim Nabors  
Cathy Napp  
Jimmy Nash  
Kevin Nelson  
Will Nelson  
Mike Newman



Paul Newsom  
Percy Nixon  
Regina Nixon  
Sandy Nixon  
Nichol Noell  
Elizabeth Oake  
Jon Ober  
Greg O'Gorman



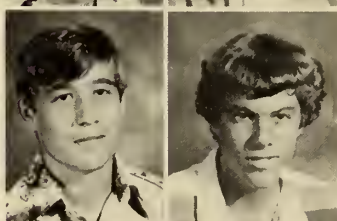
Allen Olds  
Esther Olds



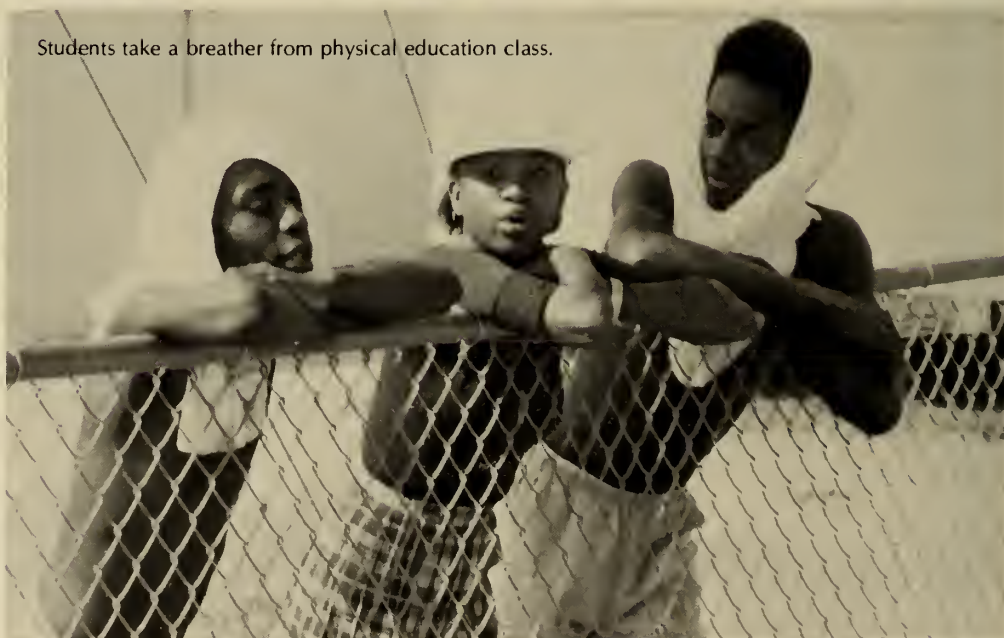
Barry O'Neil  
Penny Osborne



Steven Owen  
Bryan Owens



Students take a breather from physical education class.







Jeff Owens  
Yvone Owens  
Alice Pace  
Diana Pack  
Sandy Paganelli  
Pam Painter  
Carlton Palmer  
Milton Palmer



Andy Papenhagen  
Chris Pappas  
Britt Paris  
Susan Parker



Kim Parris  
Mary Pasquale  
Chris Patterson  
Heidi Paul



Greg Pawlowski  
Ken Peake  
Tom Pedicone  
Bill Perry



Andrew Pegram  
Raelynn Person  
Cheryl Peters  
David Petretto



Brenda Phillips  
Valerie Phillips  
Tim Picar  
Mary Pillis



Jeff Piper  
Tammy Platt  
Diane Plumeau  
Gabriela Plunke



Mary Potter  
Lisa Powres  
Terry Proctor  
William Proferes



Penny Pucket  
Chris Pudsey  
Diann Purris  
Arlein Puryear





Geraldine Quesada  
Sascha Rahnama  
Margen Reed  
Marina Reese



Laura Reid  
Carolyn Reynolds  
Lloyd Rhoades  
Anthony Riddick



Curtis Riddick  
Louis Riggs  
Don Rigolo  
Colleen Riley



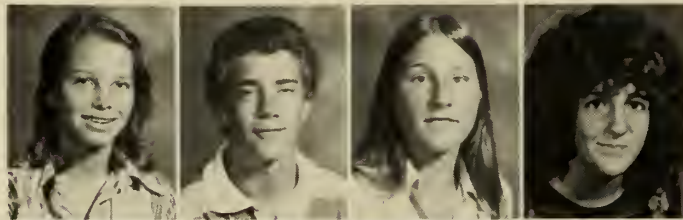
Tony Rios  
Robert Ronick  
Robin Rosen  
Brad Roshto



Jennifer Rouse  
Scott Royal  
David Runyon  
Ronnie Sadowski  
Mike Salmon  
Kevin Sanderlin  
Suzanne Sarvay  
Dianne Saunders



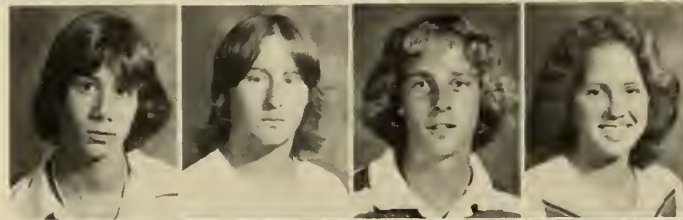
Liz Sayer  
Sam Scarborough  
Linda Schaadt  
Kim Scheffler



Richard Schlimgen  
John Schmidt  
Tammy Schmidt  
Valerie Scott



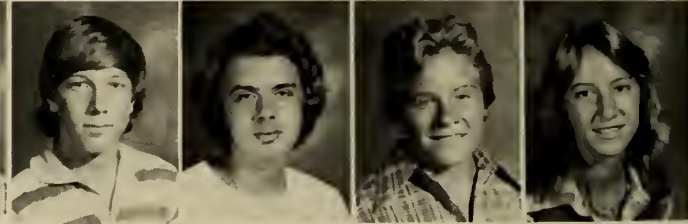
Andy Seaman  
David Secher  
Ches Shaffer  
Terri Shaffer



John Sherman  
Karen Sherwood  
Robin Shipp  
David Shortt



Exuberant students cheer  
as one at homecoming pep  
rally.



Sophomore participates in dress-up day.







# Fun & Games



Ann Siegel  
 Victa Sills  
 Margaret Simmons  
 Hilary Simon  
 Temece Simpson  
 Debbie Sipler

George Skipper  
 Keith Slattum  
 David Slawson  
 Bob Smith  
 Curt Smith  
 Jon Smith

Karen Smith  
 Kristi Smith  
 Mary Smith  
 Mary Smith  
 Susan Smith  
 Tammy Smith

Cindy Snodgrass  
 Angela Snowden  
 Sandy Snyder  
 Chris Soulerin  
 Joe Southern  
 Lloyd Spain  
 Annette Spellman  
 Ruth Ann Spellman



Nancy Standing  
 Leslie Startt  
 Sharon Staton  
 Sheila Staton

David Staub  
 Joseph Steadman  
 Kelly Stenger  
 Kim Stephenson

Bridget Stevens  
 Debbie Stevens  
 Eugene Stevenson  
 Thurman Stevenson

Jeffrey Steverson  
 Monica Stone  
 Mel Stowers  
 Allison Suter

Joey Barnes, you've got the cutest little baby face.



# Activities



Jeff Swoope



Pam Talkington



Sophomores participate with the SCA during the Neptune Festival.

Glenn Taylor  
Harold Taylor  
Larry Tanzie  
Russell Teabout  
Bernie Terveer  
Brenda Thompson  
Steve Thomas  
Edward Thorne



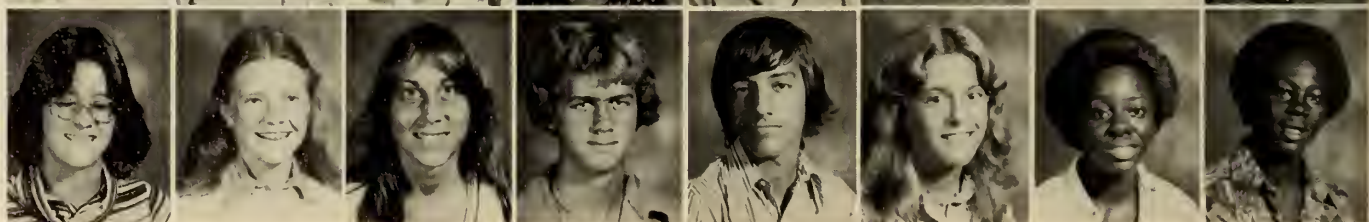
John Thourgood  
Bubba Tickle  
John Todman  
Eddie Tolson  
Edgar Tolson  
Steve Townsend  
Buddy Trafton  
Carl Trost



Ann Travers  
Carol Travis  
Sharon Twine  
Brenda Tyler  
Elizabeth Vaeth  
Elizabeth Vambell  
George Valdespino  
Susie Vaughn



Wendy Vaughn  
Melayne Venable  
Patty Via  
John Volansky  
Mike Vollrath  
Patty Wagner  
Joanne Walker  
Joshua Walker







Lon Walker  
David Waller  
Jeff Waller  
Wendy Walston  
Steve Walter  
Lee Wand  
Sonia Ward  
Jane Watkins



Glenn Watson  
Greg Webb  
Rick Weeks  
David Weimorts  
Clarice Wegsyn  
Ralph Weller  
Charles Wermers  
Brent West



Cheri Whetzel  
Bob White  
Scott White  
Tarry White  
Crystal Whitehurst  
Eddie Whitehurst  
Sharol Whitehurst  
Laura Whitely



Tammy Wigent  
Christine Wiggins  
Philip Wilder  
Hope Wilkinson  
Steve Willey  
Emily Williams  
Joyce Williams  
Lisa Williams



Pam Williams  
Tony Williams  
William Williams  
Denise Willis  
Doug Wills  
Daniel Wilson  
Margaret Wilson  
Scott Wilson



Suzu Wilson  
Valerie Wilson  
Sandra Wise  
James Wisniewski  
Tori Witchey  
Geraldine Withrow  
Lisa Wittse  
Bonnie Wolford

Petra Zauzig keeps in tune.



Kathy Wolfram  
Cindy Wood  
Glenn Woolcott  
Carroll Worlds



Cheryl Wright  
David Wright  
Taylor Wright  
Robert Wysocki

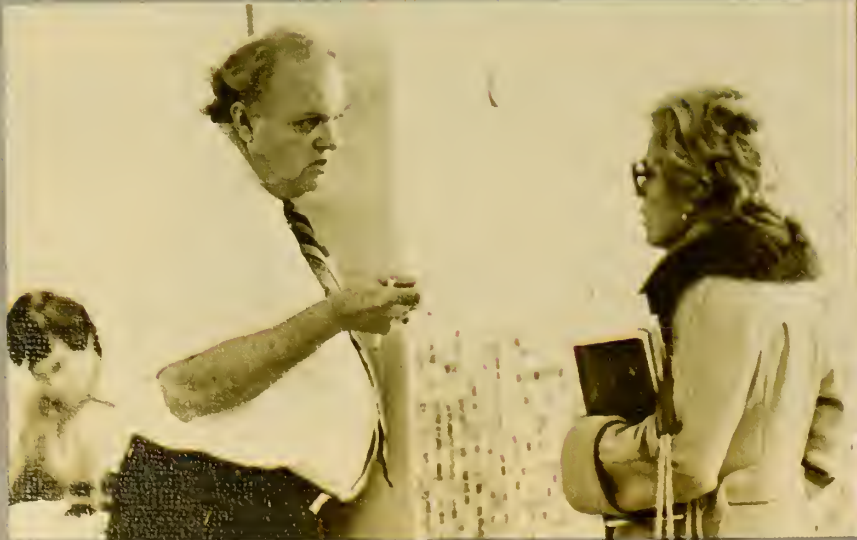


Jim Young  
Petra Zauzig  
Tim Zirnheld  
Dennis Zollicoffer






# Faculty







Teachers often assume many different responsibilities and roles such as friend, advisor, or disciplinarian, as well as teacher. To fill these roles it takes an understanding and patient person. First Colonial is lucky to have teachers who are willing to participate in out-of-classroom activities. From organizing a field trip to sponsoring a club or class, these teachers emphasize the belief that we can learn from our experiences. These dedicated teachers fought their negative image while trying to impart some knowledge into our sometimes stubborn minds.



# DIRECTION...

"No school year could be successful without a student spirit of togetherness. Working toward a single goal or achievement often results in the greatest accomplishments man can know. Within the small world of First Colonial High School, we are striving to see that togetherness is reflected — to whatever degree of success — in the seeking of a common goal . . . pulling for our team . . . sharing friendships . . . asking questions . . . looking for the answers . . . enjoying victory . . . learning from defeat . . . laughing at things that were funny . . . thinking about things that were not . . . being in a large group . . . being in a small group . . . sometimes not being in a group at all . . . sharing the joys of the holidays . . . attending the special occasions . . . the improvement of our own standing . . . and wishing all the best regardless of the perspective."

— Joseph J. Owens



Tom O'Brien discusses an upcoming pep rally with Mr. Smith.



Mr. Kenneth Lumpkin  
Assistant Principal of Instruction  
B.A. Elon College, M. Ed. U. Va., C.A.S. O.D.U.



Dr. E.E. Brickell  
Superintendent of Schools





Mr. Joseph J. Owens, Jr.  
Principal  
B.S. Ca. State, M. Ed. U. Va., C.A.S. O.D.U.

Two new administration members enriched First Colonial's faculty this year. Mr. Lumpkin, A.P.A., comes to First Colonial from Kempsville Junior High; he spent eight years in the junior high school system. As Assistant Principal of Instruction, he supervises instructional personnel, classroom instruction, the evaluation of students, and curriculum development. Familiarizing himself with the senior high program was one of his main interests for this, his first year at First Colonial.

Mr. Smith, Assistant Principal of General Administration, is responsible for the orderly conduct and discipline of students; he also supervises the maintenance of the grounds, and he assists in planning athletic events, forensics, and special assemblies.

Mr. Roberson, joining Mr. Smith as an A.P.A., also spent several years with junior high schools; however, he

is not new to the Patriots. At the time of its opening, Mr. Roberson was at First Colonial as a teacher. His duties include directing transportation of students, securing substitute teachers, handling student absences, and coordinating the textbook program. When asked if he perceived any obvious changes since his departure ten years ago, he replied "No." Then after a pause he added with a smile, "It's just like coming back to F.C."



Mr. Ray Smith  
Assistant Principal of Administration  
B.S. Atlantic Christian, M. Ed. U. Va.



Mr. John Roberson  
Assistant Principal of Administration  
B.A. E.C.U., M.A. E.C.U., C.A.S. O.D.U.

## ...NEW LEADERS



# CLERKS

"There is only one thing to say:" quoted one secretary jokingly, "We run the school." This statement may not be totally accurate, but it comes closer than most people think. Mrs. Noble, the Head Secretary, is the principal's secretary and the office manager. Mrs. Woolcott types the correspondence for the three assistant principals. The registrar, Mrs. Warburton, deals with all registering and transferring students, and keeps track of school records. Work permits, bulletins, and attendance records are handled by Mrs. Hosier. Mrs. Fifield, the bookkeeper, manages all school money. If that's not running the school, what is?



Mrs. Anne Warburton



Mrs. Darlene Noble



Mrs. Phyllis Hosier



Mrs. Joyce Woolcott



Mrs. Nancy Fifield

# NURSE

In her fourth year as nurse at First Colonial, Mrs. Girard does more than take temperatures and write notes. An average day involves tending injured P.E. students, making phone calls for students who must go home, providing comfortable areas where students may rest when ill, and — of course — taking temperatures. Mrs. Girard is also asked to be on hand

during extra-curricular activities such as the Homecoming Parade and Saturday morning testing sessions. One of the biggest problems she faces is the arrival of students at the clinic without notes from their teachers. Testing the entire tenth grade for general health is one of Mrs. Girard's many duties.



Mrs. Mary Girard  
R.N. St. Francis Hospital School of Nursing



# GUIDANCE: HELPING US HELP OURSELVES



Mrs. Shirley B. Hangen  
Guid. Counselor  
A.B. Gettysburg, M.Ed. Wm. & Mary

Guidance, as a part of the total educational process," states one counselor, "is a service performed to promote the growth of individuals. Realizing that each individual has unique needs, guidance helps students in solving developmental tasks of life. Guidance examines not only the individual's emotional, social, and intellectual needs as they pertain to the school, but also his life space — all facets of the community."

These lofty ideals involved many exacting tasks which include aiding students in completing their five year

plans, advising on careers, administering standardized tests, and arranging conferences. Counselors do not make schedule changes; they merely suggest possible modifications. This fall the Guidance Department sponsored Career Night and College Night, both of which were extremely successful.

For the first time, guidance organized a re-orientation program to acquaint sophomores and their parents with school procedures and graduation requirements.



Mr. Gus G. Polizos  
Guid. Counselor  
B.A. Ill. Wesleyan



Mrs. Bernadine Rasberry  
Guid. Counselor  
B.A. Va. Union, M.A. Hampton I.



Miss Katherine Reilly  
Guid. Counselor; N.H.S.  
B.A. Brenau, M.Ed. U.V.A.



Mr. B. Thomas Copley  
Guid. Dir.; B.A. Lynchburg  
M.Ed. Wm. & Mary, C.A.S. ODU



Mr. Polizos listens attentively as one of his many students relates a difficulty.



Ms. Gloria Stenzhorn  
Guid. Counselor  
B.S. Longwood, M.Ed. Wm. & Mary



Rita Nyland  
Guid. Secretary  
Morgantown Bus.



# MORE THAN BOOKS

Variety is an outstanding characteristic of the First Colonial library. A diversity of materials is available to every student: records, slides, filmstrips, soundfilms, periodicals, and — of course — books may be all checked out.

Two of the goals set by Mrs. Arendt, the Head Librarian, for the year are to expand the library's paperback book collection and to provide more class instruction on

library skills.

A paperback book drive was held during Book Week in November, and students were encouraged to bring in their old books to contribute to the collection.

One unchanging aspect of the library is the atmosphere of peace that draws students to study, think, or just read a good book.



Mrs. Sherry Arendt  
Head Librarian  
B.A. Cornell, M.A. Univ. of Iowa



Mrs. Mary Stewart Darden  
Asst. Librarian  
B.A. Salem College



Mrs. Ruth Barco  
Asst. Librarian  
B.S. E.C.U.



Mrs. Anne Hopewell  
Lib. Secretary



Mrs. Joann Trafford  
Lib. Secretary

# WHAT'S COOKING?

Preparing lunches for an average of 950 students a day is an immense task, but the cafeterians at First Colonial handle this job with apparent ease. The cafeteria offers a varied menu: different types of lunch plates, bag lunches, salads, and desserts are served every day. First Colonial is very fortunate to have such an experienced and skillful staff to manage the lunchroom.

Mrs. Ruth Keiger  
Head Cafeterian



Front Left: Mrs. Bryant, Mrs. Alligood, Mrs. Herald, Mrs. Doss, Mrs. Reich, Mrs. Reddick, Mrs. Shaw, Mrs. O'Neil, Mrs. Chamberlain, Mrs. Salata, and Mrs. Keiger.





Mr. Bill Combs  
ICT I, II; VICA Sponsor  
B.A. Univ. of Tennessee

# THE TOOLS OF TRADE

Training students in marketing and retailing careers is the purpose of Distributive Education. DE I classes stay in the classroom learning attitudes and skills to use in obtaining jobs. Students taking DE II and III attend school part-time and work part-time in marketing situations. A new book, called Learning Activity Packages, is now being used by the DE classes.

The goal of the Inter-Cooperative-Training course is to provide a student with the skill he needs to get a job after he graduates. ICT students also split their time between school and work, but they are involved in vocational jobs such as mechanics and plumbing. After having no textbooks last year, ICT classes are now using two.



Mr. Thomas W. Speelman  
DE I, II; DECA Sponsor  
B.A. Univ. of Pittsburgh, B.S. O.D.U.



Mr. Larry Brown  
DE I, II, III; DECA Sponsor  
B.A. Catawba College



## A NEW PROGRAM: ISS

The main goals of In-School-Suspension are to improve student behavior, to develop self-discipline, and to keep students in school as students.

Students assigned to ISS report to room 703, where they are given work assignments of a practical nature which they must complete before being released. Students are also given the chance to express their feelings on school policies in a group discussion led by the instructor, who emphasizes personal and administrative responsibility.

Mr. Darden, though in his first year at First Colonial, is no novice. He taught high school P.E. for fifteen years, fourteen of which he coached football. On deciding to retire as a coach, he accepted the ISS position at First Colonial.

In-School-Suspension is nothing new either. In its third year at another Beach school, it cut down on fifty percent of the suspensions. Although no such dramatic results are yet evident at First Colonial, the program is judged to be highly beneficial to both students and teachers.

Mr. Josh Darden  
ISS Coordinator  
B.S. Norfolk State



# EXPLORATION AND DISCOVERY

Science is defined as a branch of study concerned with observation and classification of facts chiefly by hypothesis and induction. The First Colonial Science Department has been performing its own experiments lately. Last year the chemistry classes were rotated every six weeks so that the classes had Mr. Swann and Mrs. Pardue each for half a year. This year the arrangement is more comparable to team-teaching than rotation; students may be instructed by both teachers in one day. Biology students have new books which

contain more facets of that branch of science; Mr. Hoskins says that these books will be "hopefully much better" than the previous ones.

Evidently the Physics course has become popular; Mr. Turk has four classes this year as opposed to two classes last year.

The Science Department is certainly practicing what it preaches; it is to be hoped that the conclusions reached are entirely satisfactory to both students and teachers.



Mr. Robert Swann  
Chemistry; Chess Club Sponsor  
B.S. Hampden-Sydney, M.S. O.D.U.



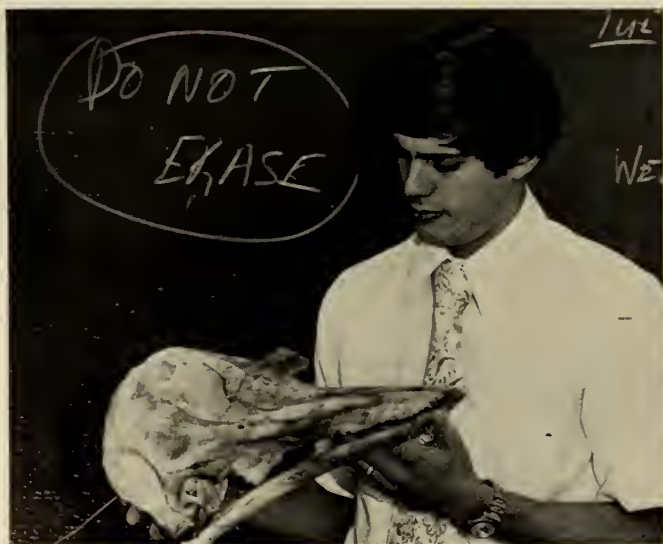
Mrs. Patricia Hallatt  
Biology  
B.A. O.D.U.



Mrs. Carolyn D. Pardue  
Chemistry; Sci. Careers Club Sponsor  
B.S., M.S. Univ. of Ala.



Mrs. Orena Cassidy  
Biology; EGG Inc. Sponsor  
B.S. Univ. of Fla.



Mr. Rick Grant  
Earth Sci., Biology; AEC Sponsor  
B.S. O.D.U.



Mr. Ralph Hoskins Dept. Chair.  
Bio, E. Sci; Aero-Space Club Sponsor  
B.S., M.S. O.D.U.



Mr. Carl Turk  
Physics, Geom; Jr. Civitan Club Sponsor  
B.S. U.S. Naval Acad., M.A. O.D.U.



# BUSINESS



Miss Ann C. Peele  
Bkkg, Per. Typ., Bus. Law  
B.S. Norfolk State, M.S. V.P.I. & S.U.



Mrs. Jean S. Gordon  
Steno. I; F.B.L.A.  
B.S. Ind. Univ. of Penn., M.S. V.P.I. & S.U.

The program of instruction in business education is geared toward meeting the needs of individuals in our community. All students may take "personal-use courses" (personal typing, notehand, and business law) and learn to function more adequately in our society. Students pursuing a career in business or office education take a variety of vocational courses and develop skills which they will need for initial employment purposes and later for advancement in their chosen field. These courses include general business, typewriting, bookkeeping, and advanced courses in stenography and clerical typing. The business department's co-curricular activity is Future Business Leaders of America. FBLA is an important phase of the total program in business education.



Kathleen Malone  
Per. Typ., Typ I  
B.S. Norfolk State, M.S. Va. State



Miss Jane W. Shell Dept. Chair.  
Per. Typ., Notehand; F.B.L.A.  
B.S., M.S. Madison



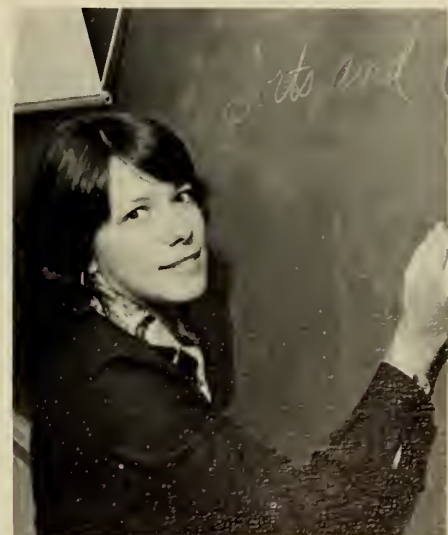
Miss Zenta Jefferies  
Gen. Bus.; F.B.L.A., Black Culture Club  
B.S. Norfolk State College



Mrs. Jean S. Harrison  
Steno. II, Cl. Typ. II  
B.S. Madison, M.S. V.P.I. & S.U.



Mrs. Louise Reid  
Typ. I; F.B.L.A., Black Culture Club  
B.S., M.Ed Va. State College



Mrs. Susan Chewning  
Business Law, Typ. I; F.B.L.A.  
B.S. Longwood



# MATH: THE QUEEN OF SCIENCE

One quote currently circulating on the subject of math states "Mathematics is not a spectator sport." Math is the study of intricate and fascinating systems of relationships, and to understand (and enjoy) them fully a student must apply his full learning potential.

A new program this year involves the separation of algebra and trigonometry. For the first time, Algebra II is offered as an independent course in the hope that students will retain the principles of

algebra for a longer period of time. Next year Trigonometry will be offered as a semester course.

During the extended fifth bell Ms. McClure and Ms. Cox show their classes films dealing with the more interesting aspects of math, such as mathematical paradoxes.

The department welcomes two new teachers: Mr. Randy Wells, who teaches Math III and Geometry, and Mrs. Wendy Lewis, who teaches Consumer Math and Geometry.



Mrs. Betsy Durrant  
Gen. Math 9, Alg I part II  
B.A. Duke Univ.



Ms. Louise Cross  
Alg II — Trig, Geom.  
B.S. U.N.C.



Ms. Nancy McClure Dept. Chair.  
Calculus, Math Anal.  
B.A. U.N.C.-G., M.A. S. Meth. Univ.



Ms. Carolyn Cox  
Alg II-Trig, Prob and Stat; Computer Club Spon  
B.A. James Madison Univ.



Mrs. Judy Warner  
Alg II, Alg II-Trig, Math Anal.  
Student Activities Director; B.S. Wm and Mary



Mr. Randy Wells  
Math III, Geom.  
A.B. Point Loma College





Ms. Olive Daughtry  
Elem. Alg. II; Black Culture Club Sponsor  
B.A. Va. Union, M.A. Hampton Inst., P.D. Teamer Sem.



Mrs. Wendy R. Lewis  
Consumer Math, Geom.  
B.A. Univ. of Pa., Ed. M. Temple Univ.



Mr. Bob Blenner  
Geom., Alg II; Baseball, Basketball Coach  
B.A. William and Mary



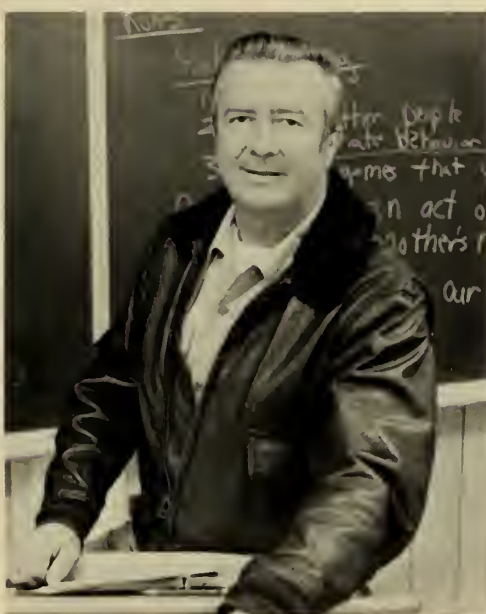
Mr. Harry Midgette  
Geom., Alg I  
B.S. O.D.U.

## NJROTC

Courses in Naval Science include oceanography, astronomy, navigation, and naval history. A welcome change from last year is the consolidation of the material from seventeen books into three. Also, the curriculum for the Maritime History course is now supported by audio-visual materials. For the first time, Cdr. Lackore and Chief McCarron are sponsoring a Naval Science I course at Virginia Beach Junior High School. This class has more applicants than available spaces, an indication that young people are becoming more interested in the excellent NJROTC program at First Colonial.



Cdr. R.C. Lackore Dept Chairman  
Naval Science; Color Guard and Drill Team  
B.S. Rutgers Univ.



Chief John McCarron  
Naval Science I, II, III  
Rifle and Drill Team, Color Guard Sponsor



# ARTS OF EXPRESSION

Language Arts is the study of effective and proper communication in the English language; it encompasses written, spoken, and dramatic expression. English teachers instruct mainly in the written area; grammar, vocabulary, and composition all contribute to a student's writing ability, but these skills also overlap into oral and dramatic types of expression. Although the English Department has always stressed it, this year a special emphasis has been put on composition, both formal and informal. The experimental Aspire program, in which several classes participated last year, was so

successful that the department is continuing with incorporating Reading into English.

In Debate classes, students learn the art of effective speaking. Both the Forensics and Debate teams compete in local and state competitions. Ms.

Sharpe is the president of the Tidewater Debate League.

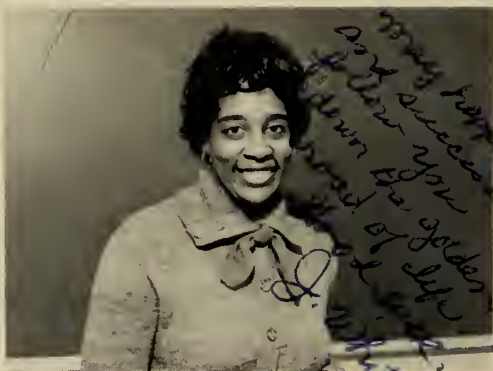
Drama is a growing subject at First Colonial. Students learn basic theater arts such as costuming, lighting, and make-up. Drama I classes concentrate on the essentials of speech and movement while Drama II, III, and IV classes work more extensively in off-stage aspects of drama as well as acting.



Students from Mrs. Harper's drama class help with the set construction of *The Canterbury Tales*.



Mrs. Jolaine S. Peace  
Eng. 11S, 11R  
BA Bethany, MA U. of Birm.



Mrs. Joycelyn Whitehurst  
Eng. 11R, 11A; Black Culture Club  
B.A. Norfolk State



Miss Alice Widman  
Eng. 11A, 12R; EGG Inc. Sponsor  
B.A. Ohio Univ., M.Ed. U.V.A.



Miss Debbie Floyd  
Eng. 10A, Journalism I, II  
The Town Crier; B.A. V.P.I. & S.U.



Mrs. Sandy Brown  
Eng. 10A, 10R  
B.A. Va. Wesleyan



Mrs. Dorothy H. Robbins  
Eng. 10A, 10R; Senior Class Sponsor  
A.B. R-M.W.C., M.Ed Wm. and Mary





Miss Kay Gore  
Eng. 11A; Senior Class Sponsor  
Literary Magazine; B.F.A. V.C.U.



Mrs. Mary Joyce Harper  
Drama I, II, III, IV, Eng. 12A  
Drama Club, Thespians; B.A. Va. Wesleyan



Mrs. Barbara Owens Dept. Chairman  
Eng. 12A, 12S  
B.A. U.N.C.-G., M.Ed. Wm. and Mary



Mrs. Carolyn P. Griffin  
Eng. 10A, 10S; Soph. Class Sponsor  
B.A. Frederick College



Mrs. Christine Sharpe  
Speech I, II, Eng. 12A; Debate Team  
B.A. Longwood



Mrs. Randall M. Dubois  
Eng. 10A, 11A; Soph. Class Sponsor  
B.A. Greensboro College



Ms. Martha Dozier  
Eng. 10A, 10S  
B.A. Longwood



Mrs. Jane Conley  
Eng. 12A, 12R  
B.A., M.A. State Univ. of N.Y.



Mrs. Betty Rogers  
Eng. 12A, 12S  
B.A. Mary Washington





Mr. John Webster  
Eng. 11A, 12A  
B.A. U.N.C.



Ms. Sharyn Kuhn  
Eng. 9A, 10A; Jr. Class Sponsor  
B.A. William and Mary



Mrs. Sharon Haring  
Eng. 11S, 11A, World Lit., Adv. Comp.  
N.H.S. Sponsor; B.A. Catawba College

# GRACIOUS LIVING

The purpose of the Home Economics courses is to help students grow in all aspects of the home — food, clothing, marriage, and child-care all are covered. Two course names have changed since last year: Child Development is now called Effective Parenting, and Housing has been renamed as Interior Decorating. Home Ec. classes are especially

active. Interior Decorating classes visit furniture, carpet, and drapery stores to observe furniture construction and styles; Clothing classes plan to coordinate a fashion show to enrich their curriculum. Effective Parenting classes do actual work in kindergartens to gain experience, and the whole department holds a Christmas tea for the faculty.



Mrs. Elizabeth Callan  
Home Ec. V, Child Dev.  
B.S. Hampton Inst.



Ms. Margie H. Grindle  
Foods I, II, Marr. & The Family; F.H.A.,  
Cheerleader Sponsor; B.S. Campbell Col.



Mrs. Karen Dodd Dept. Chairman  
Clothing I, II, Interior Decorating  
F.H.A. Sponsor; B.S., M.S. V.P.I. & S.U.



Home Ec. students experiment with different foods to discover the best techniques of cooking.



# FROM BLUEPRINT TO BUILDING

Industrial Arts is a pre-vocational course designed to acquaint students with the materials, tools, processes, and personnel of industry. This year the most outstanding change in personnel of the Industrial Arts Department is the advent of Miss Debra Nordhauser, the first female Industrial Arts teacher in the history of First Colonial.

A new university is represented in the department, the result being new methods of teaching and different approaches to the courses. The influence of this New York university, Oswego, which Miss Nordhauser and Mr. Symonds attended,

should bring about a more well-rounded philosophy of teaching in the department.

Another interesting feature of the department is the course in woods taught by Mr. West. This class for adults is held at the school two nights a week.

The electronics classes have a new piece of equipment; an electronics demonstration board which shows the component parts of a radio — one of two such facilities in the Virginia Beach system. This board allows students to produce AM receivers, transmitters, and the use of test equipment.



Mr. William E. Miller III  
Arch. III, IV, Drafting I, II, Woods I  
Head Wrestling Coach; B.S. O.D.U.



Mr. M.D. West  
Woods I, II  
A.B. East Carolina



Mr. Gerard Gebler  
Electr. I, II  
B.S. O.D.U.



Mr. Charles Pugh Dept. Chairman  
Metals I, II, III  
B.S., M.A. East Carolina Univ.



Mr. Nelson P. Symonds  
Crafts I, II, Mech. Drawing I; Wrestling  
B.S. N.Y. State at Oswego



Miss Debra Nordhauser  
Industrial Crafts I, II  
B.S. New York State Univ.



# TUNES & TONES

Performance is the keynote of the First Colonial Music Department. The Patriot Marching Band, directed by Mr. Max Gonano, won several prizes in competitions, including a first place in all-around competition at East Carolina University. Mr. Miller's Madrigals sang for civic organizations at Christmas and in the spring. They also gave a Christmas concert for the student body.



Mr. Max Gonano  
Band, Music Theory; Marching Band  
B.F.A., M.F.A. Carnegie-Mellon Univ.



J. William Miller  
Choral Music  
B. of Mu. Shenandoah, M.A. Columbia Univ.



Heidi Swarztrauber, Tamra Brown, and Kathy Muka take a lighthearted break from the work of Madrigals.



Mrs. Connie Gallacher  
Art II; Art Club Sponsor  
B.S. Bowling Green State Univ.



Mrs. Elizabeth Anne Chapman  
Art I, III  
B.A. San Jose State, A.A. San Mateo

*To a very special student I have really enjoyed having you in class for the past 2 years. Thanks for all your help as pres of the Art Club. Keep up the artistic spirit! Mrs. G.*

Art is defined as the production of beauty by imitation or design. First Colonial art classes are determined to prove that they are the best at recreating reality by competing in shows all over Tidewater.

Five levels of art are offered at First Colonial. Students in Art I obtain an overall view of the basic rudiments of art; Art II students learn art techniques. By the third year students discover how to break down technique, and by the fourth and fifth years these promising artists are dealing with abstract thinking.

This year art teachers are inviting several guest artists to speak and to demonstrate to the classes.



Mrs. Louise Lowenthal  
Art I, III, IV Dept. Chair.  
B.A. Radford



# IT'S A SMALL WORLD



Miss Miriam Castaneda  
Spanish I, II; Spanish Club  
B.A. O.D.U.



Mr. Carlton W. Rountree  
French I, IV, V Dept. Chair.  
A.B. Asbury, M.A. U.V.A.

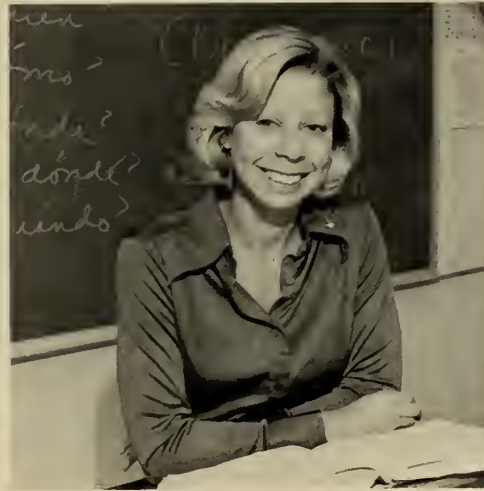
A minimum of two year's study of a foreign language is required for graduation, for in today's world an individual must be equipped to communicate with people of different nationalities and languages.

Miss Doerfler and Mr. Rountree assisted last summer in developing curriculum guides for their languages. These guides, which have been developed for all languages through the second year, aid foreign language teachers in basic instruction and also suggest supplementary activities.

A project which brings all the languages together is the International Dinner held in the spring. In this event each language culture contributes something of its own, usually a type of food or entertainment. The International Dinner holds an appeal for everyone, even those who do not take a foreign language.



Ms. Susan L. Broadus  
French I, II, III; French Club  
B.A. O.D.U., M.A. Univ. of Paris



Mrs. Joanne Montesano  
Spanish I, II; Spanish Club, Pep Club  
B.A. Montclair State College



Mrs. Sylvia A. Halloran  
Spanish II, V; Spanish Club  
B.A. Univ. of Texas



Ms. Hope Christie  
Spanish III, IV; S.C.A. Advisor, Spanish Club  
B.S. O.D.U.



Miss Lynne Doerfler  
German I, II, III, IV, V; German Club  
B.S. Bowling Green State Univ.



Mr. Joseph Elias  
Latin I, II, III.; Latin Club  
Lic. Ph. Univ. of Rome, M.A. Loyola



# UNDERSTANDING SOCIETY

Social Studies at First Colonial includes Government, International Relations, Economics, Psychology I and II, World History, U.S. and Va. History, Anthropology, and World Geography.

The fifteen teachers in the department are emphasizing current problems through standard methods of instruction and through the inquiry approach. Special emphasis this year includes a Reading in the Social Studies program. In this program students are encouraged to progress at their own rate and instruction in many cases is individualized to meet the special needs of each student.

Department In-service workshops are continuing both during the school year and into the summer months. General topics of the workshops are local sources and speakers available to classroom teachers, field trip destinations, and new methods of approaching old topics.



Mrs. Hope W. Parker  
U.S. Gov't; Yearbook Sponsor  
B.A. Mary Washington College



Mr. Norbie Wilson  
Sociology; Basketball, Soccer Coach  
B.A. Atlantic Christian



Mrs. Phyllis S. Jones  
U.S. Gov't  
B.S. O.D.U.



Mr. Stewart M. Douglas  
U.S. Gov't, Econ.; Football Coach  
B.A. Randolph-Macon College



Miss Bess Mann  
U.S. Hist., U.S. Gov't  
B.S. Longwood, M.Ed Wm and Mary



Mr. Bruce W. Platz  
U.S. History, Anth., Econ.  
B.A. Geo. Washington, M.A. O.D.U.

Mrs. Gwen Infantino Dept. Chairman  
World History  
B.A. Salem College, M.Ed. Wm. and Mary





Mr. Alan C. Williams  
Psych. I, II; Jr. Class Sponsor  
Football, Baseball Coach; B.A. U.V.A.



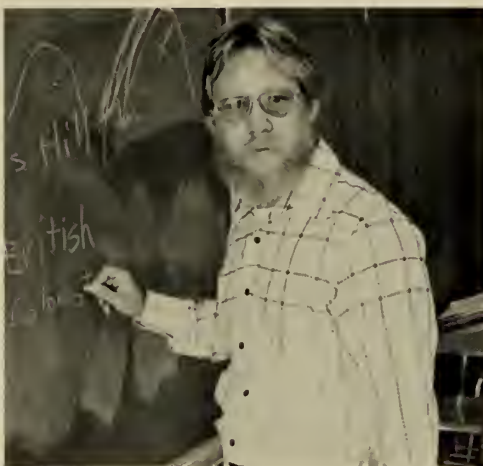
Mrs. Stuart Grimes  
U.S. History  
B.S. O.D.U.



Mr. George Garbark  
U.S. Government  
B.A. Univ. of Mississippi



Ms. Jeanne Grant  
U.S. Gov't, Geography  
B.A. Va. Wesleyan



Mr. Pete DeWolf  
U.S. History  
B.A. Lynchburg College



Mr. C.L. Hill  
U.S. Hist., U.S. Gov't; Track Coach  
B.S. O.D.U.



Mrs. Laura Ezell  
U.S. Hist., World Hist; Yearbook Sponsor  
B.A. Va. Wesleyan College



Mr. Frank Webster  
U.S. History; Head Football Coach  
B.S. V.P.I.



# P.E. GOES CO-ED



Mr. Alton Hill  
P.E.; Men's Cross Country, Basketball, Golf  
B.S. Atlantic Christian



Miss Lynn Hadley  
P.E. 10,11; Girl's Gymnastics & Track  
Conditioning Club Spon.; B.S. VPI & SU



Mr. Fred Britton  
P.E. 10,11,12; Football & Men's Tennis  
B.S. Frederick College



Miss Sharon Burkhart, Dept. Chair.  
P.E. 10,11,12; Girl's Field Hockey, Tennis  
B.S. O.D.U.



Mr. Ken Barto  
P.E. 9,10,11,12; Football & Men's Track  
B.A. Guilford College



Mrs. Janet Rowlands  
P.E. 10,11; Girl's Basketball & Soccer  
B.S. O.D.U.

The P.E. Department has undergone a major change this year. P.E. classes are now co-educational. Now both girls and guys participate in classes which are twice as large as last year's. Each class is taught by two instructors, one male and one female.

Opinions vary about this new program. While some don't like it, most teachers believe that the girls and guys together is a rewarding experience for all involved.

Teachers say that the co-educational program has resulted in a more serious approach to P.E. taken by the students.



Mr. Charles E. Fishel, Dept. Chair.  
P.E. 10,12; Men's Gymnastic Coach  
B.S., M.A. East Carolina Univ.



Mrs. Bonnie Gallagher  
P.E. 9,10,11  
B.S. Radford



# READ ALL ABOUT IT



Ms. Linda Hecht  
Developmental Reading  
B.S. Ohio State, M.S. O.D.U.



Mrs. Regis G. Crowley  
Reading; Forensics Sponsor  
B.E. Univ. of N.Y., M.S. O.D.U.

Improvement of reading skills for all is the goal of the Reading Department at First Colonial. Developmental Reading, an elective credit course, is offered for any student who feels that a lack of reading skills is hampering his progress in other areas. The teaching of reading skills in the content area classroom has been a continually growing process of the Reading Department. This year, in addition to teaching mini-courses in English classrooms, the use of content area techniques has been extended into Social Studies and Home Economics. Additionally, the Reading Department has begun a program to aid students for whom English is a second language.

## SPECIAL ED.



Mr. Bill Winstead  
Special Ed.  
B.A. Ohio Univ.



Ms. Linda O'Toole Glick  
Special Ed.  
B.S. Miami Univ.

Specialized training is offered by Special Education for students judged to have need of individual attention. The main goal of Special Ed. is to place the students participating in the program into working situations after graduation. Several students take part in Vo-Tech, where they learn skills relating to the vocation into which they plan to enter.

In the classroom, Mrs. Glick deals with the academic side of the course, and Mr. Winstead with job preparation and social studies. Both instructors emphasize social adjustment so that the student may grow into a self-sufficient individual, well-prepared to meet the challenges of life.



Faculty members take the sidewalk while students run the...





# Activities





Most students feel that extracurricular activities are essential to an education. These students can find a wide variety of organizations at First Colonial including literary publications, student government, service clubs, and special interest clubs. Although at the beginning of the year enthusiasm is high, participation usually decreases when it becomes evident the club's goals cannot be reached. Clubs struggled to fight apathy and keep members while stressing the importance of commitment.





# SUMMER SEMINARS leadership workshop

Every Leadership Workshop delegate will tell you that his week at workshop on Virginia Wesleyan College campus in August was the best of his summer. Mild-mannered students were turned into ferocious workers seeking to improve student activities at First Colonial. As Stephanie Fall put it, "Each day began with ideas and ended with accomplishments." Delegates left workshop tearful but with a resolve to make First Colonial the best school at the beach. "It must have made some difference that we have lived," the Workshop theme, put it best.



LEADERSHIP WORKSHOP: FRONT ROW: Peter Schleck. SECOND ROW — Left to Right: Matt Hogendobler, Chris Hoebeke, Adele Berny, Pat Nayak, Greg Brainerd. THIRD ROW — Left to Right: Jane Drewry, Stephanie Fall, Karin Mullaney, Patte Gleason, Karen Reeks, Sharon Strickland.

# presidential classroom

Designed to give an in-depth view of our government, the Presidential Classroom for Young Americans offers a program of lectures and tours for selected students each year.

Seminars concerning The Role of the Military in National Security, The News Media, The Role of the Ambassador, and many others were offered. Tours included an evening at Kennedy Center or the Hayloft Dinner Theatre. At the end of the day, groups were organized to discuss new ideas and experiences.

Students also attended sessions of Congress and spoke with Senators and Congressmen.

# girl's and boy's state

Two new "states" were formed last summer with the help of nine First Colonial students.

The 31st annual session of Virginia Girl's State began on June 12 when 600 girls arrived at Longwood College filled with anticipation and uncertainty. Boy's State also began as boys from all over Virginia arrived at Lynchburg College. City



PRESIDENTIAL CLASSROOM: FRONT ROW — Left to Right: Elena Woodard, Teresa Meadows. SECOND ROW — Left to Right: Mike Gleason, Sharon Strickland, Mark Young, Pat Nayak.





BOY'S STATE — Left to Right: Mark Young, Matthew Hogendobler, Tom Gilliland, Rick Melson. (Not Pictured: Lee Phillips.)



GOVERNOR'S SCHOOL: Pat Nayak, Elena Woodard.

elections were held and state officials were elected through party convention and caucus. The immense feeling of patriotism and concern for the United States generated by the program became a part of each delegate's life.

Janet Mallison was appointed to the State Cabinet, Kathleen Mitchell

was City Manager, Tori O'Brien was Commonwealth's Attorney, and Cindy Wermers was a Delegate to the Nationalist Party Convention. At Boy's State, Lee Phillips and Matt Hogendobler were elected Senators, Mark Young was elected Mayor, Tom Gilliland was a Circuit Court Judge, and Rick Melson was City Sheriff.



GIRL'S STATE — Left to Right: Kathleen Mitchell, Tori O'Brien, Janet Mallison, Cynthia Wermers.

## governor's school

Pat Nayak described his thoughts of the Governor's School for the Gifted. "Governor's School at Mary Washington gave me so much in four short weeks. Some hints: 136 beautiful people, interesting learning experiences, and a wealth of wonderful memories. My life has never been blessed by a more fulfilling month."

Elena Woodard also commented on her experiences. "For four weeks I lived in a dorm and attended classes in Physiology and Philosophy on the Mary Baldwin campus. It was more than just a program, though. It was based on the idea of learning for learning's sake, and it made me realize above all else how much fun learning can be."



# STAND UP AND BE COUNTED

The solid foundations of lives of fulfillment are here before us at First Colonial. We can make use of these foundations, constructing lives of happiness and accomplishment — but only if we wisely make use of the tools set before us . . .

— Pat Nayak, S.C.A. President

A hectic schedule and many rewarding projects kept the S.C.A. running this year. Whether putting together a pep rally, raising money for the United Way, or organizing a student exchange, the First Colonial student government demonstrated their willingness to accept responsibility and to complete each project with dedication.

During the first half of the summer, several students worked early each morning in summer school selling concessions to the students during breaks. Over \$1,500.00 was made on this project alone.

Many students worked during the late summer to put together a program for sophomore orientation. The new students were given an opportunity to tour the school and its surroundings. The program worked beautifully; the S.C.A. set a trend of hard work and dedication before school



SCA OFFICERS: President Pat Nayak, Vice-President Peter Schleck, Treasurer Sharon Strickland, and Secretary Patte Gleason.



even began.

At the beginning of the year, I.D. cards, used to get into all school functions, were made for more than 500 students. School creeds were handed out to each student.

As a community service project, money was collected for the United Way Fund in English classes. With a pledge of \$315.00, over \$750.00 was collected.

The Neptune Bowl, held at First Colonial against Cox, brought students together in their efforts to construct a float with the theme "Better Business Through Education." Under Chairman Beth Watkins, students spent hours stuffing chicken wire, building scenery, and securing equipment. First Colonial was well-represented in the evening's festivities as the hard work came to a close.

Plans began in late September for Homecoming on October 14th. At the

beginning of October, however, the date was changed to November 4th with the dance planned for November 5th. Cooperation between many students kept the massive project from falling apart. Although it rained Friday evening, an inspiring Beach Parade, a beautiful half-time ceremony, another football victory, and a spectacular dance on Saturday night made Homecoming '77 the most memorable ever.

Renovating the gym gave students another chance to "stand up and be counted." Plans included a special section in the bleachers for the press, ushers, a play-by-play announcer for basketball games, spotlights for team introductions, a color guard, pep band, and halftime shows. Walls were decorated with wooden silhouettes of each sport and a "fighting Patriot" wooden mural. From the ceiling, banners from area high schools

were hung. A new American flag was also purchased. An almost new atmosphere resulted from the hours of planning and hard work.

For Thanksgiving, the S.C.A. purchased a turkey dinner to give to a needy family, as well as sponsoring the annual food drive. Christmas festivities included the annual door-decorating contest and a Christmas tree in the library foyer added to the holiday atmosphere.

Miss Christie, the S.C.A. sponsor this year, kept officers and committee chairmen ever heedful of deadlines and responsibilities as well as encouraging care and organization.

Those responsibilities were met and the accomplishments that resulted exemplify the hard-working S.C.A. of 1978.



Plans for Homecoming become reality as Lori Fancher, Patte Gleason and Kathleen Mitchell work out details with Miss Warner.



Spending time after school, students took over the end of the 200 hall as they worked to complete the Neptune Float.



S.C.A. sponsor, Miss Christie, talks over the S.C.A. agenda with Secretary Patte Gleason.



# PROJECTS and FREE ENTERTAINMENT

Several new innovations graced the Inter-Club Council this year. A formal club awards program was instituted for the first time, encouraging club growth through competition. The I.C.C. also planned to undertake projects as an organization. A club officer leadership training program was planned for the spring.

The responsibilities of the I.C.C. encompassed organization of every student activity undertaken at the school, and the I.C.C. is often considered the busiest and most powerful student organization at First Colonial. But to relieve this tedious burden at meetings, "free entertainment" was provided by the clubs on a rotating basis. In this fun-filled atmosphere, the I.C.C. worked to keep student activities rolling smoothly at First Colonial.



I.C.C.: FRONT ROW — Left to Right: Jim Ashworth, Gina Pitrone, Annamarie Smith, Peter Schleck, Pres., Janet Mallison, Paula Swindell, Kathy Mitchell. SECOND ROW: Chris Blaski, Robin Smith, Marianne Talbot, Jane Gatlin, Ellen McBride, Lyn Cox, Wynn Bone. THIRD ROW: Don Minter, Beth Curran, Linda Fichter, Jane Drewry, Leslie Cuthrell, Mindy Moon, Cynthia Miller, Cindy Wermers. FOURTH ROW: John Napolitano.

## STANDING COMMITTEES

Providing a direct link between the S.C.A. officers and the student body, the Standing Committees took responsibility for many facets of student interest. Placing a greater emphasis on Standing Committees, new committees were organized. An Orientation committee for new students, a Constitution committee for evaluating the S.C.A. Constitution, and an Evaluation committee used to appraise school projects were just a few.

Other committees vital to the organization of many school activities include Building and Grounds, Publicity, Student Exchange, Spirit, Elections, Class Relations, Projects, Student-to-Student and Student-to-Faculty, Movies, and Dances. The invaluable work of each committee created an outlet for student involvement at First Colonial.



COMMITTEE CHAIRMEN: FRONT ROW — Left to Right: Jim Ashworth, Dena Bailey, Lyn Cox, Donna Houser, Bill Kiley, Pattie Stevenson. SECOND ROW: Judy Peterson, Tori O'Brien, Lyn Fancher, Laura Booth, Beth Watkins, Kathleen Mitchell, Linda Fichter. THIRD ROW: David Carroll, Jill Peterson, Paula Swindell, Mike Gleason, Amy Meyers, Vicki Ruth, Sarah Snapp, Susan Lamb, Frances Branch. FOURTH ROW: Keith Owen, Ward Valentine, Gaye Batten, Bob Stillman.





DRAMA: FRONT ROW — Left to Right: Kelly Matthews, Melanie Moore, Leslie Heath, Robin Shipp, Lyn Cox, Vice-Pres., Judy Meyer, Pres., Paul Morris, Sec.-Treas., Sharon McPherson, Diana Dines, Greg Collins, Trish Tolson, Stephanie Bunting. SECOND ROW: Bob Smith, Annamarie Smith, Ken Knight, Colette Ives, Eric Gibson, Social Chairman, David Estes, Heidi Swartztrauber, Terry Brownell, Beth Cleyston, Liz Sayer, Ramona Consolvo. THIRD ROW: Kathy Wolfram, Kli Kinzie, Keith Morrison, Sarah Villani, Teresa Meadows, Trish Braswell, Brian Keith Morris, Diandra Mundy, Debbie Mundy, Laura Fernandez, Scott Britton. FOURTH ROW: Keith Frazier, Kelly Morris, Beth Curran, Mary Potter, David Rosche, Mike Lawlor, Dee Akright, Amy Meyers, Almiede Meinicke, Kathy Galway, Carolyn Jones, Ellen McBride, Noel Nabors, Geoff Wolfe, Lance Smith, Randy Davis.



THESPIANS: FRONT ROW — Left to Right: Judy Meyer, Lyn Cox, Sarah Villani, Noel Nabors, Ellen McBride, Dee Akright. SECOND ROW: Annamarie Smith, Almiede Meinicke, Teresa Meadows, Heidi Swartztrauber, Terry Brownell, Eric Gibson. THIRD ROW: Trish Tolson, Greg Collins, Brian Keith Morris, Ken Knight, Colette Ives, Lance Smith.

## IN THE SPOTLIGHT!

Enthusiastically supported by the students involved, the Drama and Thespian Clubs were very active this year. These clubs promoted and presented *The Canterbury Tales* for the fall production, a spring production, and a competition one act play. They also performed community service projects such as a play for sophomore orientation, a disaster drill for the emergency and hospital staff, a filmstrip for the Tidewater Psychiatric Institute, and a program for a children's hospital.

The purpose of the Drama Club is to help students express themselves, to promote friendship, school spirit, and responsibility, and to teach all aspects of the theatre arts.

The Thespian Club is the Honor Society of drama. To qualify, a person must gain points by making costumes for a play, designing sets, acting, or performing other theatre requirements. After gaining enough points, an individual will receive an invitation to join the Thespian Society and will have to pass a secret initiation test. The test is determined by members of the Society and is usually very creative, scary, and fun.



# BAND ELECTRIFIES CROWD

From entertaining the crowds at football games to conveying a message in the concert halls, the First Colonial Marching Band and the Wind Ensemble showed they were proud.

In the past, the band has always been one of the best in the region, and has maintained a consistency of superior ratings in the highest category of music in District Festivals. To keep up such a high level of performance, the members dedicated themselves to long hours of practice. This dedication meant giving up after school hours of freedom for muddy field practices, along with changes and corrections in their award winning field routine. During half-time at football games, the Marching Band proudly performed to the delight of the spectators.

On the field the band was led by field-commanders Pat Coffey and Andy Delloro.

This year, twenty Patriots earned the honor of becoming members of the All Regional Band: Lon Walker, Scott Royal, Susan Murray, Kim Palmer, Julie Donovan, Kevin Duffy, Kristi Smith, Scott Wilson, Carl Trost, Cindy Britton, Pat Harris, Mike George, and Finian Crowley.

The following not only made the All Regional Band, but also became eligible for All-State Auditions: Andy Delloro, Cathy Clarke, Matthew Turk, Melinda Harris, Jannette Weller, Dona Ainsley and Richard Kelly.

The band is guided through the year by Mr. Gonano. With the immense responsibility of leading the largest performing group in the school Mr. Gonano still finds time to give individual help to band members. Mr. Gonano explained, "By the nature of the organization, the band is one of the most inter-dependent classes in the school structure; each member including the director is dependent on every other member of the ensemble for the quality of performance. In music performance, you must strive for nothing less than perfection."



First Colonial shows off their brass.



Carl Trost performs during half time.



Richard Kelly concentrates.



Field commander Pat Coffey snaps and goes wild.





First Colonial's band adds a new look to their half time show.



The Marching Band and Color Guard proudly display their finishing formation.



First Colonial percussionists carry out the rhythm.



# PARTS make a WHOLE

Besides the Marching Band, Mr. Gonano is also in charge of performance, or concert hall, presentations. The A Band, or Wind Ensemble, is made up of the best musicians. They must audition for their place on the band. The B band is made up of those members who are working their way up in proficiency. For concerts and stage tournaments, the A Band and B Band perform separately. For field competitions, they join forces and, with the Color Guard, uphold the First Colonial tradition of high standards.

In keeping with First Colonial's tradition, the band placed high in competition this year. At the Tidewater Festival of Marching Bands, First Colonial placed sixth. At the VCU Fair of Virginia, they placed fifth out of 35 marching bands. In October at the Virginia Beach Neptune Festival, the band placed fourth. In the Carey Band Day, the band placed fourth with percussion coming in second, and the drill team placing third. But at East Carolina University in November, the band put it all together. They placed second, percussion; second, drum major; first, drill team; and most importantly, First Colonial came in first overall.



Field Commanders Patrick Coffey and Angeles Delloro.



CLARINETS: STANDING — Left to Right: John Volansky, Pam Schaadt, Randy Shelin, Jerry Causby, Rege Krah, Tim McDonald, Ed Whitehurst. KNEELING: Scott Royal, Cheryl Rowe, Jim Taylor, Lisa Fisher, Sherrie Falkner, Julie Donovan, Susan Murray, Kelly Davis, Kim Palmer.



BAND COMMANDERS: STANDING: Color Guard Capt. Marie Anderson, Lt. — Rifles Melinda Harris, Sr. Field Cmdr. Patrick Coffey, Jr. Field Cmdr. Angeles Delloro, Percussion Sect. Leader John Brewington. KNEELING: Lt. — Flags Dona Ainsley.

## First Colonial Wind Ensemble



WIND ESEMBLE: FRONT ROW — Left to Right: Cathy Clarke, Scott Royal, Melinda Harris, Andy Delloro, Kim Palmer, Susan Murray, Julie Donovan, Sherrie Falkner, Tim McDonald. SECOND ROW: David Midgarden, Lon Walker, Marie Anderson, Sheryl Goodwin, Debbie Hicks, Susan Sturm, Ralph Weller, Petra Zauzig, Ed Whitehurst, Phillip East. THIRD ROW: John Brewington, Joselyn Woodhouse, Richard Kelly, Pat Coffey, Matthew Turk, Carl Trost, Scott Wilson, Kevin Marshall, David Rosché, Karl Palmer, Cindy Britton, Kristi Smith, Mark Been. BACK ROW: Robert Leipold, Pat Harris, Doug Wills, Jannette Weller, Michael George, Lance Smith, Michael Lawlor, Dona Ainsley.





**PERCUSSION SECTION:**  
**STANDING:** Cathy Clark, Petra Zauzig, Richard Kelly, Joselyn Woodhouse, John Brewington, Ranger Dough, Robert Leipold, Les Bradshaw, Charles Kirkly, Ricky Mize, Alvin Moore. **KNEELING:** Jim Hancock, McCornell Freeman, Bill Green, Phillip East.



**COLOR GUARD: FLAGS —**  
 Left to Right: Tammy Talbert, Hilary Simon, Leisa Riggs, Kli Kinzie, Linda Schaadt, Rosemarie Hissam, Laura Oglesby, Dona Ainsley, Teddy Christie, Susan Sturm, Melinda Thompson, Shelly Bagley, Wendy Walston, Rene Redd, Beth Clugston, Margret Hartman. **RIFLES:** Stephanie Bunting, Deborah Coffey, Marie Anderson, Susan Edwards, Melinda Harris.



**LOW BRASS: STANDING —** Left to Right: Mike Lawlor, Terrance Simpson, Fin Crowley, Mike Swindell. **KNEELING:** Doug Wills, Allen Hughes, Jannette Weller, Mike George, Pat Harris.



**TRUMPETS: STANDING —** Left to Right: Joe Southern, David Rosché, Robert Kemether, Vince Kearney, Cindy Britton. **KNEELING:** Kristi Smith, Carl Trost, Matthew Turk, Karl Palmer, Mark Been.



# STRIVING IN EVERY

Setting an example of initiative and hard work, the National Honor Society was dedicated to maintaining the standards and principles for which it stands. A combination of tradition and innovation made the year unique.

Even though most of the members were involved in activities outside those of the NHS, the Society remained active throughout the year. Volunteering their time and services, NHS members helped out at the Career Carnival and College Night. Members also worked at the District Forensics Meet, FC Open House, and two PTA meetings. On Halloween, several members dressed up in costumes and brought small gifts to the children at Virginia Beach General Hospital. In the Spring, a drive to collect money for the SPCA was sponsored.

The instigation of various new projects and traditional projects encouraged school involvement. The ultimate goal of the projects was to raise funds for scholarships awarded in May. Mrs. Hope Christie won the "Meanest Teacher" Competition in January and received a wooden paddle for her victory. In February, over 600 red, pink, and white carnations were sold and delivered on the 14th for Valentine's Day. Two stationery sales were held and a supply store was open each morning — compliments of NHS.

Organization of Tap-Ins began in January. Every detail was planned — lighting, seating on stage, order of the processional, music, robes, the reception, and speeches were arranged. On March 2nd and 3rd the ceremonies were held at which time 19 seniors and 29 juniors were inducted. Mrs. Judy Warner was inducted as the Honorary Member of 1978.

Both new and old members worked in the last months of the year to earn money for the scholarships. Matt Hogendobler, the President of the Society, reflected on the year of accomplishment. "Striving in every way to uphold the high standards of character, scholarship, leadership, and service, the members of the National Honor Society devoted much time to serving the students, the school, and the community. The personal satisfaction derived as well as the respect and recognition gained made the many projects we completed worthwhile."



NATIONAL HONOR SOCIETY: KNEELING — Left to Right: Cindy Wermers, Matt Hogendobler, Jill Peterson, Susan Lawrence, Ed Southern, Margie Bain, Susan McQuillin. STANDING: Kathleen Mitchell, Judy Peterson, Teresa Belbusti, Karen Reeks, Jan Mallison, Peter Schleck, Mark Young, Jim Ashworth, Beverly Buchert, Annamarie Smith. SITTING ON POSTS: Pat Nayak, Teresa Karnitschnig, Matthew Turk. (Not Pictured: Sponsors Miss Reilly and Mrs. Haring, Ambler Hatchett, Maren Stiles, Chris Taylor, Elena Woodard.)



EXECUTIVE COUNCIL: STANDING — Left to Right: Annamarie Smith, Kathleen Mitchell, Teresa Karnitschnig, Mark Young. SITTING: Treasurer Matthew Turk, Vice-President Cindy Wermers, President Matt Hogendobler, Secretary Susan Lawrence.





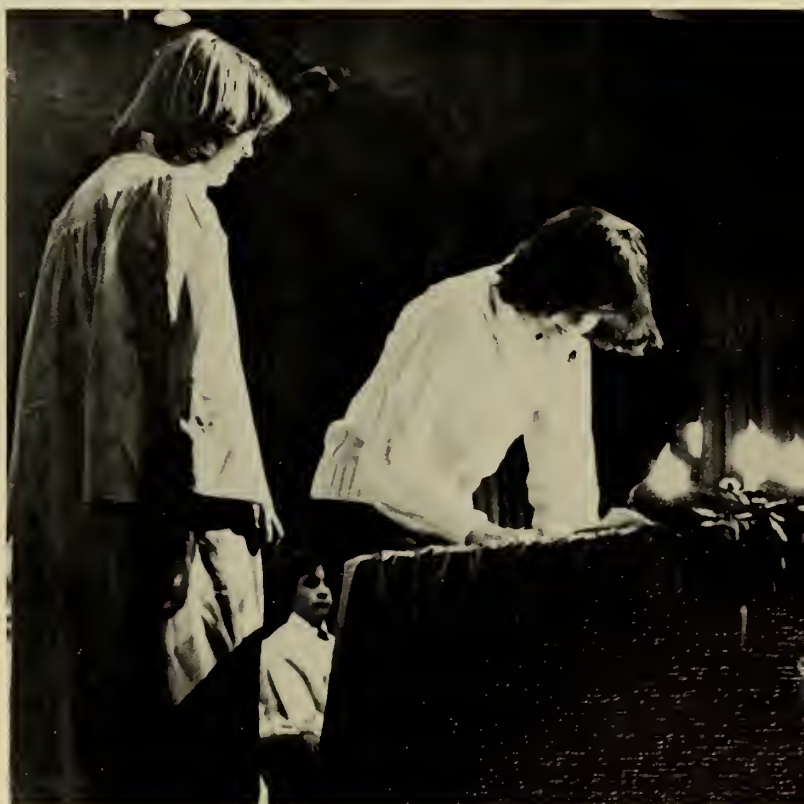
Kathleen Mitchell, chairman of carnation sales, gathers carnations for delivery.



Annamarie Smith delivers a carnation to a delighted Cathy Paul on Valentine's Day.



After cleaning its cage, Cindy Wermers spends a little time with a friend at the SPCA.



Maren Stiles looks on as Ellen McBride signs in during her first moments as a National Honor Society member.



During the Tap-In Ceremony, President Matt Hogendobler explains the standards for selection into the National Honor Society.



# WILLING TO WORK

Two major service projects ran continually throughout the school year. As a traditional service to the school, Honor Society members volunteered their time after school to tutor any student who desired the extra help. After filling out a tutor-request form available in the library, applicants were contacted and appointments were organized to suit the student and the tutor. Over 200 students took advantage of this service which began in October.

As a service project to the community, members offered their help to the Virginia Beach SPCA the first Saturday of every month. Cleaning cages was not always a pleasant task, but exercising the animals afterward certainly made up for it.

These projects were instigated to exemplify the willingness of NHS members to give of themselves to help others.

Mike Dickens and Stacey Albritton cast their votes for the "meanest teacher" at F.C.



Matthew Turk tutors Bettie Reader in Algebra II.

Kathleen Mitchell discusses plans for February carnation sales with sponsor, Ms. Reilly.







DEBATE TEAM: FRONT ROW — Left to Right: Greg Brainerd, Pat Nayak, Peter Schleck, Janet Mallison, Norvell Coston. SECOND ROW — Left to Right: Dale Myers, David Wheeler, Judy Peterson, Jill Peterson, Steve Phelps, Jimmy Ashworth, Jay Hertz, David Carroll.

# THE WAR OF THE WORDS



FORENSIC TEAM: SITTING: Rochelle Beardslee, David Carroll, Jane Gatlin, Peter Schleck, Ward Valentine, Leslie Heath, Adele Berny, Pattie Stevenson. STANDING: Ann Cassidy, David Wheeler, Pat Nayak, Annamarie Smith, Mrs. Crowley, Sponsor.

Although many times overlooked, both the Debate and Forensics teams marched on to another year filled with victories. In one of their first tournaments of the year, the Debate Team won nine trophies, including First Place Varsity.

For its participants, Debate is an inspiring lesson in education. "It helps me organize my thoughts," says Peter Schleck. "It teaches me self-poise and self-assurance."

Under the assistance of Miss Sharpe, the Debate Team exemplified determination as they debated the American Medical System, this year's topic.

While Debate uses direct confrontations in its "war of words," the Forensic Team competed in quite a different way. Forensics relied on verbal presentation. Competition was in categories such as dramatic interpretation, original oratory, expository prose and poetry, and extemporaneous speaking.



# HERITAGE: a TRADITION OF EXCELLENCE

Last year's annual won first place in the Virginia High School League, and this year's staff was determined to carry on in the tradition of excellence.

Before school even started, six members of the staff attended the annual Yearbook Seminar in Winston-Salem, North Carolina and the entire staff got together for a one-day workshop organized by Mr.

John Perry, the First Colonial Hunter Publishing Company Representative. Both the seminar and the workshop gave the staff new insight into layout design and graphic technique.

The task of selling ads began in midsummer and annuals were sold during school through November. The more

experienced staff members showed the newcomers the fundamentals of organizing and compiling an annual. Staff members attended a third bell class that greatly helped the work load as deadlines approached. Pages were sent to the publisher and proofs returned to be re-checked and corrected before final copies were made.

The staff diligently applied themselves to recording as accurately as possible the annual events at F.C. as well as the special occurrences unique to this year. The result of the hours of dedication erased the anxieties from memory. What remains is a yearbook that shall always be remembered.



Assistant Editor Michaela Parramore and Editor Karen Reeks.



Faculty Editor Susan Lawrence, Photographer John Brewington, Assistant Faculty Editor Judy Meyer.



Yearbook Advisor Mrs. Ezell and Business Advisor Mrs. Parker.



Business Managers: Matt Hogendobler



Circulation Managers Scott Turnbull, Sharon Strickland, and Kim Howard.





Seniors Editor Janet Rau and Assistant Seniors Editor Sarah Snapp. (Not Pictured: Susan Sturm.)



Assistant Sports Editor Mike Gleason, Sports Editor Beth Watkins, Assistant Sports Editor Wayne Gladin.



and Bill Crawford.



Assistant Underclass Editors Patty Mayo and Laura Booth, Underclass Editor Cheri Payne.



Activities Editor Cindy Wermers, Assistant Activities Editors Bob Stillman, Diane Mizelle, and Jana Munson.



Assistant Features Editor Ellen McBride, Features Editor Sandy Long, and Assistant Features Editor Kathy Higgins.



Ads Editor Carrie Foote, Assistant Ads Editors Tricia Hankley and Paul Morris.





RIFLE TEAM: FRONT ROW — Left to Right: Michael Meese, Robert Wysocki, Jerry Hess, Tim Howlin, Mark Zimmer, Marshall Hughes. SECOND ROW — Left to Right: C.O. Mike Swindell, Mike Gillespie, Cheryl Ward, Dwayne Meeks, Jerry Proulx, Wilbert Scott, Teresa Pitman. BACK ROW — Left to Right: Kevin Burke, Rich Chamberlain, Bruce Meeks, Jeff Whyte, Jerome Reagan, Mark Swindell.



COMMANDING STAFF: FRONT ROW: Glenn Johnson, Lt. Cdr. BACK ROW: Donna O'Brien, Lt. j.g., Mark Swindell, Lt.



COLOR GUARD: Left to Right: Dwayne Meeks, Craig Herrick, Jerome Reagan, Rich Chamberlain, Jim Hancock.

MEN'S DRILL TEAM: FRONT ROW: Mark Swindell. LEFT ROW — Front to Back: Victor Roy, Marshall Hughes, C. Freeman, Craig Herrick. MIDDLE ROW: Earl Brown, Mark Zimmer, Jim Hancock, Jerome Reagan. RIGHT ROW: Dwayne Meeks, Rich Chamberlain, Kevin Burke. WOMEN'S DRILL TEAM: LEFT ROW — Front to Back: Renee Lassiter, Janelle Eldridge, Inez Riddick. RIGHT ROW: Cheryl Dove, Teresa Pitman, Cheryl Lassiter. FRONT ROW: Donna O'Brien.







FIRST BELL: FRONT ROW — Left to Right: Sam Rockwell, Jeff Whyte, Teresa Pitman, Mike Peele, Cheryl Ward. SECOND ROW — Left to Right: Clyde Blackwell, Greg Banton, Allen Lashbrook, Cornell Freeman.



SIXTH BELL: FRONT ROW — Left to Right: Vince Kearney, Allen Hughes, Tim Howlin, Jerry Proulx. BACK ROW: Bruce Meeks, Linwood Hughes.



THIRD PLATOON: FRONT ROW — Left to Right: Allen Lashbrook, Earl Brown, Cheryl Lassiter, Inez Riddick, Teresa Pitman, James Gage. BACK ROW: Kevin Burke, Mike Swindell, Michael Penny, Donald Walker, Jim Hancock.



FOURTH PLATOON: FRONT ROW — Left to Right: Marshall Hughes, Jerry Hess, Victor Roy, Milton Palmer, Ella Deranc, Renee Lassiter, Albert Allen. SECOND ROW — Left to Right: Michael Meese, James Marrow, Janelle Eldridge, Brenda Beale, Vernon Jenkins, Cheryl Dove. BACK ROW — Left to Right: Mike Gillespie, Glenn Daly, Robert Wysocki, Mark Zimmer, Nichol Noell.

# NJROTC INSTILLS LEADERSHIP

Organized to give students understanding of the United States Navy, the Naval Junior Reserve Officers Training Corps instills a sense of national pride and sets a foundation for tomorrow's leaders.

Each cadet, under LCDR Glenn Johnson, was a part of a military organization that learned different aspects of Naval Science in the classroom and trained under this structured chain of command outside the classroom as well.

Cadets also found time for extracurricular activities. NJROTC units visited Naval Air Station Oceana and Little Creek amphibious base to tour the facilities. A cruise on December 19th from Norfolk to Yorktown marked a first for F.C.'s NJROTC as the girls were allowed to participate in the cruise. Competition Drill Teams, Color Guard, and Rifle Team took part in the Veteran's Day Parade, the Homecoming Beach Parade, and the Armed Forces Day Parade.

Led by Cdr. R.C. Lackore and Chief J.J. McCarron the NJROTC set an example of discipline and hard work.



# computer

Whether zapping Klingons with phasers or sinking the computer's battleship with a direct hit, the members of the Computer Club seem to enjoy themselves more than any other club. Besides the many games that can be played, the ODU computers can be used as a great teaching device. All members are given the secret password to the terminals, and then the opportunities are unlimited. Chess, 3-D, tic-tac-toe, and madlib are just a few of the many games available. Also, the members are taught how to create their own games in the computer.

# COMMUNITY CONCERN



COMPUTER CLUB: FRONT ROW — Left to Right: Peter Schleck, David Wheeler, President Seth Ceteras, Pat Nayak, Jeff Hakim. SECOND ROW: Ron Lilley, Jim Ashworth. THIRD ROW: Tom Lusby, Matthew Turk, Don Minter, Karen Reeks.

## key

Under the guidance of the Virginia Beach Kiwanis Club, the Key club provided services to the school and community. Members participate in wide-ranging projects that encourage fellowship and involvement, while striving to meet the concerns of today's world.



KEY CLUB: FRONT ROW — Left to Right: President John Napolitano, Vice-President Steve Phelps. SECOND ROW: David Carroll, Anne Broyles, Steve Faini, David Estes, John Ailstock, Seth Ceteras, Bob Stillman, Peter Schleck, Craig Kay. THIRD ROW: Ward Valentine, Chuck Best.

Junior Civitan Members delighted the old folks at the Medi-Center with their presentation of Twas the Night Before Christmas.





# ... and puppy dogs too !



JUNIOR CIVITAN: FRONT ROW — Left to Right: Sergeant-at-Arms Ken Jeziorski, Vice-President Jill Peterson, Chaplain Heather Krantz, Secretary Judy Peterson, President Bob Stillman, Treasurer Peter Schleck. SECOND ROW: Matt Hogendobler, John Preston, Jim Ashworth, Bill Hodkins, Mike Reese, Pat Nayak, Greg Starbuck. THIRD ROW: Tracy Dingwall, Teresa Meadows, Kerry Dingwall, Sara Villani, Erika Zauzig, Laura Gibowski, Teresa Karnitschnig, Margie Bain, Barbie McCorkle. FOURTH ROW: Mary Foster, Diane Davis, Julie Taylor, Donna Hull, Vicki Ruth, Sandy Hill, Adele Berny, Betsy Sherman, Tori O'Brien, Jan Osberg, Lyn Fancher, Beth Watkins. FIFTH ROW: Lynn Ironmonger, Sandy Long, Ed Southern, Vicki Jones, Laurie Spencer, Seth Ceteras, David Carroll, Mark Young, Becky Burton, Ann Segal, Terri Clark, Howard Murrell, Gaye Batten.

As their third year at First Colonial began, the Junior Civitan Club put it all together. Their membership, which included five district officers, tripled and more emphasis was put on community and school projects.

Over the summer, Junior Civitan organized and conducted a Red Cross Blood Drive, held an end-of-the-year pool party, and held an Officer Training Academy. They handed out pamphlets at Sophomore Orientation. When school began they made banners for football games, sold doughnuts in the morning, and held a Haunted House during Halloween. President Bob Stillman and Secretary Judy Peterson were given scholarships to the Freedoms Foundation Leadership Seminar in Pennsylvania, and were both given the Outstanding Participants Awards.

Other projects included visiting an old folks home, visiting the SPCA, sponsoring a party for mentally deficient children, and painting the Outreach Center.

District participation included helping sponsor a district officer in the Canadian snow mobile marathon, raising money for the Civitan International Training Academy to be held at Virginia Wesleyan College this summer, and sponsoring the southern district talent show in February at First Colonial to raise money for retarded children.

They hope to have a large showing at the Convention this year to be held in Ocean City, Maryland.

With district officers Governor Peter Schleck, Corresponding Secretary Judy Peterson, Treasurer Pat Nayak, and Newsletter Editor Bob Stillman, First Colonial gained strong international recognition.

With a fulfilling year, Junior Civitan exemplified their theme of helping "old folks," little kids, and puppy dogs.



Ronald Lilley, Buffy Penrose, and Matt Hogendobler harmonize.



# STUDENT CREATIVITY FLOURISHES

Informing and entertaining, The Town Crier was a means of communication between faculty, students, and administration. Both Journalism I and II classes supplied the articles and students worked to compile the paper for print. The staff also put together the football programs.

Chris Hoebeke, the Editor-in-Chief, planned to purchase new typewriters for the journalism classes with money from newspaper sales. "Another goal," says Chris, "is to leave a working staff for next

year."

As the only outlet for student creativity at First Colonial, the Literary Magazine began working as soon as school started by choosing new staff members. Plans for the literary art calendar were made.

A workshop in Charlottesville taught the staff the fundamentals of putting together a Literary Magazine as well as showing new variations on old ideas.

Inspired by the workshop, the staff compiled a magazine that was placed in state competition.



NEWSPAPER: FRONT ROW — Left to Right: Bonnie Wolford, Ann Knudson, Sandy Lee, Chris Hoebeke, Bob Stillman, Seth Ceteras, Debbie Brown. SECOND ROW: Peggy Flemming, Ed Southern, Ridgely Balderson, Pam Smith, Tim Kemp, Wynn Bone, Sonya Ward, JoAnne Walker, Alfred Smith. THIRD ROW: Lester Brink, Elaine Blair, Andrea Cooper, Lyn Manger, Melissa Branch, Tammy Arrington, Tim Jackson, Ann Smithson, Beth Allsopp, Dee Akright, Tracey Armstrong, Ramona Consolvo, Vicki Jones, David Carroll, Dale Meyers, Doug Robertson, Keith Nock.



LITERARY MAGAZINE: Left to Right: Jenny Darden, Cindy Zirnheld, Kathy Mitchell, Tracey Stowers, Editor, Ann Clark, Patte Gleason, Kathleen Mitchell, Carol Williams, Gail Johnson, Lori Hodge.



# ACTIVE & ENTHUSIASTIC!



PEP CLUB: FRONT ROW — Left to Right: Cindy Eshelman, Pres., Paula Swindell, Vice-Pres., Valerie Hunt, Treas., Barbara Ziemba, Pam Williams, Gwen Albritton, Gloria Lamb. SECOND ROW: Debbie Jones, Pat Longley, Sandy Hill, Rosella Timba, Susan Forch, Tina Baese, Kerry Dingwall, Donna Eaton, Ed Southern. THIRD ROW: Debbie Bannister, Laura Fernandez, Sheilah Cason, Jimi Gatlin, Kathy Mitchell, Cathy Smith, Barbara Sessoms, Greg Collins. FOURTH ROW: Susan Rutledge, Lisa Wiltse, Ellen McBride, Judy Meyer, Monica Arenson, Diane Mizelle, Vicki Ruth, Carolyn Reynolds, Kathy Wolfram, Penny Beam. FIFTH ROW: Wendy Drake, Wanda Dancy, Lisa McClendon, Carroll Oliva, Edi Kemp, Tracy Dingwall, Sonia Ward, JoAnn Lawrence. SIXTH ROW: Cuprice Anthony, Wanda Myles, Lynn Freeman, Chantay Albritton. Sponsor Mrs. Montesano.

## PEP CLUB

Newly formed and enthusiastic, the Pep Club strived to get every student involved in the spirit of First Colonial. President Cindy Eshelman described the club as "helping to make F.C. one of the most spirited and student-involved schools at the beach."

"The Rowdies" dedicated themselves to their goal. Pom-poms were sold at the beginning of the year and confetti was sold at football games. Spirit link sales engendered class competition the week before Homecoming and "Homecoming '77" buttons were sold throughout the school.

Sweaters specifically for Pep Club members were purchased with money from the club treasury. This unity in appearance aided the Pep Club in promotion of spirit and enthusiasm.

This added spirit from the stands boosted confidence in Patriot teams and left students with a feeling of pride in First Colonial.

## CONDITIONING

One of the most improved clubs was the Conditioning Club. Members met three times a week to lift weights, to condition on the trampoline, to exercise, and to jog.

Not only concerned about themselves, club members voluntarily helped spot gymnastics at Newtown Elementary School, helped set up and worked at girl's gymnastics meets at First Colonial, and helped out at First Colonial track meets. Members also planned to offer an evening adult fitness class in the spring.

Members wore "FC Conditioning Club" t-shirts as they actually pushed a volkswagon in the Homecoming Parade. An 80-mile Bike-a-thon to North Carolina and back on November 13 and doughnut sales in the morning helped the club to raise funds.

The money was used to buy warmup suits for the girl's gymnastics team. Each club member also received membership to the Virginia Beach Recreation Center with the earnings.



CONDITIONING: FRONT ROW — Left to Right: Becky Bundy, Sandy Lee, Susan Freer, Gina Pitrone, Kaytren Martin, Robin Coulsting, Helen Irby, Teresa Karnitschnig, Laura Buffington. SECOND ROW: Miss Hadley, Sponsor, Paula Johnson, Vicki Kigerl, Margie Bain, Shellie Grabinski, Leslie Karnitschnig, Ann Broyles, Lorraine Knapp, Kelly Leonard. THIRD ROW: Terri Shatter, Chris Haywood, Liz Johnson, Liz Sayer, Diana Dines, Kelly Stenger, Leigh Anne Caton, Charlotte Henderson, Monica Abenson, Kevin Karn. FOURTH ROW: Cindy Snodgrass, Stephanie Fall, Leslie Ayers, Jimi Gatlin, Ed Southern, Jimmy Bennett. FIFTH ROW: Sheilah Cason, Frecia Scott.



# spanish

¡Ole! was the chant of the club de español this year as they endeavored to further their knowledge of the Spanish language and culture. The members formed yet another part of the spirit of First Colonial by purchasing t-shirts to advertise projects and special occasions in the club.

A bull being coaxed down Atlantic Avenue (in reality a decorated VW) by daring matador, John Ailstock, was the imaginative representative of the club in the beach parade. The members also planned a Christmas party that included Spanish food and games. "I believe the club has taken giant steps toward learning more about the Spanish-speaking people," declares President Scott Turnbull.

Projects to increase the club's income included: the annual Christmas Bazaar, bake sales, car washes, and doughnut sales before school.

As one member described the year, "This year we truly are a Spanish Club."



SPANISH CLUB: FRONT ROW — Left to Right: Scott Turnbull, Jane Potter, Brandon Smith, Whit Palmer. SECOND ROW: Kinney Glascock, Jerome Schaum, David Estes, Hon Kinzie, Monica Avenson, Charles McCanna, Kelly Manning, Kathy McQuillan, Bev Murphy, Laura Whitley. THIRD ROW: Susan Forch, Sandy Hill, Barbara Ziemba, Laurie Chutter, Jeanne Guiffre, Cheryl Peters, Laura Hines, Mary Beth Mitchell, Sharon Staton, Mark White, Jane Drewry, Terri Hughes, Sandy Bartman. FOURTH ROW: Ms. Castaneda, Sponsor, Ms. Halloran, Sponsor, Jimmy Young, John Ailstock, Cindy Wermers, Doug Wills, Jim Standing, Robin Shipp, Diana Dines, Arlene Puryear, Dena Ruth, Leslie Heath, Sandy Lee, Patty Lynch, Cheryl Whitehurst, David Jett, Mary Travis, Sarah Snapp, Debbie James, Carol Travis, Ed Southern, Nancy Standing, Ms. Montesano, Sponsor, Ms. Christie, Sponsor. FIFTH ROW: Susan Lamb, Tim Jackson, Erika Zauzig, Ellen Love, Bob Stillman, Amy Boyd, Randy Shelin, Jana Staton, Kate Moore, Janie Jacobson, Lori Hodge. SIXTH ROW: Suzanne Sarvay, Becky Burton, Greg Pawlowski, Kim Stephenson, Sanford Price, Kirsten Jackson, Alison Gonzales, Lawrence Sing, Karen Eckstein, Kathleen Mitchell, Susan Murray, Margaret Wilson, Ambler Hatchett.



John Ailstock looks out for the bull.



Brandon Smith, Kirsten Jackson, and Scott Turnbull publicize their preference.



Spanish Club Christmas Bazaar brought out the creativity in Charles McCanna.



# ENGLISH NOT! SPOKEN HERE

## german

Maintaining a balance between money-making and cultural projects, the German club participated in a variety of activities throughout the year.

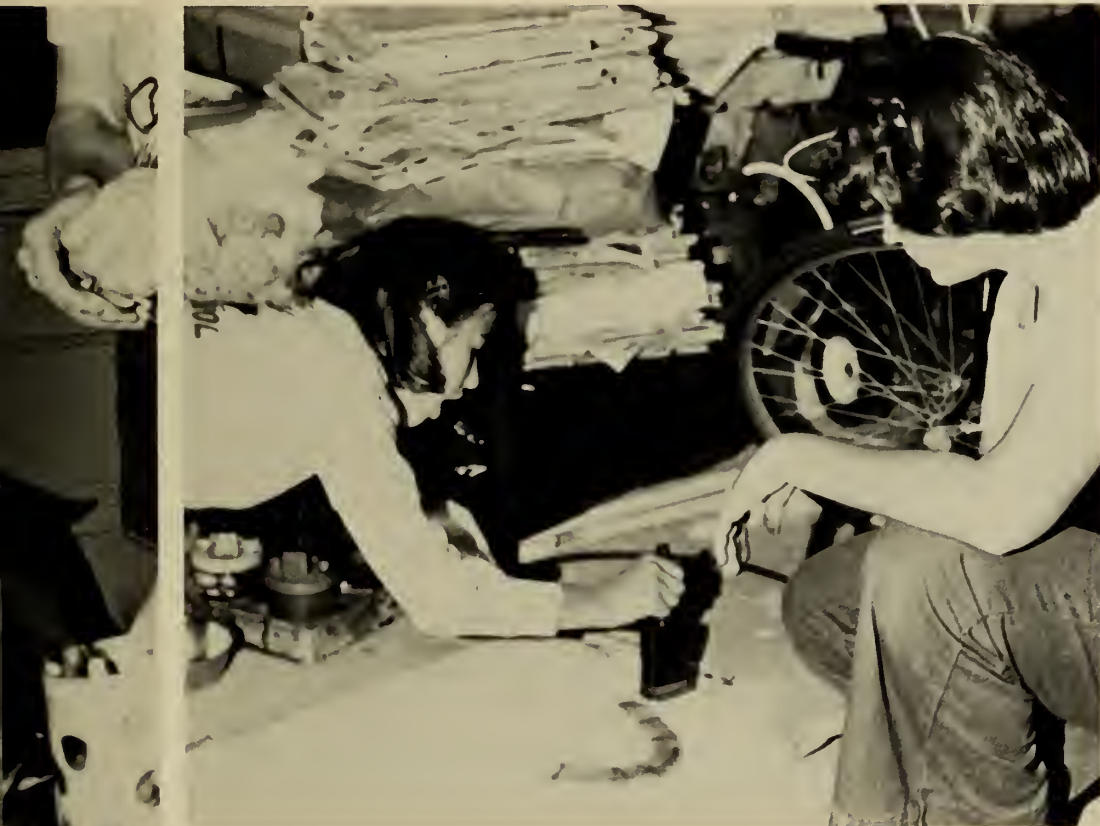
Bake sales at Hilltop and car washes at various gas stations, not original projects but always money-making, contributed to the treasury at the beginning of the year as well as in the spring. Also, the third annual Christmas bazaar supplied Christmas gifts for willing shoppers and more earnings for the club.

Not hindered by the small size of the club, enthusiasm and interest in the German language and culture was a large part of the year. Participation in the Neptune Festival's Oktoberfest and other German-oriented activities that took place during the year exposed club members to German customs and encouraged interest in the language.

Plans for the funds raised focused on a trip in the spring or summer, but included furnishing the German classes with new German games and books.



GERMAN CLUB: FRONT ROW — Left to Right: Carol Pasqualino, Matt Hogendobler, Ridgely Balderson, Ed Southern. SECOND ROW: Ellen Davis, Bill Crawford, Geoff Wolf, Judy Ann Gamba, Barbara Gloeckner, Ramona Consolvo, Elena Woodard, Tracy Stockton, Susan Lamb, Steve Kuehn. THIRD ROW: Erika Zauzig, Petra Zauzig, Dona Ainsley, Ms. Doerfler, Sponsor, Bill Dyer, John Preston.



Kirsten Jackson and Lori Hodge prove that work is the key to success.



Carol Pasqualino sells baked goods for the German Club.



# latin

Existing solely to expand awareness of the Latin language, the Latin Club attended various conventions during the year.

The Virginia Classical Convention from November 17th to the 19th began the year.

Working and studying throughout the winter, club members attended a Latin

Certamin at Mary Washington in the spring. The year ended with a Roman-style Christmas Party.

# french

Promoting enthusiasm was the goal of the French Club this year. After getting off to a shaky start, the members and President Jan Mallison worked to provide interest in projects.

Jan said of the club, "We may not be rich, but as a club we hope to have fun."

Projects included visits to La Crepe and French movies.



LATIN CLUB: FRONT ROW — Left to Right: Rhonda Glasman, Roger Hinde, B.J. Navarre, Joy James, Debbie Bennett, Sherry Carroll. SECOND ROW: Spandy Zemany, Patty Wagner, Jane Watkins, Debbie Mundy, Liz Peterson, Cheri Payne, John Bonbright. THIRD ROW: Anthony Hawa, Bobby Mosby, Steve Long, Lisa McClen-don, Steve Faini, Cheryl Munford, Sandy Snyder, Joseph Elias, Sponsor. FOURTH ROW: Kevin Slattum, Kevin Sanderlin, Shade Honeycutt, Glenn Custer, Chuck Best, Ward Valentine, Chuck Payne.



FRENCH CLUB: FRONT ROW — Left to Right: Rives Hall, Kristi Smith, Delite Ackels, Kathy Schmidt, Janet Mallison, Pres., Robin Rosen, Sec. SECOND ROW: Charlie Fishel, Randy Harrison, Joey Barnes, Helen Lee, Patty Francis, Liz Sayer, Treas., Debbie Fletcher, Hilary Simon. THIRD ROW: John Hart, Paul Jordan, Vicki Markowski, Leigh Caton, Theresa Hillegrass, Leslie Ayers, David Carroll, Joseph Lee Chi Wai.





ECOLOGY CLUB: FRONT ROW — Left to Right: Abby Duncan, Debbie Lauro, Anne Fortenberry, Leesia Bradshaw, Shelly Harper. SECOND ROW: Tom Lee, Lance Smith, Barbara Gloeckner, Terry Hope, Henry Jackson, Tom Southern, Mr. Grant, Sponsor, Ronnie Neale, Chris Blaski. THIRD ROW: Steve Sherwood, Roger Hinde.



CHESS CLUB: Left to Right: Jeff Hakim, Pat Coffey, Pres., Marvin Fentress, Mike Dixon, Jerome Schaum, Pat Nayak, Matthew Turk, Dave McNally, David Wheeler, Seth Ceteras. (Not Pictured — Stephanie Bunting, Don Minter, Vice-Pres., Mr. Swann, Sponsor.)

# ecology

Appreciation and concern for our wildlife and natural environment encouraged the Atlantic Ecology Club to get involved in community affairs.

Viewing slide shows after school, collecting live specimens during a field trip to Ocracoke, algae pressing, and seining trips to Rudee Inlet helped students to better understand their environment.

Community projects included aluminum recycling and participation in Save the Dolphin and Save the Whale Campaigns. The sole money-making project was the sale of lion posters.

# intrigue

With determination to improve the skills of all its members, the Chess Club got off to a great start this year. The better players worked with the less experienced members to bring the entire club up to one high level of playing. A tournament within the club decided the top players, and then a city-wide tournament was planned. With President Pat Coffey and Advisor Mr. Jay O'Meara, the club met once a week and learned new techniques in the art of Chess.



# A WORKING KNOWLEDGE

## vica

This year's theme of VICA, "Fulfilling Our Incredible Potential," is a challenge that says each member is unique. It also implies that VICA is a means to help students reach this potential.

Vocational Industrial Clubs of America offers membership to any student enrolled in the ICT program. While students have the ability to learn professional skills through on-the-job training, VICA offers a laboratory for the development of professional attitudes. This year, for example, the club secured a number of guest speakers, all experts in their fields, to give classroom presentations. In addition, members of First Colonial VICA participated in an overnight Leadership Conference in Nag's Head, North Carolina, and sponsored an Employer-Employee Appreciation Banquet in the spring.

VICA, then, is one way in which the incredible potential of America's young people can be fulfilled.



VICA: FRONT ROW — Left to Right: Ronald Maes, Tony Jiminez, Keith Nichols, Mike Foley, Joe Crispin. SECOND ROW: Calvin Wiggins, Butch Gibson, Alfred Olds, Rosey Welles, Allen Brown, Kenny Allen, Clay Werner. THIRD ROW: Tim Hart, Clyde Shorter, Willie Woodies, Jay Monroe, Steve Ehrhardt, Laura Pillow. BACK ROW: Mike Albertson, Beau Witchet, David Armstrong, Clarence West, Jeff Swoope.

## fbla

Preparing and teaching students to participate in a business atmosphere, the Future Business Leaders of America attended Regional Conventions to compete in various office skills as well as a Parliamentary Workshop.

Social projects spanned the year from participation in the Homecoming Parade to organization of a program for a children's hospital. Members also planned a Halloween Party.

Money-making projects included selling doughnuts and a united campaign to sell jewelry. Funds were used to pay for trip expenses.

An awareness of the opportunities in the field of business was emphasized as the year came to a close.



FBLA: FRONT ROW — Left to Right: Rick Melson, Melanie Tillett, Sue Fichter, Belinda Coffield, Wendy Vaughn, Linda Fichter, Brenda Tyler. SECOND ROW: Susan Smith, Theresa Whitebred, Darlene Whitehead, Sami Brunson, Carolyn Reynolds, Nikki Hensley, Becky Hensley. THIRD ROW: Kim Voliva, Judy Gawrys, Marsha McTyre, Susan McQuillin, Esther Atwater.



# OF BUSINESS



DECA: FRONT ROW — Left to Right: Charles Flora, William Etheridge, Mark Bennardo, Mike Dixon, Mark Worrell, Peggy Flemming, Donald Walker, Wesley Kavala. SECOND ROW: Bill Wilkins, Todd Kampfmüller, Brenda Forbes, Paul Freeman, Lee Wiggins, Lynn Snowden, Richard Smith, Kathy Loiercio, Dan Wilson, Gary Felton, Valerie Scott. THIRD ROW: Carter McRee, John Snyder, Ricky Caldwell, John Hurdle, Will Nelson, Leta Barbis, Julia Anderson, Cheryl Whiting, David Richlie. FOURTH ROW: Scooter DeBoxel, Jeff Markman, Karen Barnes, Julie Campbell, Tracey Lamb, Bill Kiley, Sandy Ginn, Cheryl Hewitt, Tim Marrow, Cindy Hughes. BACK ROW: Lynn Leibowitz, Jeff Wilson, Vivian Clough, Mark Cumly, Max Hunter, Bill Barbour, Tom Pedicone, Robert Owens, Esther Atwater, Brian Huffman, Judy Peters, Pam Brugh, Cindy Wood.



DECA OFFICERS: Left to Right: Leta Barberia, Treas., Carter McRee, Vice-Pres., Cindy Hughes, Pres., Beth Cole, Sec., Richard Smith, Photographer. (NOT PICTURED: Cathy Loiercio, Reporter, Donald Walker, Chaplain.)

## deca

As a supplement to classroom instruction and on-the-job training, the Distributive Education Clubs of America (DECA) gives students an opportunity to learn a working knowledge of the business field.

Newly elected officers attended an Officers Training Conference at ODU in October and responsibly lead the club, with the guidance of Mr. Larry Brown and Mr. Thomas Speelman, throughout the year. Whether selling hand dish-washers during December or representing First Colonial at the Regional Leadership Conference in February, club members kept busy all year.

Bringing the year to a close, DECA planned and organized the annual Employer-Employee Banquet.



# CREATIVE EXPRESSION

## egg, inc.

Under the guidance of President Ken Braswell and Sponsor Alice Widman, Egg, Inc., the photography club at First Colonial, collaborated with the newspaper staff, the S.C.A., and other school clubs and organizations by taking pictures at special projects and activities.

They maintained a bulletin board of student candids across from the main office and sold student candids at the end of the year.

In October, five members attended a photography workshop coordinated by McIntosh Studios. A variety of photographic techniques were taught during the workshop. A beautifully made cardboard camera held by club members represented Egg, Inc. in the Homecoming Parade.

The goal of the club was to develop individual photographic skills, technically and artistically, and to assist in positive school spirit.



EGG, INC.: Left to Right: John Sayer, Sean Connell, Dee Akright, Ronnie Neale, Beth Curran, Ken Braswell, Elaine Blair, Wynn Bone, Heidi Swartztrauber, Chuck Wermers, George Loizou, Sponsor Alice Widman. (Not Pictured — Jay Headley, Dickie Cole, Richard Schlimgen, Gina Pitrone, Jim Young, Sponsor Mrs. Cassidy.)

## art

Becoming more active than ever, the Art Club started the year by selling doughnuts, cokes, and note cards made from some of the club's original artwork.

The main goal of the club was to learn to appreciate the beauty of art and in working to attain that goal, students planned a trip to the Virginia Museum in Richmond and to the Chrysler Museum in Norfolk.

Assisting the S.C.A. in decorating the gymnasium was one of the main projects of this imaginative club. Their decorative mood did not stop there; the members of the club proceeded to decorate the restrooms.

Ms. Gallacher, the club sponsor, encouraged an understanding of artistic technique and a broadened awareness of creative expression.



ART CLUB: FRONT ROW — Left to Right: Niki Hensley, Cheri McLeod, Lori Chutter, Dena Bailey, Kass Canada. SECOND ROW: Becky Jackson, Lorraine Knapp, Debbie Ewing, Liz Tyler, Pattie Stevenson, Kevin Sanderlin, Whit Palmer. THIRD ROW: Joe Beecher, Gail Waterfield, Tina Hyatt, Ann Knudson, Tim Kemp, Amy Jennings, Carol Pasqualino, Dale Bercaw. FOURTH ROW: Jackie Cooper, Britt Simon, Gail Johnson, Leon Lawson, Pat Pasqualino, Denise Finkbeiner, Clarice Wegryn, Tracy Dingwall, Charles Purvis. BACK ROW: Michael Campbell, Edi Kemp, Julie Clark, Roy Gregory.



# CULTURAL UNDERSTANDING



**BLACK CULTURE:** FRONT ROW — Left to Right: Debra Wheaton, Sec., Cynthia Miller, Pres., Sharon Miller, Treas., Mrs. Malone, Sponsor. FORMING THE B: Gloria Brown, Milton Saunders, Roger Smith, Allen Ford, Allen Brown, Roosevelt Welles, Ronald Brown, Jim Hancock, Jimi Gatlin, Curtis Riddick, Yolanda Wright, Keith Barnard, Landie Olds, Frecia Scott, Lynn Freeman, Lesha Forbes, Cynthia Williams. FORMING THE C: Chantay Albritton, Gwen Albritton, Pam Williams, Cuprice Anthony, Wanda Myles, Sharon Brown, Jane Gatlin, Patricia Gatlin, Crystal Whitehurst, Belinda Coffield, Vita Sills, Damita Braye, Brenda Fletcher, Sheila Cason. (Not Pictured: Jackie Joyner, Vice-Pres., Mrs. Whitehurst, Sponsor.)



**FHA:** FRONT ROW — Left to Right: Robin Smith, Charol Wallace, Diandra Mundy, Paula Johnson, Carollyn Reynolds. SECOND ROW: Sharon Collins, Celia Jordan, Beth Cole. THIRD ROW: Jessie Bottoms, J.D. McLeod, Noreen Wolf, Trish Braswell, Melanie Tillet, Anne Friaman, Jackie Cooper, Carol Hahe. LEFT SIDE: Tammy Platt, Lisa Liltz, Julia Anderson, Sandy Ginn. RIGHT SIDE: Dena Ruth, Kirsten Jackson, Dianne Saunderson, Edi Kemp.

## black culture

Both a school and service organization, the Black Culture Club provided an opportunity for students to learn more about their culture in relationship to other cultures. Members of the club also develop an awareness of their potentials and strengths along with an awareness of the needs of others. The club's functions, therefore, were to provide school and community service, to promote leadership and responsibility, and to carry out social and financial activities.

Some of the club's activities include participating in the Homecoming parade, having a banquet to honor Miss Black Culture, preparing a Thanksgiving basket for a needy family, putting on a Christmas play, sponsoring a dance, and organizing the annual banquet at the end of the year.

## FHA

Last year's Home Ec. club became part of an international organization over the summer, and is now FHA, the Future Homemakers of America.

As a club dedicated to improving life styles, FHA studied many facets of home economics. They also examined other relevant topics, such as marriage compatibility, and child abuse. Guest speakers included a model, a caterer, a marriage counselor, and an interior decorator.

Keeping the club busy throughout the year was the sale of giant coloring books, and homemade FHA baked goods.

The club took a break from its heavy work schedule in the beginning of the year to have their annual FHA picnic. This year's picnic was held at Redwing park.

A community service project was added to the club's agenda this year. The FHA decided to sponsor a needy family.


An informative and exciting year helped FHA to better understand themselves and their culture.



# Sports







Sports played as important a role in the life of each student this year as in previous years. First Colonial, unlike other schools, had no problems with apathy toward school-sponsored sports. In fact, just the opposite was true; it was not unusual to have sell-out crowds at many home events. Superstars emerged on many teams, but the real superstars were the ones in the stands who gave their support, win or lose. Yet the one thing that could unite both spectator and player was the realization that they were number one.





Trick Standing and Rob Cornelius nail Cox player.



Determination is displayed on the faces of Coaches Webster and Douglas.



Jay Mapp and Coach Webster discuss game strategy.





# ATTACK IS BALANCED



Rob Cornelius takes it all in.



Brad Beamon confers with Coach Webster.



Practice in the summer heat reveals winning season.

Despite a controversial loss to Kellam, which cost them the District title, the Patriot football team had a very rewarding season. After their initial loss, they went on to wipe out their opponents in the nine remaining games.

The running of James Lawson, who averaged almost eight yards per carry, and Fernando Forbes, who scored ten touchdowns, contributed significantly.

The defensive backfield of Allen Pyle, Tom Gilliland, Doug Brown, and Phil Hubbard intercepted more than twenty passes between them.

The team was easily one of the most talented in the District. Five players were selected to be on the first string of the All-District team: Tom Gilliland, who was

also on the first string of the All-Tidewater, All-Regionals and All-State teams, Don Phillips, also on the first string All-Metro, All-Tidewater, and All Regional teams, James Lawson, first string All-Metro, All-Tidewater, and All Regional, Calvin Wiggins, and John Poe. On the second team All-District were Fernando Forbes, Chris Brownley, Doug Brown, Leon Lawson, and Jeff Mills, the team captain.

Along with those already listed, some of the other outstanding players were Brad Beaman, who was the quarterback and a team leader, Mark Young, a defensive end, Russell Walsh, tackle, Rob Cornelius, center, David Shrenk, guard, Mark Desroches, Jay Mapp, end, and Trick Standing, defensive lineman.



# PATRIOTS COME ALIVE!



Patriots charge onto the field.



Chris Brownley shows his approval of a Patriot play.



Action is observed from the sidelines by senior Doug Brown.



Coach Douglas gives instructions to his defensive line.





Coach Britton reviews plays.



"We're number one!"



Brad Beamon calls the signals.



FRONT ROW: Rusty Rust, Sam Scarborough, Rob Cornelius, Ed Camp, Richard Baer, Fin Crowley, Doug Onhaizer, Russell Walsh, Allen Pyle, Mel Stowers, Kelly Morgan, Greg Olds, Paul Newsome. SECOND ROW: Jim Perry, Chris Brownley, Jimmy Nash, Joe Libbon, David Aucoin, Mark Desroches, Glen Woolcott, Dan Roland, James Lawson, Ricky Meyers, Jeff Mills, Jack Friedman, Keith Barnard, Trick Standing, Calvin Wiggins, Randy Forbes, Jim Darden. THIRD ROW: Darrell Gilliland, Jay Mapp, Fernando Forbes, Chris Kennedy, Phil Hubbard, Tom Gilliland, Doug Brown, Mark Dolson, Ross Montgomery, Rick Lett, Mark Dennis, Jerry Dubois, David Shrenk, Don Phillips, Mark Young, Finis Lawson, Brad Beaman, Leon Lawson, John Poe, Albert Grimes, Chuck Gardner.



# SEASON FINISHES

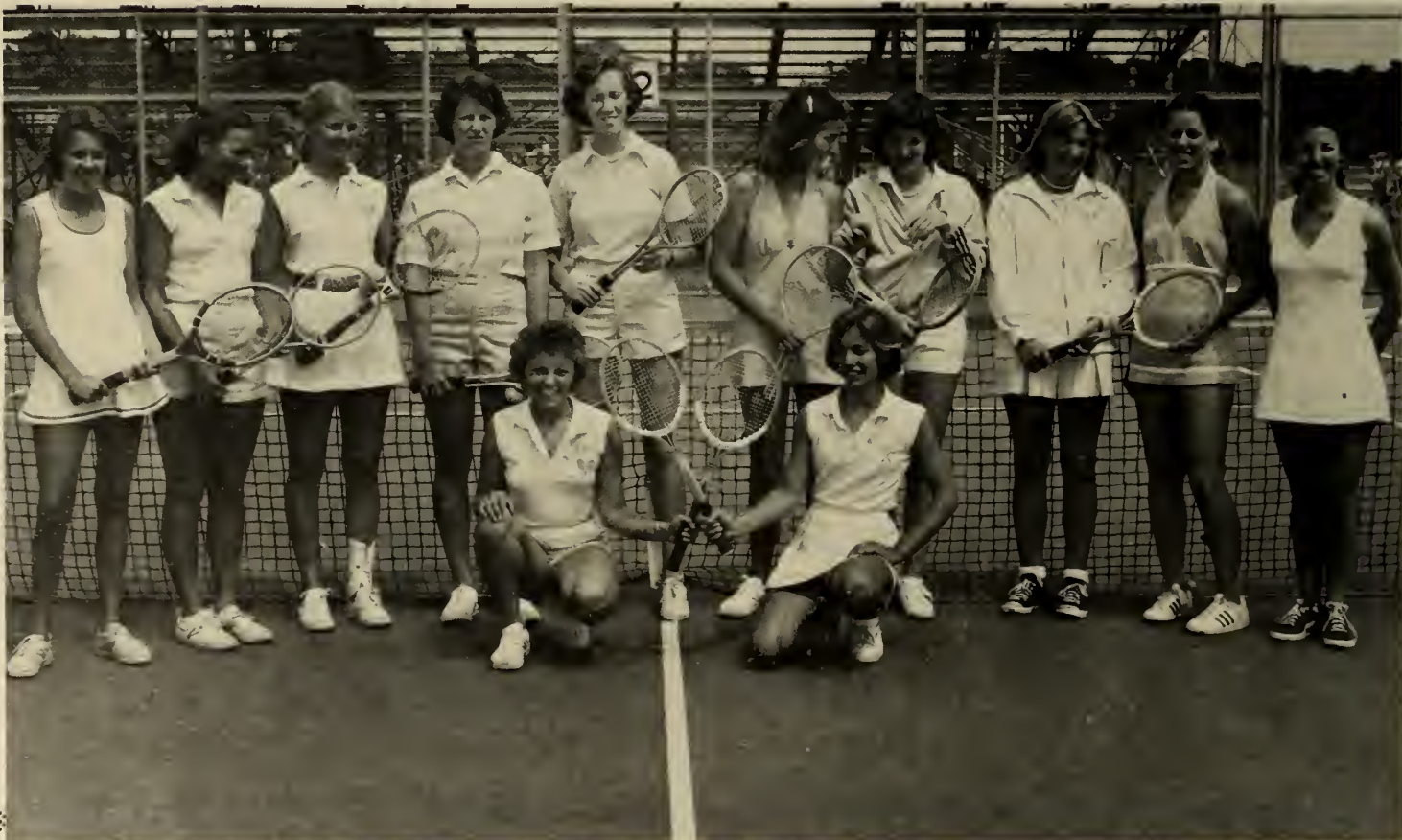
Tennis has long been a popular sport in the Beach, and it would seem only natural that First Colonial would have a fine women's tennis team.

With the outstanding record of eight wins and two losses, the women really showed their stuff. With one more year to go, Tracey Eubank was playing her third year in the number one spot. The doubles team of Geri DeLong and Jill Hryskanich had a near-perfect record of 9-1. The team was also second in the district, and the doubles team of Colette Ives and Tracey Eubank was first in the district and second in the Regionals.

Other fine players for the Lady Patriots were Jane Morgan, Allyson Butler, and Laura Redford. Jane Morgan received the Outstanding Senior Award. Next year the fans can look forward to another fine season.



Karen Hoel returns a shot.



FRONT ROW: Celeste Daniels, Karen Hoel. STANDING: Carroll Huger, Lee Monroe, Jane Morgan, Jill Hryskanich, Geri DeLong, Tracey Eubank, Allyson Butler, Laura Redford, Colette Ives, Coach Burkhart.



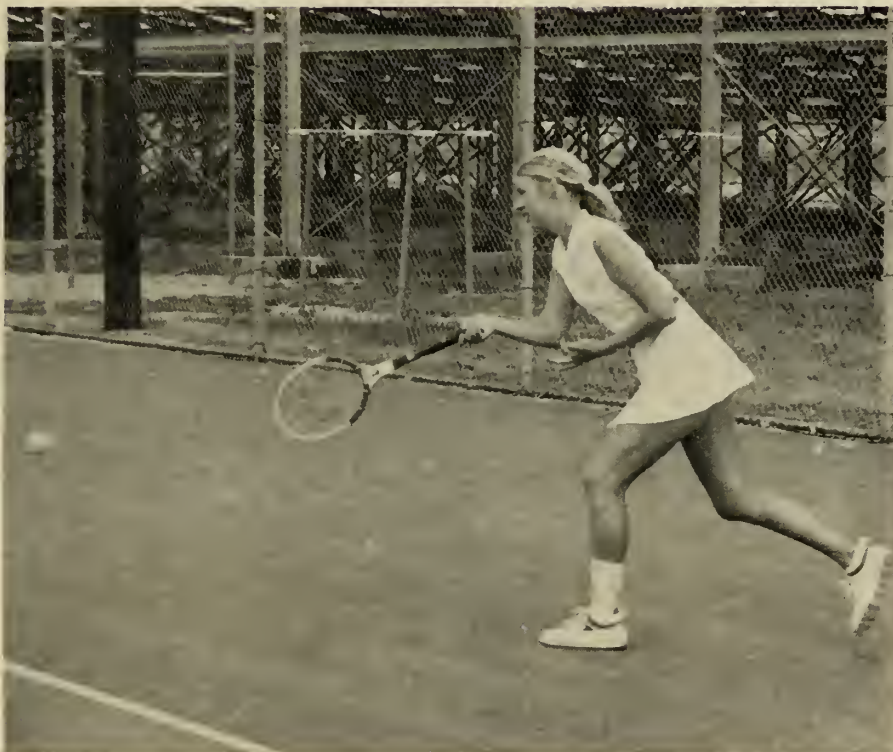
# WITH "LOVE"



Allyson Butler makes a smashing return.



Celeste Daniels is determined to win her match.



Jane Morgan returns an opponent's shot.

Whit,  
It was nice having you  
in art again this year. W/ some  
of the art work I've seen you  
in the past 2 yrs, you'd be a  
great art teacher. Keep that in  
mind when your thinking of  
something to major in. Be good!

Love,  
Allyson



# PATS LOOK TO THE FUTURE

The girl's field hockey team began their season with two-a-day practices in the hot August sun. Although the team did not have a winning season, the Patriots are looking forward to next season. This team was an inexperienced one, consisting of mostly Sophomores and Juniors.

Bridgette Comer, who played sweeper, was voted the outstanding defensive player. Lorraine Knapp was selected the outstanding offensive player. Phyllis Kunkler was the most improved player, and Carroll Huger was the high scorer for the team.

Other fine players were Erika Zauzig, Debbie Leaks, Capt. Tina Hyatt, Teri Joshua, Susan Burt, and Donna DeFabo.

The Women's Field Hockey was coached by Sharon Burkhart.



FRONT ROW: Lorraine Knapp, Captain, Tina Hyatt, Captain. SECOND ROW: Susan Burt, Laura Goodman, Kim Cordle, Sue Slye, Carroll Huger, Leslie Dickson, Mary Blair, Debbie McKeever. THIRD ROW: Donna Defebo, Laura Ewing, Patte Gleason, Debbie Leaks, Bridgette Comer, Suzy McTague, Mindy Moon, Teri Joshua, Phyllis Kunkler, Cheryl Trafford, Sheilah Cason, Mary Bunton, Sharon Staton, Jean Traub, Erika Zauzig.



Team Captain Lorraine Knapp hits the ball.



Lady Patriots practice scoring techniques.



Team Captain Lorraine Knapp hits the ball to the ground.



# BEND OVER BACKWARDS



Shelly Grabinsky executes a flying hip circle on the uneven bars.

The girls' gymnastics team had an exceptional season this year. Each member's hard work and contributions to the team proved their dedication and resulted in a fine team effort.

Led by captains Robin Coulsting and Lorraine Knapp, the team practiced daily in preparation for the meets. The sport was not as easy as it looked, for the gymnasts have to be strong as well as cute and graceful. The team was assisted by their managers Cindy Snodgrass and Laura Buffington, and their outstanding coach, Lynn Hadley.

Of these dedicated girls, many placed in the district meet. In the Regional meet Ann Franzoni placed fourth on bars, Stephanie Fall placed sixth on beam, and Robin Coulsting placed first on beam. Ann Franzoni and Robin Coulsting advanced to the State meet, which, along with the Regional meet, was held at First Colonial. With all the members returning with the exception of Lorraine Knapp, First Colonial should once again be a major powerhouse in the Beach District.



In competition Lorraine Knapp proves that practice does make perfect.





Robin Coulsting performs a stag handstand on the beam.



Executing a difficult move, Robin Coulsting uses all her concentration.



Ann Franzoni attempts a handstand on the uneven bars.



Becky Bundy completes her floor exercise routine.





Stephanie Fall performs a dance move during her compulsory beam routine.



Landing perfectly, Leslie Karnitschnig dismounts from the beam.



LEFT TO RIGHT: Coach Hadley, Manager Laura Buffington, Manager Cindy Snodgrass, Lorraine Knapp, Kaytren Martin, Leslie Karnitschnig, Shelley Grabinsky, Robin Coulsting, Becky Bundy, Sandy Lee, Terry Joshua, Kinney Glascock, Susan Freer, Ann Franzoni, Stephanie Fall.

# YOUNG TEAM EXCELS



# ONLY WAY IS UP

With the loss of the junior varsity sports came the addition of a number of new sports, and one of these was Women's Soccer.

The season ended with a moderate record, but there were many underclass players who will return to lead the Lady Pats in the next season. Some of the notables were Erika Zauzig, Phyllis Kunkler, Carolyn Cross, and Tracy White.

The seniors cannot be forgotten, however. Jan Godfrey, a team captain, was an outstanding player. Karen McNaught, the other captain, was also a very valuable player. She was the high scorer for the team with five points. Coach Rowlands and her team gained a lot of experience that first season. The other schools had better look out because the Patriots are on the move.



Karen McNaught practices scoring techniques.



GIRLS' SOCCER TEAM: Front row: Jan Godfrey, Karen McNaught. Second row: Karen Muller, Laura Hall, Bridgette Comer, Shirley Hadley, Tracey White, Debbie Lauro, Leslie Marshall, Shelley Grabinsky. Back row: Coach Janet Rowlands, Allison Jackson, Erika Zauzig, Carolyn Cross, Judy Peterson, Liz Peterson, Phyllis Kunkler, Mindy Moon, Jill Peterson, Martha McDaniel, Susan Burt, Stephanie Bunting, Sarah Snapp, Carol Roughley, Stacy Williams (Manager).





Phyllis Kunkler blocks a shot.

# PATRIOTS ON THE RUN



Jon Dobbs excels at pole vaulting.



Leon Lawson strives to win in the long jump event.



Guy Morgan clears the bar.



Ron Zollicoffer competes in the triple jump.

The Outdoor Track Team won three of their five meets last year, due to the efforts of the fine sprinting squad. Jon Parker, Fernando Forbes, James Lawson, and Mike Felton were all excellent, with Mike placing fifth in the State Meet in the 100-yard dash with a time of 9.5 seconds. Leon Lawson excelled in the 440-yard dash, along with Tommy Lee and Pete Demchuck. The school's 880-yard relay team, consisting of Mike Felton, James Lawson, Jon Parker, and Fernando Forbes, had an excellent time of 1:28.7.

Jon Dobbs was seventh in the State Meet in the pole vault with a vault of thirteen feet, nine inches. Two promising vaulters to take his place are D.J. Walters and Ed Camp.

With most of the team returning, the Patriots should look forward to another winning season.



FRONT ROW: David Walker, Bill Ballard, John Rogers, Jon Dobbs, Leroy Miles, Fernando Forbes, James Lawson, Mike Felton, Jerry Miller, Curtis Bridges, Chris Snowden, Tim Hiteshew. MIDDLE ROW: Leon Lawson, Ron Zollicoffer, William Cornick, Gregory Olds, Steve Long, Wayne Gladin, John Parker, Paul Rogers, Pete Demchuck, Tommy Lee, D.J. Walters, Tom Blache, Cleo Holsey, Ed Camp, Scott Casone. BACK ROW: Craig Davis, David Mayhan, Guy Morgan, Don Phillips, Mark Andrews, Steve Rogers, Greg Ettel, Al Cardwell, Steve Evans.



# CHEERLEADERS BOOST SPIRIT



Sixteen Senior, Junior, and Sophomore girls made up this year's squad. The cheerleaders began by leading the football team through a winning season. They continued to bolster Patriot morale as they cheered for Basketball and Wrestling. The girls also attended Hockey games and Gymnastic meets. Not only did the Spirit makers cheer at games, they also sold tickets during lunches. The cheering squad was led by co-captains Karin Mullaney and Marianne Talbot. The cheerleaders are to be congratulated on their success in achieving true Patriot Spirit throughout the school.

Co-Captains Marianne Talbot and Karin Mullaney lead the Patriot fans.



Cheerleaders show enthusiasm at football game.





Cathy Beaty and Jeanne Giuffre jump for the Patriots.



Senior Margie Bain enjoys her third year of cheering at First Colonial.



Cheerleaders entertain the crowd at halftime.



FIRST ROW: Sherry Knight, Cathy Bonner, Barbara Bersing, Jeanne Giuffre. SECOND ROW: Stephanie Fall, Captain Karin Mullaney, Captain Bootsie Talbot, Becky Griffin. THIRD ROW: Cathy Beaty, Debbie Hudler, Beth Buchert, Tracy Barrow, Lisa Galyon, Kim Cordle, Margie Bain, Tori O'Brien.





Cathy Barrie watches the Basketball game intently.



Cheerleaders spur the team on to victory.

Encouraged by Cathy Fletcher, Phil Hubbard makes his foul shot.



# GYMNASTS ON TOP

With long hours of practice to back them, the Men's Gymnastics team became the second best in the district. With a record of five wins and one loss in the district, it is easy to see that Coach Fishel is guiding the team well. His coaching and the talent of such gymnasts as Russ Brooks, Monty Rish, and Ron Dryden gave the Patriots a fine season in yet another sport. The Patriots were fourth in the Eastern Sectionals, and Russ Brooks qualified for the State tournament in floor exercises.

Competing in such events as the rings, the parallel bars, and the horse, the Patriots showed remarkable finesse and skill.

Returning for the 1978 Men's Gymnastics team will be Ron Dryden, Ed Southern, Lester Brink, and Kevin Marshall.



Russ Brooks practices trampoline techniques.



Monty Rish dismounts from the parallel bars.



Mike Swift performs a hand stand on the parallel bars.



# GIRLS' TRACK TEAM PUSHES ON



Coach Lynn Hadley's Track Team had some excellent talent last year. However, due to the lack of depth, their performances suffered. In some events, one Patriot would be competing against three or more opponents.

Some girl runners to look for this year are Paula Johnson, Teresa Cherry, Gail Johnson, and Liz Tyler.

Teammates cheer Bridgette Comer on to victory.



FRONT ROW: Bridgette Comer, Terri Parker. SECOND ROW: Teresa Cherry, Gail Johnson, Paula Johnson, Coach Hadley. THIRD ROW: Sanford Price, Liz Tyler, Phyllis Cooper.



Gail Johnson displays winning form in the hurdles.



# WRESTLERS FLATTEN

Even though this was only Mr. Miller's second year as the wrestling coach, the team finished its season with an outstanding record. Along with this, the matmen also defeated Cox High School, 29-28, for the first time since the two schools have been competing. The superiority of the Beach District was obviously demonstrated as the team was fourth in the district, fourth in the region, and sixth in the entire state.

The long, painful hours of practicing techniques combined with the never-ending struggle to make weight paid off extremely well for the individual members as well as the team as a whole. Wrestling at the 145 lb. weight class was Tom Coghill, who came in first in the Eastern Region. Chris Taylor, weighing 119, and a two-time state champ, was first in the region. Despite his having to wrestle the flu as well as his opponents, he managed to place third in the state. Calvin Wiggins, providing the ultimate finish to an excellent season, became the new state champ at 185 lbs. Also making excellent showings at the state tournament were seniors Steve Romeo, at 98 lbs., and Tony Wareing, at 138 lbs. The team should have another great season next year with the help of the talent returning next year.



Tom Coghill shows that all is lost for this PA wrestler.



A Cox opponent sees that he has no chance against Baker Mordecai.



David Mayhan transmits his message to an enthusiastic crowd.



# COMPETITION



Determination shows on the face of State champion Calvin Wiggins.



Steve Romeo has the advantage from the start over his opponent.



Two-time State champion Chris Taylor shows the skill that makes him a winner.



# INDIVIDUALS



FRONT ROW: Larry Lowton, Earl Brown, Baker Mordecai, Eddie Graves, Michael Wiggins, Willie Jordan, Joey Barnes, Steve Romeo. SECOND ROW: Tim Drinko, Jim Standing, Al Gregg, Steve Long, Chris Taylor, Jim Young, Carl Trost. THIRD ROW: David Mayhan, David Schrenk, Jack Freedman, Al North, Tom Coghill, Tony Wareing, Curt Smith, Coach Miller. (NOT PICTURED: Calvin Wiggins.)



Tony Wareing strives for a win against a PA opponent.



The referee signals a victory for Chris Taylor.



# ADVANCE TO STATE



David Mayhan easily pins his Cox competitor.



First Colonial grapplers anxiously await their matches.

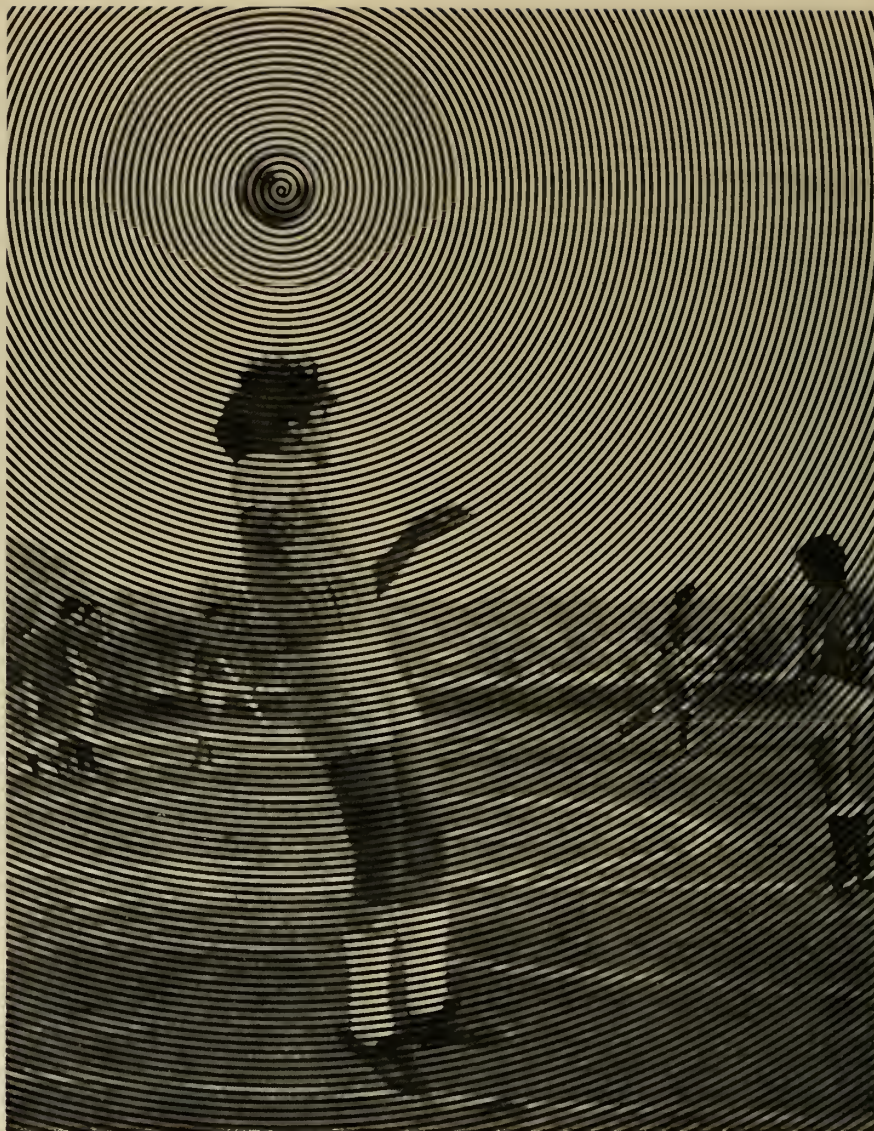


The world's most popular spectator sport finally reached Virginia Beach public schools, and the Patriots proved once again that they are the best in the district. Led by the scoring of Scotsman Willie Diamond, First Colonial became the undefeated district champions. With a total of 20 goals, Diamond also led the city in scoring. Also figuring in the Patriots' mighty offense were Chris Ettel, Jay Mapp, Charles Hand, and Troy George. The team composed a total of 39

points in ten games.

Led by goalkeeper Jay Underwood, sweeper Joe Trost, center fullback Bill Hydar, and fullback Jimmy Bain, the stubborn First Colonial defense allowed only 6 points the entire season. The team also had four shut-outs and allowed no more than one point in a game by any opponent.

Though each game was an important one for the Patriots, two of the most crucial were against Kempsville and Kellam. Each of these were away games.



Bill Hydar goes up to head the ball.



Willie Diamond makes a long cross to Jay Monroe on the wing.



Jeff Mencini and Bill Hydar team up while Chris Ettel and Joe Trost look on.



# WORLD CUP BOUND



Tracy Armstrong warms up before a game

Kempsville was thought to be the best in the district, but the Patriots easily defeated them 4-1 in their first meeting. The second game was different. Kempsville scored first, but the Patriots tied it up with a corner kick by Willie Diamond that went untouched into the net. Another goal was added, and the Patriots won 2-1.

The first game scheduled against Kellam had to be postponed until the end of the season. Midway through the season, FC defeated Kellam 4-1. The make-up game was scheduled for May 16. This was each team's last game. Kellam drew the first score. They led until late in the game when Jay Mapp headed the ball in on a cross. The game went into overtime, but neither team could score. The game ended in a 1-1 draw.

The Patriot Tri-Captains were : Willie Diamond, Jay Mapp, and Joe Trost.

The Patriot coaches were: Norbie Wilson — head coach, Tassos Paphites — assistant coach, and Mike Fitzpatrick — assistant coach.



MEN'S SOCCER TEAM: Front row: Asst. Coach Mike Fitzpatrick, Jimmy Bain, Tracy Armstrong, Finn Crowley, Mike Dickens, Jeff Mencini, Khanh Tran, Greg Brainerd, Chris Ettel, Jay Mapp, Jack Phelps, Charles Hand, Britt Simon. Back row: Head Coach Norbie Wilson, Asst. Coach Tassos Paphites, Joe Trost, Bob Martin, Bill Hydar, Troy George, Keith Owen, Jay Underwood, Kevin Odom, Mike Gleason, Willie Diamond, Harry Runkle, Albert Grimes, Jay Monroe, David Aucoin. Not pictured: Tim Jackson.



# ALWAYS ON THE BALL

The girl's Basketball team opened their season this year with a winning streak. Although the team lost their first game to Bayside, they rallied back with nine straight victories. Due to the outstanding performances of Jimi Gatlin, Beth Lodge, Missy Snuffin, Frecia Scott, and Yvonne Evans, the Lady Patriots have proved that they are sure contenders for the District and Regional titles. The Patriots were coached by Janet Rowlands, who was joined by a new assistant, Jeanne Grant. This is Coach Rowlands' second winning season in two years of coaching. The Patriots owe much of their success to this fine coach. Although they will lose three of their starting players next year, the Patriots are looking forward to another winning season.



Coaches Grant and Rowlands chalk up a winning season.



Lolo Leaks looks around for a teammate.



Opponents fail to keep Sheilah Cason from scoring.





Jimi Gatlin scores again for the Patriots.



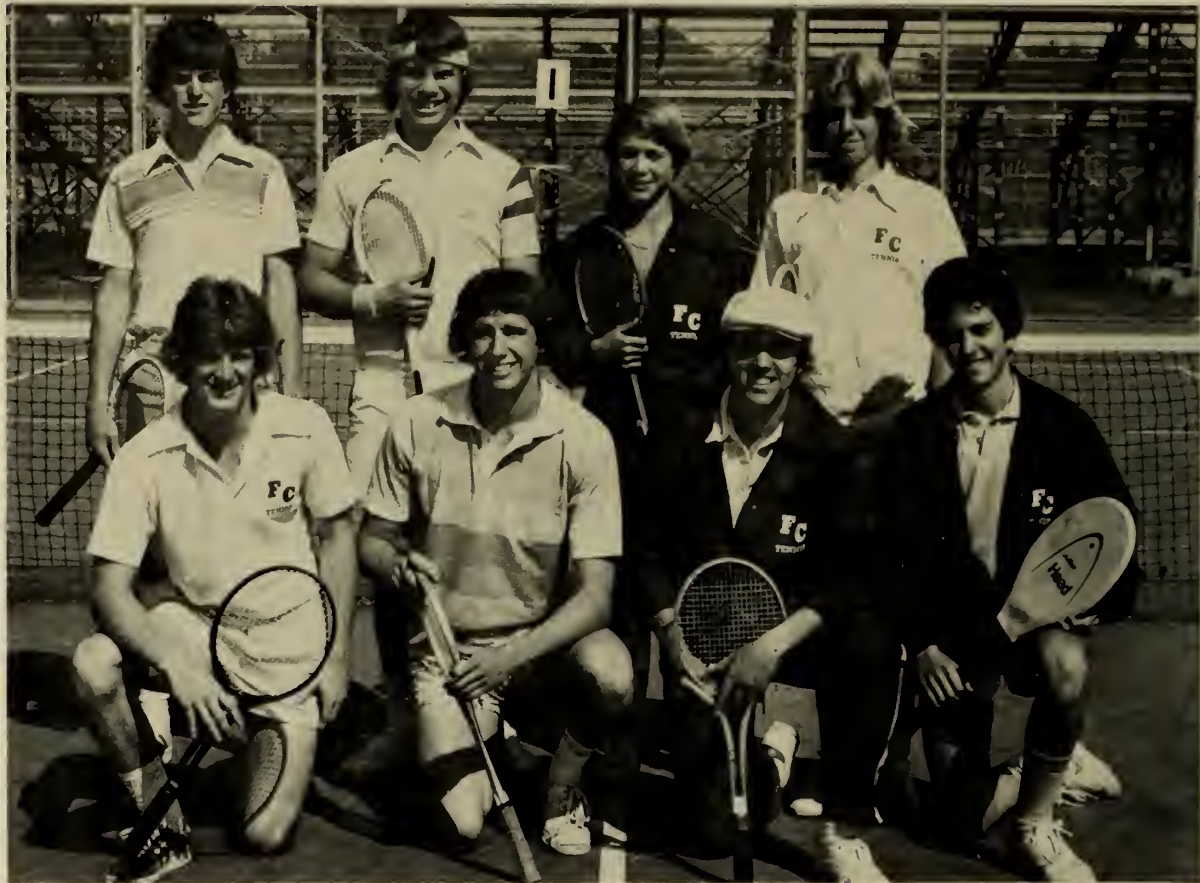
Pam Gallagher strives to jump higher than her PA opponent.



FRONT ROW: Beth Lodge, Captain, Jimi Gatlin, Captain. SECOND ROW: Sherry Hoggard, Pam Gallagher, Missy Snuffin, Karen Muller, Stacy Williams. THIRD ROW: Coach Grant, Debbie Leaks, Frecia Scott, Sheilah Cason, Lolo Leaks, Yvonne Owens, Peggy Camp, Bridgette Comer, Erika Zauzig, Coach Rowlands.



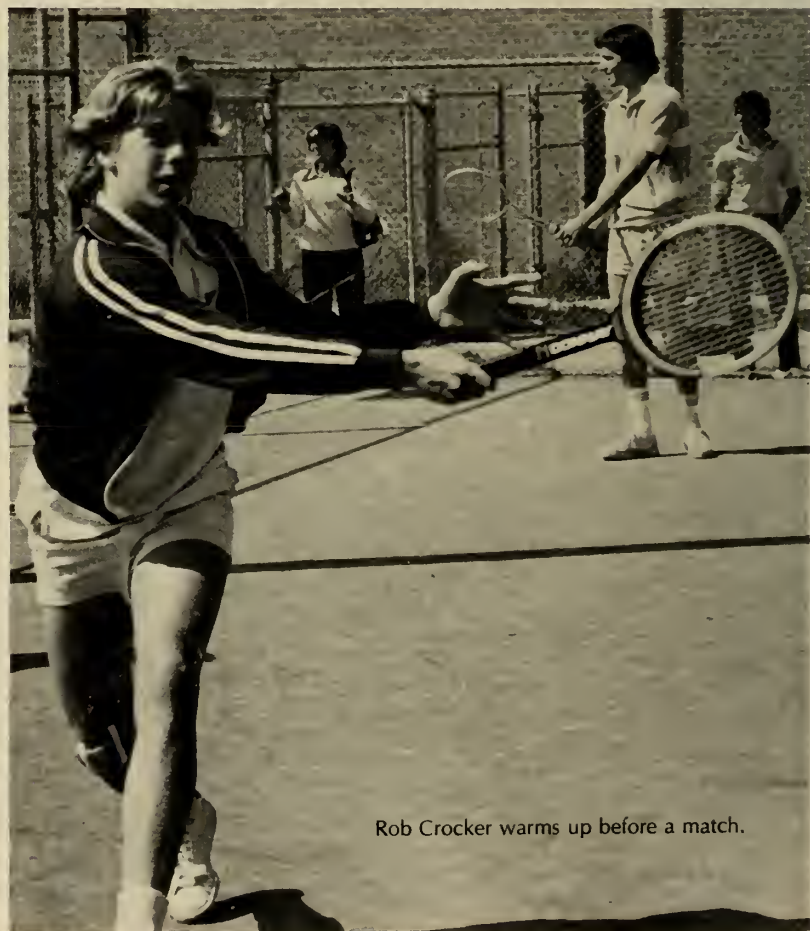
# TENNIS TEAM SWINGS



KNEELING: Lenny Burns, Langley Holland, Todd Furniss, Craig Gallagher. STANDING: Shade Honeycutt, John Hart, Eddie Furniss, Rob Crocker.



Lenny Burns serves to an opponent.



Rob Crocker warms up before a match.



# INTO ACTION



Eddie Furniss concentrates on scoring.

With four of six starting singles players returning from last year, the Men's Tennis Team should be as tough in '78 as they were in '77.

Langley Holland, Lenny Burns, Rob Crocker, and Eddie Furniss all were unbeaten in singles play. Of these, Lenny Burns, Eddie Furniss, and Rob Crocker will be returning.

For the past four years, the Patriots have gone to the regional playoffs. Last year was no exception with Langley Holland and Todd Furniss playing singles and playing together in the doubles matches. The Patriot team also placed third in the region.

Todd Furniss and Langley Holland were the captains of the team.



Senior Langley Holland displays winning form.



# MILES OF HARD WORK

Though not having an outstanding season, Coach Alton Hill's Cross Country team was better than their record showed. The only major problem facing the team was its lack of runners, which kept them from running as a team in the District Meet.

With a little more participation, the team should be a winner next year, giving the other district teams something to look out for. Some of the outstanding runners on the team were John Rogers, Tommy Lee, Zeke Worlds, and David Wright.



FRONT ROW: David Wright, John Rogers, Zeke Worlds. BACK ROW: Charles Harshburger.

# NEW TEAM EMERGES

Last year was the first time that First Colonial has had a Girl's Softball team. Although the team was new and inexperienced, the Patriots were able to achieve a winning season. Outstanding players included Missy Snuffin, Lolo Leaks, Sheilah Cason, Jimi Gatlin, Frecia Scott, Mary Foster, and Sam Brigman. The team, coached by Ms. Swiger, placed second in the district. Congratulations to a new Patriot team that did an excellent job.



FRONT ROW: Mary Foster, Joy James, Jan Buck, Missy Snuffin, Ginger Lovering, Laurie Chutter, Sam Brigman, Vicki Jones, Joan Link. NOT PICTURED: Jimi Gatlin, Lolo Leaks, Frecia Scott, Sheilah Cason, Chris Haywood, Kathy Haywood.



# RECORD PERFORMANCES



Despite their unimpressive 2-3 record (due to illness and injury) the indoor track team had much more talent than was in evidence. Mr. Hill said of his team, "They were a young team, worked hard, were dedicated, and improved greatly."

In the District meet, Mike Felton won the long jump and 60-yard dash, while setting a district record in the long jump. Curtis Riddick placed second in the 60-yard dash, Randy Bullard placed in the 60-yard high hurdles, William Cornick and David Mayham placed in the shot put, Tommy Lee placed in the 1000 despite a bad case of the flu, and Scott Casone ran the 600 and high jumped.

In the regional meet Mike Felton won the long jump, Scott Casone placed in the high jump and 600, and Randy Bullard placed in the 60-yard high hurdles. The team as a whole placed tenth out of 16 schools, defeating Kempsville and Kellam, and just narrowly being defeated by Cox.

At the State Meet in Richmond, Mike Felton placed third in the 60-yard dash with a time of 6.33 seconds. The team placed twenty-fourth in the state with 6 points defeating Kellam and Cox and barely losing to Princess Anne.

FIRST ROW: Wayne Forbes. SECOND ROW: Milton Palmer, D.J. Walters. THIRD ROW: Randy Bullard, Curtis Riddick, John Hurdle. FOURTH ROW: John Rogers, Kent Cowell, David Howard, Mark Bennardo, Pete Demchuk. FIFTH ROW: Mike Felton, Jimmy Hancock, Tommy Lee, Scott Casone, Beth Barrow, David Mayhan, Melvin Woodhouse, Tommy Mapp, Zeke Worlds, Gary Felton.

# MORGAN & CO. RULE COURTS



Coach Hill gives plans and words of encouragement to the team during the Cox game.



Guy's in the air with another winning play.





Patriots get psyched up before the PA game.



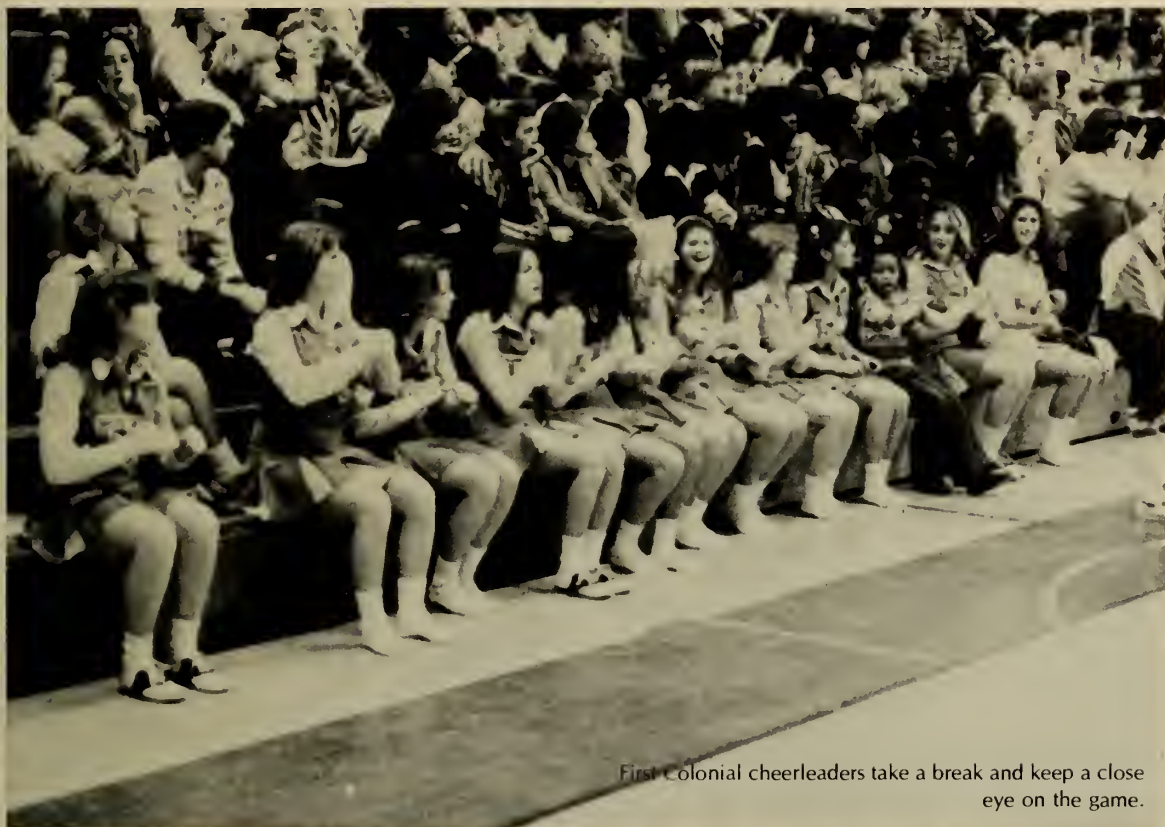
Guy Morgan reaches above a Kecoughtan opponent.



FRONT ROW: Marianne Talbot, Coach Hill, Phil Hubbard, Mark Jones, Ed Thorne, Terrence Fisher, Sean Connell, Coach Wilson, Karin Mullaney. BACK ROW: Manager Stewart Holland, Tom Gilliland, Jeff Owens, Eric Fountain, Mark Dennis, Guy Morgan, Ricky Sherrill, Scott Casone, Rusty Onhaizer, Robert Creekmore, Skip Harwood.



# CROWD PLEASERS



First Colonial cheerleaders take a break and keep a close eye on the game.



First Colonial makes another winning drive for the ball.



Tom Gilliland looks around for a teammate to pass to.



# DISTRICT CHAMPS ONCE AGAIN

While this year's basketball team did not destroy its opponents as did last year's, it was still a powerful force. This force was demonstrated when the Patriots, led by Guy Morgan, rolled to the Beach championship for the second time. The team went far before being eliminated in the semi-finals of the Regionals. The disappointing loss to a strong Ferguson team ended all hopes of another trip to State.

Nevertheless, the season had many high points for certain members as well as the entire team. For the team as a whole, along with winning the District title, they also defeated Cox both at home and away. On the individual level, our 6' 9" senior superstar, Guy Morgan, was elected to MacDonald's All-American team as well as the All-Tidewater team. He has been sought after by many colleges since his junior year, and this year indicated a preference for Wake Forest. Not only did the players receive awards, but their coach, Alton Hill, was selected Coach of the Year.

Although not scoring much, guard Phil Hubbard held the responsibility of getting the ball down the court and setting up every play. Strong scoring performances by Rusty Onhaizer, Tom Gilliland, and Robert Creekmore added to the power, and Skip Harwood came off the bench to assist the team effort.

Phil and Robert will be the only returning starters next year, but Coach Hill saw that all members got playing experience.



A scoring play is begun by Rusty Onhaizer.



Guy Morgan gets the jump on Cox.



Mark Dennis scores over an opponent.





Phil Hubbard starts his drive to the basket.



Tom Gililand spearheads the fast-break.



Robert Creekmore outmaneuvers his man.



# ABNER DOUBLEDAY

As with most of the other Patriot sports, the Men's Baseball team displayed another fine winning season. Two outstanding seniors, Tom DeLong and Tim Sayers, displayed their talents on the mound and in the field. Other outstanding seniors in the lineup were Scott Perkins, David Meadows, Ben Smith, Robert Heroux, and Ray Coons. Juniors Tom Gilliland, Jon Frizzell, Tom Vambell, Allen Pyle, and Doug Brown also helped the team on to victory. They will return next year to help Coach Blenner and a new coach, Alan Williams, prove that the Patriots are the best in any season.



Joe Fontenot sends one out of the park.



FRONT ROW: Bob Galway, Phil Hubbard, Doug Brown, Tim Sayers, Scott Stevenson, Joe Fontenot, Randy Forbes, Bruce Nagourney.  
MIDDLE ROW: Coach Blenner, Joe Libbon, Tom Vambell, Neil Leibowitz, David Meadows, Tom Gilliland, Allen Pyle, Bruce Glaves.  
BACK ROW: Coach Phelps, Jon Frizzell, Tom DeLong, Ben Smith, Robert Heroux, Jeff Mills, Ray Coons, Scott Perkins.



# WOULD BE PROUD



Tom DeLong fires one over the plate.



Coach Phelps gives his team signals.



Coach Blenner watches the action while Bruce Glaves and Bob Galway look on.



# MEN'S BASKETBALL

FC		OPP
64	Bayside	46
73	Warwick	88
61	Kellam	54
41	Denbigh	39
57	PA	53
71	Kecoughtan	64
50	Cox	46
62	Norcom	54
48	Wythe	62
57	Kempsville	47
66	Cox	59
64	Denbigh	78
71	Bayside	45
70	Warwick	74
60	Kellam	49
43	Ferguson	64
63	Kecoughtan	55
64	Ferguson	89
47	Kempsville	48
64	PA	60

## FIRST IN DISTRICT

District Tournament

FC		OPP
68	Cox	54
66	PA	53
51	Kempsville	46

## FIRST IN DISTRICT TOURNAMENT

Regionals

FC		OPP
73	Norcom	58
77	Ferguson	87

# FOOTBALL

FC		OPP
13	Kellam	14
14	Granby	0
13	PA	6
14	Bayside	13
28	Kempsville	7
29	Cox	6
34	Booker T	6
20	Menchville	0
20	Maury	6
33	Lake Taylor	20

# WOMEN'S TENNIS

	FC	OPP
Cox	2	38
Kempsville	3	41
Kellam	1	25
Princess Anne	2	26
Bayside	5	37
Cox	4	29
Princess Anne	1	31
Kempsville	1	46
Bayside	5	29
Kellam	0	38

# WOMEN'S GYMNASTICS

	OPP	FC
Kecoughtan	LOST	6
Warwick	LOST	6
Cox	LOST	9
Princess Anne	LOST	9
Kempsville	WON	8
Bayside	WON	5
Princess Anne	LOST	9
Kellam	LOST	9
Cox	WON	9

# WRESTLING

	OPP
Western Branch	13
Oscar Smith	27
Great Bridge	14
Kecoughtan	14
Deep Creek	34
Bayside	29
Kempsville	18
Cox	28
Maury	22
PA	13
Kellam	25
Booker T. Washington	22

# MEN'S TENNIS

	OPP
PA	3
Bethel	3
Cox	0
Bayside	0
Kempsville	1
Warwick	4
Kellam	0
PA	0
Cox	0
Norf. Catholic	0
Bayside	1
Kempsville	1
Menchville	6
Norf. Collegiate	2
Kellam	2
Maury	8



# SCORE BOARD

## WOMEN'S BASKETBALL

FC		OPP
43	Bayside	54
48	Warwick	32
55	Kellam	44
73	Denbigh	33
73	Princess Anne	44
66	Kecoughtan	33
55	Kempsville	28
43	Cox	40
37	Denbigh	31
41	Bayside	36
39	Warwick	30
56	Kellam	53
42	Ferguson	19
54	Kecoughtan	23
55	Ferguson	31
44	Kempsville	33
57	Princess Anne	56
56	Cox	50
32	Bayside	40
60	Princess Anne	45
55	Bayside	49
43	Churchland	36
44	Phoebus	62

## FIRST IN DISTRICT TOURNAMENT

## MEN'S GOLF

WON 4

LOST 1

SECOND IN DISTRICT

SECOND IN REGION

THIRD IN STATE

## MEN'S OUTDOOR TRACK

FC		OPP
73	Kempsville	63
73	Kellam	63
54	Bayside	82
78	Cox	55
66	Princess Anne	70

## MEN'S GYMNASTICS

FC		OPP
WON	Kempsville	LOST
WON	Bayside	LOST
WON	JFK	LOST
LOST	Kellam	WON
LOST	South Hampton	WON

DUAL MEETS: WON 3 LOST 2

OVERALL: WON 9 LOST 5

## INDOOR TRACK

FC		OPP
62	Kempsville	56
68	Kellam	50
28½	Bayside	89½
51	Princess Anne	67
57½	Cox	59½

## MEN'S SOCCER

FC		OPP
7	Princess Anne	0
1	Kellam	1
4	Kempsville	1
5	Cox	0
6	Bayside	0
3	Princess Anne	1
4	Kellam	1
2	Kempsville	1
3	Cox	1
4	Bayside	0

## FIRST IN DISTRICT



# FIRST CO

## Aids - Index







In spite of the economic trends in recent years, this year's economy showed an upsurge. Unemployment was down, and people had more money to spend, although a dock strike in November and December created shortages in many stores for Christmas.

In an area so dependent on tourism, the economy can be very unstable. Because tourists spent a record amount this year, merchants found they were able to expand their advertising budgets. As a result, we have a larger ads section, and the Heritage staff was able to purchase more extras such as spot color.



**Flowers - by - the -  
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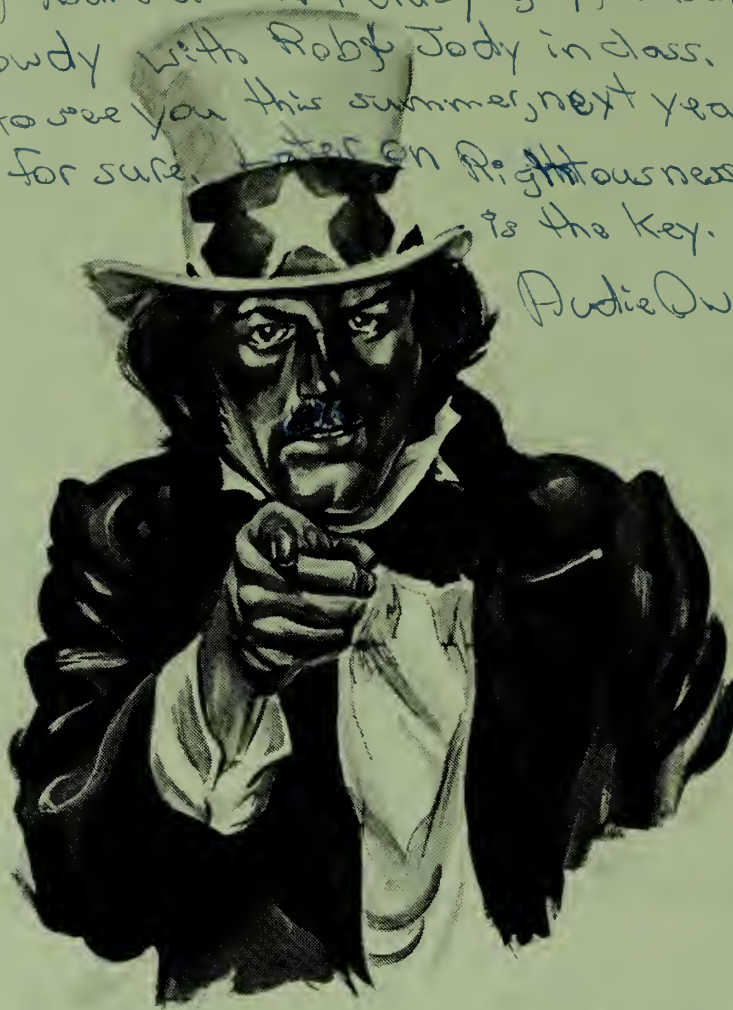
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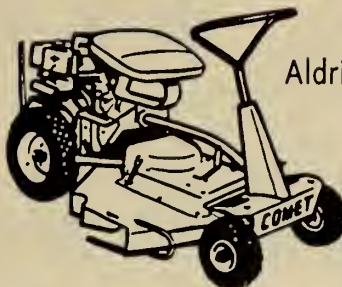
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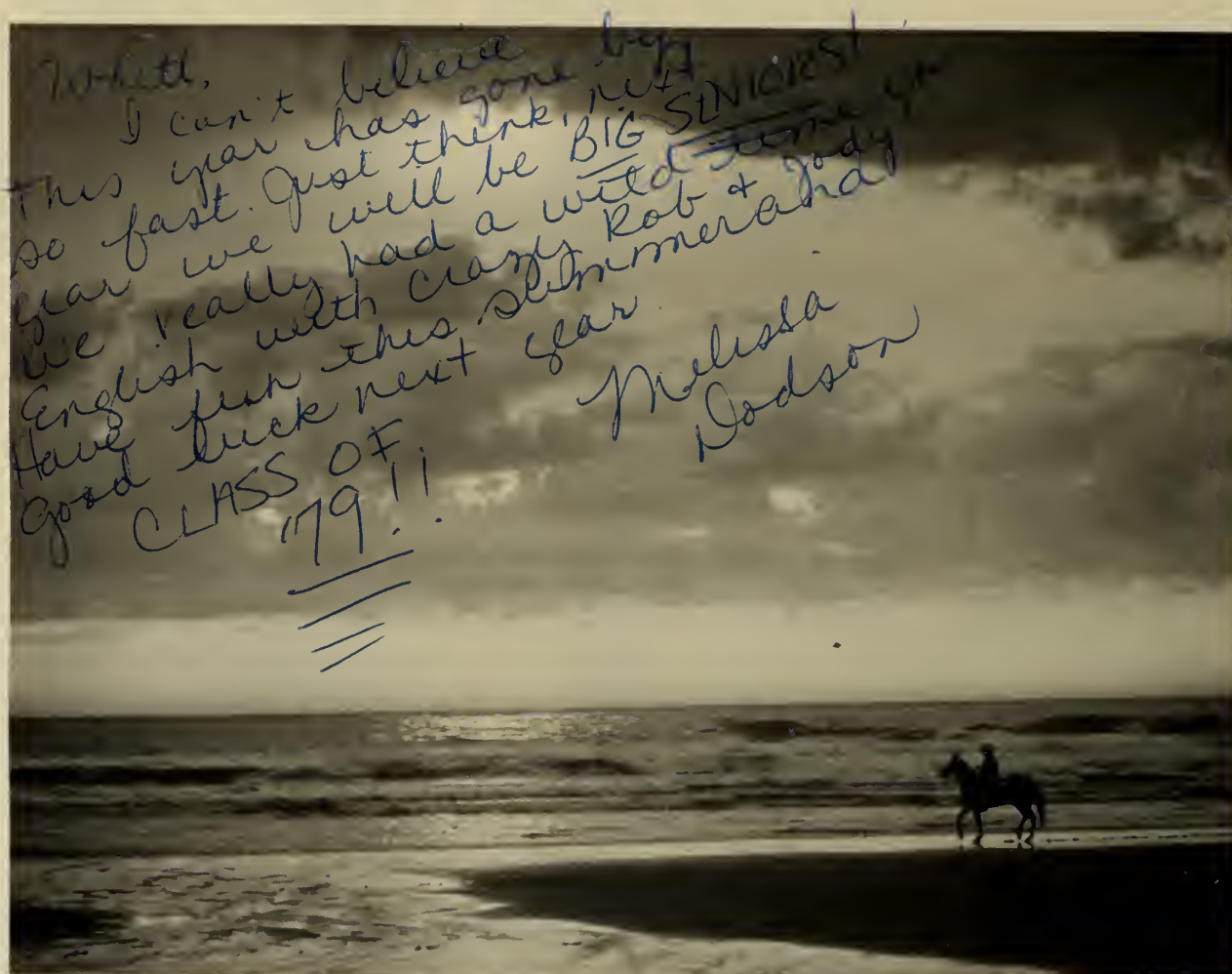
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This is a multi-media free space. It's for your enjoyment only. But please respect the fellow ads nearby. Please refrain from smoking this page (The Surgeon General has determined year-book smoking to be hazardous to your Health). And now, a word from our sponsor . . .

Hello, everyone! We are pleased to bring you this free blank space. Hope you enjoy it. We are the members of a certain radical group known as Phi Alba Tros, a nonprofit organization that does many rewarding activities. YES! Many rewarding activities. MANY! YES! Uh . . . Anyway, we thought we would share some of our perspirat . . . we mean inspirational messages with you. Don't think we are just a bunch of freaks telling you crazy things. We are just average seniors, just like y'all. We do everyday things, like eating live chipmunks. We mean, we're just average crazy kinda guys having a good time. Maybe one day we will jump in a pile of spaghetti and cover our bodies with slime. We do crazy kinda things because we work real hard. We belong to many clubs, like the Communists for Democracy Society, the Professional Amateur Association (where we pay you not to accept money), the Society for the Prevention of Organizations, the non-members club, and the Stop Crushing Albatrosses Bodily Society, or SCABS. We hope you can abuse this space. And now, on with the show.

Welcome back to the real world. And now let us tell you about ourselves. Our philosophy about girls is; we believe they exist. In fact, we have found a substantial circumstantial evidence

that proves they do. But we're not taking any bets.

We're also very religious. Here is part of today's reading from the Holy Book of Albatross: Armaments, Chapter 1, verses 1-40. 1 And when his luck hath run out and he was feeling mightily low, 2 he called upon the Supreme Albatross, 3 and he was glad. 4 The Supreme Albatross smiled upon him and thought of a goodly way to rewardeth him. 5 And the Albatross who is most High presented him unto the supreme weapon, 6 the purger of the unclean, 7 the great fear of the non-quarks, 8 hereafter referred to as the Holy Hand Grenade. 9 And the Holy Fowl placed it into his hands, and said thus: 10 My faithful follower, who art my most beloved quark, 11 with this Grenade which is Holy thou shalt make those who would kill and torture you cry out for mercy and kiss your very feet. 12 And the big Bird gaveth him the instructions for the proper use of the Sacred Socko which is as follows: 13 when thou hast seen the person, or group, or gang, or crowd, or city, or planet, whichever the case may be, which thou wishest to eliminate, thou shalt take the Holy Hand Grenade in hand. 14 After successful completion of which thou shalt pull out the Holy Pin. 15 And immediately after the removal of the Royal Rod thou shalt count to three, No more, No less. 16 Three shalt be the number to which thou shalt count, and after counting to three thou shalt stop counting. 17 Count not to five, nor four, but three, the third number to be counted. 18 Count not to two, except only passing by on the way to three. 19 And when thou hast completed the counting, emit the sacred words, "ni," "pang," and "nee-wha," quickly constructeth a balloon animal resembling remotely an iguana, or a newt, being careful not to take too long, as thou shalt be blown into tiny little bloody strips of flesh if thou takest too long. 21 And when thou hast finished the blessing, thou shalt lobbeth the Grenade Most High at the enemy, thusly disintegrating them to nothing, or at least a little grey pile of ashes.

22 THE HOLY END.

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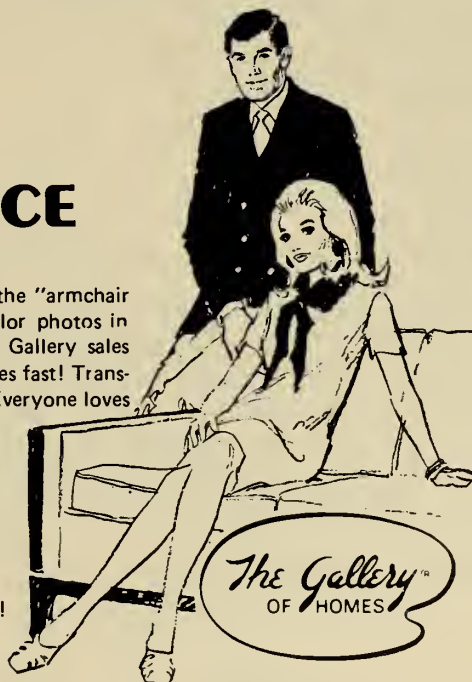
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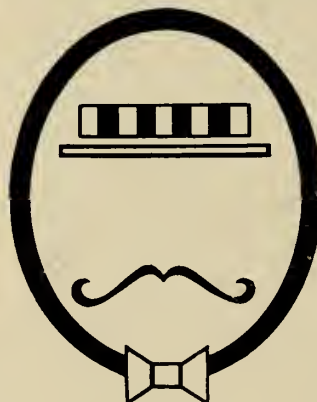
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its way and with it I hope you will  
bring all the luck in the world to take care  
and be good (which I know is impossible)  
and if you can't be good, be good at it,  
and if you're really good at it DONT,  
name it after me.

Pam  
Hollweg



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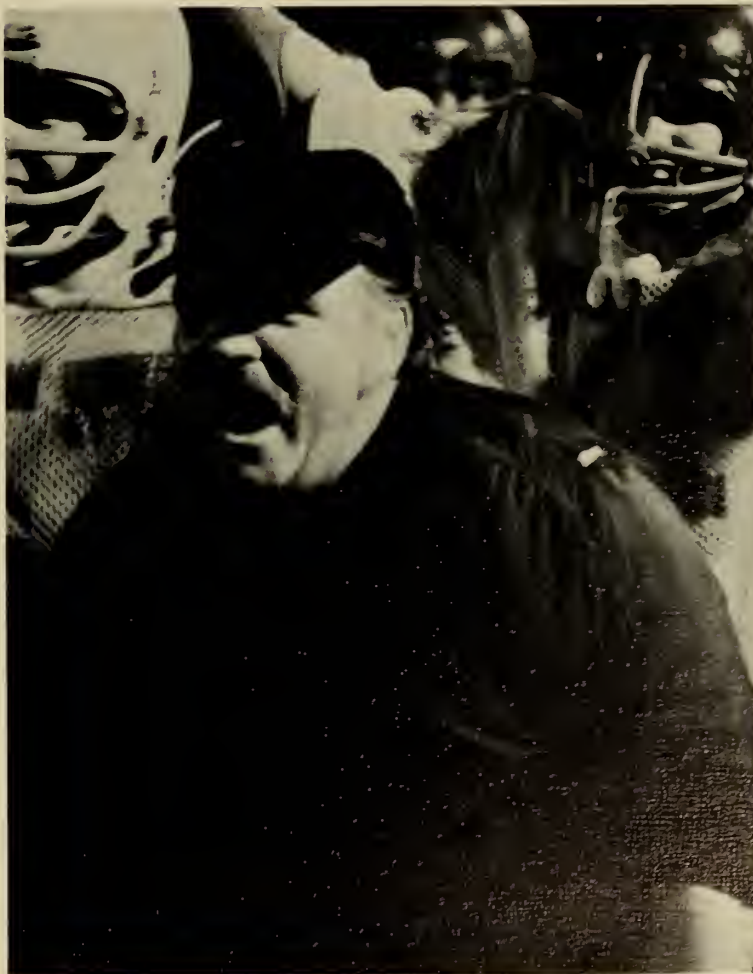
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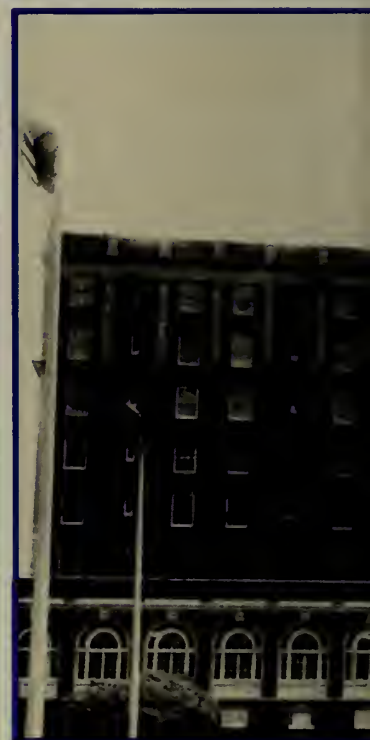
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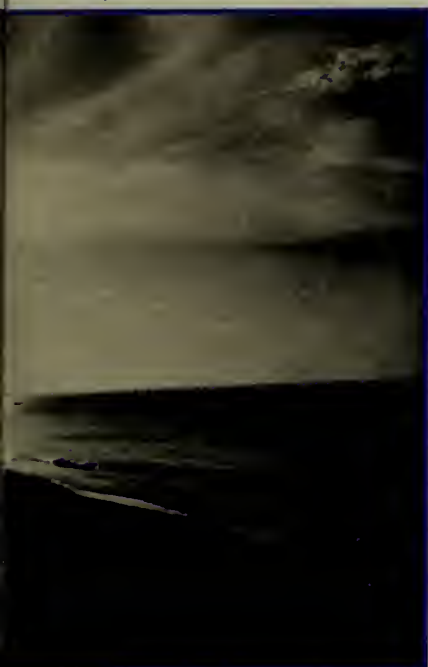


# Virginia Beach-Number One





# Resort

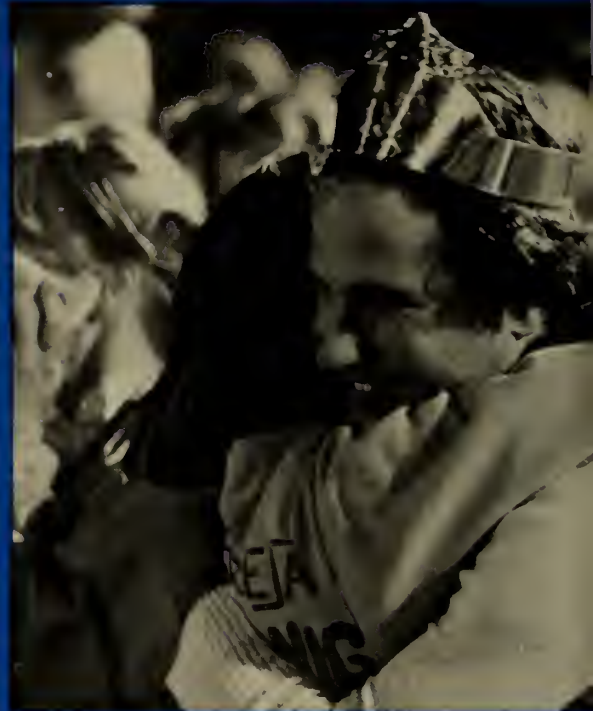


Virginia Beach is the world's largest resort city. Our loyalty to this area is apparent in our love for the beach. Who has not, at one time, expressed disgust at the tourists that crowd the boardwalk and congest our streets five months out of the year? We also know, however, that if it was not for these outsiders there would be no Virginia Beach as we know it.

The expanse that constitutes our city is surprising to those who think of the beach as only Atlantic and Pacific Avenues. From Cape Henry to Back Bay, Virginia Beach has produced many outstanding citizens. It is a fascinating place in which to live because the population is so mobile. The large diversity of people makes the beach a blend of nationalities and cultures, attracting the best and the brightest for the future.



# FC Shines on Top

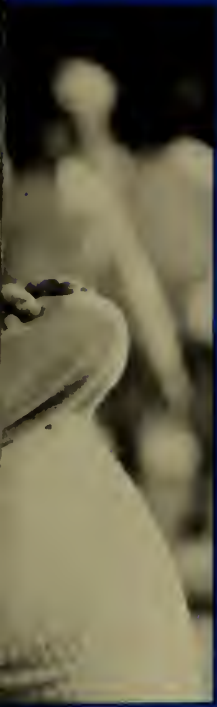


We are all proud of the many accomplishments the students of First Colonial have contributed to make our school stand out as a whole. In sports as well as academics we continued to uphold the visions of success we all feel throughout the year. Without the talents of many individuals we could not possibly attain the level of achievement that has become standard for us.

The spirit of cooperation must always be present to tie the winning feeling together. The ability to work smoothly with our teammates and friends will be an important stepping stone in dealing with others after we leave the relatively sheltered environment known as high school. Every day is a lesson in life and human nature, and it is our own responsibility to recognize and learn from these lessons that will mold our images and goals.











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Volume 12 of the Heritage was printed by Hunter Publishing Company, Winston-Salem, North Carolina. Eleven hundred copies were printed, each containing 248 pages, with seven pages of four-color. The cover is a four-color lithograph.

All body copy is 10 pt. Optima, with captions and identifications in 8 pt. Index and page numbers are 6 pt. All headlines are Formatt letters which were handset by the Heritage staff. The spot color used on dividers and other pages are as follows: red-PMS 192, blue-PMS 293, yellow-PMS 115, and green-PMS 340.

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K.A.R.







Whit,  
It's been great in History  
with you and all the answers  
for me. You really helped me  
with some questions. Hope to  
see you this summer  
some time.

Jim Colette

Whit:

Art was fun  
and Church  
was boring. I  
never expected to  
see you there! Keep  
up the great and  
work and I'll  
see you on 18th  
Street.

Love,

Denise

It has been so great  
standing outside the door of  
our fall class. Maybe someday  
we both will be great mathematicians.  
But I'd be happy if we could both  
just pass Geometry. I'm looking  
forward to the future years of becoming  
good friends

Love  
Denise



What,

I'm glad I got to know you  
this year. we had a pretty  
good time in English with  
Mrs. Whitehurst. Maybe next  
year we will have a class  
together.

Billy Torbush

What,

I'm glad we were in Geometry  
together Mr. Blinner is really  
a nice teacher. You're really  
a super person with a fan-  
tastic personality. Good luck  
in the future and have a  
great summer.

Love, Patty Lynch



1978